

Jesus Christ selected my reading this morning Tuesday, August 31, 2021, to start at, Joshua 17. ¹⁸ but the hill country shall be yours, for though it is a forest, you shall clear it and possess it to its farthest borders; for you shall drive out the Canaanites, though they have chariots of iron, and though they are strong Joshua 17:18. For though it is a forest, you shall clear it and possess it to its farthest borders caught my attention, making me thankful, for this being revealed to me, as the start of global warming and the desertification of the earth and the agricultural revolution at the end of the eighteenth century exacerbated global warming!

Increased carbon emissions have not helped to lessen global warming, but if the root cause is not first corrected, no change in carbon emissions will make any difference to global warming. The root cause solution is much greater than just global warming, as it includes the solution for hunger worldwide, and a significant decrease in ocean acidification, from excess fertilizers washed off into the oceans.

The solution is to revolutionize agriculture worldwide into an organic natural as p[ossible fishpond aquaponics system inside of a greenhouse and the surrounding land replanted with high CO2 consuming forest trees. The air would be drawn into the greenhouse through a SolaceAir RS4 air purifier to eliminate the toxic nanoparticles being emitted from planes flying overhead seen as chemtrails to control the weather, by the USA since immediately after the second World War, which has made the earth non-life-sustaining! A new from the air water extraction system must be developed for fresh water worldwide per building and a whole house structured water purifier used to purify the water. Modern wheat was developed by cross-pollinating the healthy ancient wheat to increase its yield and make it somewhat resistant to pests. It was never tested for safety. It is a poison that causes holes in our digestive tract within five minutes of being eaten and if eaten three meals per day it causes a leaky gut syndrome, which is the root cause of the exponentially increasing autoimmune diseases worldwide. Modern wheat led Monsanto to inventing Roundup with the active ingredient glyphosate, which the minuscule amount of glyphosate that remains in the foods that we eat from produce sprayed with Roundup kills the good bacteria in our gut microbiome. Thus, our primary immune system is compromised! I can discern all things because I became fully spiritually alive in January 2006, immediately after I said from my heart. "Thank you,

Jesus Christ, for saving my life!” After my master, Jesus Christ, saved my life the thirty-ninth out of forty-three times! I immediately felt the most intense and overwhelming feelings of puppy love for Jesus Christ, which I could not stand feeling constantly anymore in April 2006. I decided by the example of my then common-law spouse, Teri’s, joy, and happiness from her giving from her heart true love for me, by which she forsook her parents, siblings, friends, and two adult children from her previous marriage to be by my side until she was confident that I could manage on my own. That it would mature into being in a giving from my heart true love, faith relationship with, Jesus Christ. I immediately remembered the only day, Monday, December 11/1978, that I participated in my parents’ daily devotional readings with the reading from Luke chapter 4. Luke chapter 4 verse 17 And there was delivered unto him the book of the prophet Esaias, and when he had opened the book, he found the place where it was written. This caught my attention making methinks if I ever have daily devotional readings. I will pray that Jesus Christ, guides my fingers to open the Bible, your word, to the scripture passage that you Want me to read, as your message to me today, and provide me with a clear, open, and understanding heart, soul, and mind of all I read, so I may understand to know the meaning and/or relevance to my life in, Jesus’s name I ask and pray, Amen! I was blessed with a vision in February 2006, so realistic I felt present in the past when Satan deceived Eve into eating the fruit from the forbidden tree of the knowledge of good and evil, so she and Adam would die from their angel-like beings with equal power and might, as Satan to how humankind is to this day under Satan’s control. I listened to The Truth About Cancer-A-Global-Quest. <https://go.thetruthaboutcancer.com/> The end of March through the beginning of April 2015, which motivated me to set my health as my number one priority in May 2015, and I have listened to the following free naturopathic health documentaries or summits and joined newsletter since May 2015:

- 1- The Truth About Cancer The Quest for the Cures... Continues. <https://www.amazon.com/Quest-Cures-Continues-CompleteInterviews/dp/B01MUBH6IF>
- 2- The Sacred Plant. <https://www.youtube.com/watch?v=7thhN2NJpml>
- 3- Toxic_Home_Reformation_Summit.

4- humanlongevityproject.

<https://www.youtube.com/watch?v=d1x1D4IV9tk>

5- Candida_Summit.

<https://www.youtube.com/watch?v=5ARXJFdjZrg>

I made the mistake of letting my business insurance lapse in 2002, so I had no disability insurance when I miraculously survived the four massive hemorrhagic strokes in December 2002, resulting in me living off my outstanding business and personal credit lines. Through the assistance of my outpatient occupational therapist at the Health Sciences Center Hospital, I began receiving CPP disability insurance in the fall of 2003. I had no idea if I was still able to work as I did before because everything was from my memory of how the SAP System could be configured, and I did not have my own personal copy of the SAP System in which to try anything. I decided to see if I could volunteer at Manitoba Hydro to be able to determine if I was or was not able to work as I did before the bleeds before I bid on any new jobs under my own, now dissolved, SAP consulting business LISTUEN Corp. But the look on the Hercules employee's face, now retired, Mary Kretchmer, was priceless when I asked her to test my solution and it posted error-free! This new concept or technique makes the computer work for you and not you work for the computer; it is user-friendly. I had fifty thousand dollars in my business account when I was released from the hospital on April 7, 2003, so I gave it to Mark asking him to start a property management business to provide us with some income. Mark managed to buy four rented properties in his home city of Prince Albert, 38 Sk., starting a business that he named KAMAL, (Keith Arnold Mark Allan Listoe), Properties. Unfortunately, shortly after Mark's diagnosis of terminal carcinoid tumour cancer in his

small intestines through exploratory surgery in December 2004, the pulp and paper mill in Prince Albert, announced that they were ceasing operations, which decimated the real estate market and the majority of renters left the city for employment, which of course decimated the business, KAMAL Properties that Mark had started. I could not make myself think about bothering Mark about the business after he was diagnosed with terminal carcinoid tumour cancer in his small intestines, and I had a full-time job working for Manitoba hydro! I immediately phoned Mark on hearing about his diagnosis. Mark initially said. "Keith, I know this might be terminal, but I will not let it kill me before I die!" Mark told me on the vacation that he felt bad that he had not given me a penny from the business that I asked him to start but it provided him with income to survive until his long-term sick leave insurance started and he could not work anymore. I immediately told Mark not to feel bad if it provided him what he required to survive because I have a full-time permanent job, so I did not require a penny from the business that I asked you to start for us. I could not make myself think about bothering Mark about the business after he was diagnosed with terminal carcinoid tumour cancer in his small intestines, and I had a full-time job working for Manitoba hydro! I am thankful now that I have learned that refined sugar is the root cause of cancer that it could only have been the Holy Spirit that made Mark give my backpack out of the backseat of the car to give to the early drop-off luggage porter for the cruise, and our luggage was not beside the door of our berth on the cruise ship, so I could not give Mark a daily high sugar content treat Cherry Blossom bar that I had in my backpack, as it would have exacerbated Mark's cancer. Mark was thankful that I had arranged to spend a night at our cousin

Dr. Greg Listoe, in Naples, Florida, as Mark was able to have Dr. Listoe prescribe his lost medications in his luggage. I could not have spent that money on anything better! Mark managed to sell one property in early 2008, for ten thousand dollars more than the mortgage and mailed me a ten thousand dollars check. I knew that I only needed five thousand dollars to pay off my debt. I mailed Mark a check for five thousand dollars with a note that I wanted to be sure that he had enough money to close out the business. Mark did not need the money to close out the business, so he used it for one last family vacation. I learned 39 that there are bowls of hard candy in the waiting rooms of the cancer clinics to provide the cancer patients with some energy while they wait, which makes me conclude the USA's big pharmaceutical companies will stop at nothing to increase their profitability from cancer. I also learned that the most frequent misdiagnosed cancer in men is prostate cancer that made me conclude that my dad's cancer diagnosis and subsequent radiation treatment was false to provide the cancer industry a testimonial that their radiation treatment works to cure people of their cancer but it left my dad with erectile dysfunction that the Lord knew was okay for my dad to experience after my parents enjoyed the guaranteed perfect marriage of performing perfect sexual intercourse to make them mutually sexually addicted to each other, so they could accept that the true meaning of expressing their love to each other is not through their perfect sexual intercourse that they enjoyed until dad got erectile dysfunction, not able to perform sexual intercourse anymore, which I discern was required that they stop performing perfect sexual intercourse now in their late seventies to mid eighties because mom gives credit to her dr. and mainstream medicine that she is

still alive and not credit to Jesus Christ for keeping her alive from over thirty years of taking high blood pressure medications that have resulted in her having numerous minor strokes resulting in a large amount of damaged brain, so she is not in good enough health to perform perfect sexual intercourse! I saw a man get on the bus every morning at the Chancellor and Gaylene bus stop going downtown but I never had an opportunity to introduce Jesus Christ and myself to him as he sat in the side seat in front of me until sometime in early 2009, I introduced Jesus Christ and myself to him on the bus to learn that he, George, is a brother in Christ and we exchanged contact information. I was in prayer daily for what I was to use the over five thousand dollars income tax refund that I had received from my large donations for Christmas dinners in 2008, from selling my one remaining possession of any value, a, 1999, twenty-eight and a half foot Terry fifth-wheel trailer in October 2008, which enabled me to be successful in giving homeless people a Christmas Dinner in their place of comfort, not only a few in my place of comfort. George soon stopped getting onto the bus and I phoned him to learn that he was suspended from work until he could get his work visa straightened out at Immigration Canada, as he and his wife Lilia, were immigrating to Canada from Brazil. Lilia was attending the U of M faculty of Physiotherapy and was expecting their second child. I gladly accepted her request to interview me for an assignment that she was working on. I could perceive that George wanted to do everything on his own and would never ask for help especially financially. George phoned me one Friday afternoon asking me if I would like to attend his church on Sunday with him and his family? I immediately agreed and bought a nice new friend's

Christian card on Saturday to write the note in that I did not expect him to pay me back and to put a five thousand dollars check for them to get through their financial dilemma until George could return to work, so Lilia would have no increased stress raising her children in a foreign country with no family support or friends! Both Lilia and George received their Canadian citizenship. Lilia delivered a healthy baby boy, Louise, she graduated from the U of M, got a job and George returned to work. I lost track of how many children they had in the house they bought in Winnipeg before they sold the house and moved to somewhere in Alberta. I was not aware of it at the time but the work my second supervisor had me perform was perfect for me to learn what I did not know how to do in the implementation project from 1994-1997, but my supervisors discriminated against me by not letting me configure the system to resolve the problem I caused not knowing how to configure the Purchasing module for material distribution, using account assignment, but only for inventory in the system somewhat properly in the implementation project!

6- IBS_SIBO_SOS.

7- Healing_from_GMOs_and_roundup.

<https://healingfromgmos.com/>

8- Awakening_from_Alzheimers.

<https://www.youtube.com/watch?v=zVh86ZdFsYg>

9- 2018_food_revolution.

<https://www.foodrevolutionsummit.org/plant/?orid=465766&openid>

=302&sid=GApril2019CanadaFeeder&gclid=Cj0KCQjwoInnBR

DDARIsANBVyAQcTsP9xSEUoscL9JCGaJD6dY8WazUrWluLf i3nzn4r5wfPEc3QniMaAgYdEALw_wcB

- 10- Healing_Power_of_Food_Summit, The Future of Medicine, is Food. <https://www.youtube.com/watch?v=-dBeK2JvNpM>
- 11- Autoimmune. <https://autoimmunesummit.com/>
- 12- Natural Health Response. <https://naturalhealthresponse.com/>
- 13- The Passionate Eye. Produced by CBC. I was in awe and questioned how I could discern from these documentaries or summits and newsletter what Satan has made human beings do throughout human history to steal the perfect joy and happiness that I experienced, by following the instructions from Jesus Christ through my daily devotional readings, thus, I now recognize in my grandchildren that we are born with, until I learned through my daily devotional reading on January 26, 2019, that I am spiritual starting at 1 Corinthians chapter 2. ¹¹ For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. ¹² Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God 1 Corinthians chapter 2 verses 11 and 12. No one comprehends what is truly God's except the Spirit of God caught my attention; making me thankful, for the discernment I have received of God's desire to be able to justly save every being he created, by creating Satan first to be the last being to repent to take responsibility for every human sin that he deceived Eve and Adam into first committing to die from his equal angel-like beings to be able to control us as he does! We will be resurrected back to his equal angel-like beings in the new kingdom of God! From another day's devotional reading, Matthew 22:30 For in the

resurrection they neither marry nor are given in marriage, but are like angels in heaven. ¹⁴ Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. ¹⁵ Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny 1 Corinthians chapter 2 verses 14 and 15. Those who are spiritual discern all things caught my attention; making me thankful, for the spiritual discernment I have received of what Satan has done to steal the perfect joy and happiness from us that we are born with and to make us ill and make the earth non-life sustaining and how it could all be resolved into the perfect money-free world! I was blessed with a vision of the past so realistic I felt that I was present when Satan deceived Eve into eating from the forbidden tree of the knowledge of good and evil, so she and Adam would die from his equal in power and might angel-like beings to how humankind is to this day under Satan's control, and it included the revelation that Satan rebelled against God when God refused his request for a human-like body after he saw how Adam and Eve were created in God's image, and he vowed to make humankind make the earth non-life-sustaining! ¹⁶ Do you not know that you are God's temple and that God's Spirit dwells in you 1 chapter Corinthians 3 verse 16? That God's Spirit dwells in you caught my attention; making me thankful for the spiritual discernment I have received of how it is the Holy Spirit that is our subconscious mind to control our reflex reactions! My first experience was learning how to play goal in hockey as a reflex reaction style of goaltending, which I discerned in 2010 from another dad's, Kendal Kirkwood's, compliment on my goaltending, before the bleeds in my brain who was a

scoring leader in Junior hockey that I played goal as near perfect humanly possible! My second experience was when I was sixteen years old. I had taken my younger sister, Deborah, and her friend, Wanda Parent, who I was greatly attracted to, to a house party in the wintertime. I drank one beer, and the girls wanted to go home. I dropped my sister off first. Wanda sat in between the two front seats in my brother Mark's 1973, Chevy van. I turned a left corner in the road and shifted into third gear. I wrapped my right arm around Wanda and leaned over to kiss her. We never actually kissed, and I looked back in front to see I was on the incorrect side of the road about to crash into a parked car. I slammed on the brake and clutch to no avail. I miraculously held myself, not wearing a seatbelt and Wanda from flying into the front of the van. The steering wheel was a flat chrome covered with slats of wood on the top and the bottom. The steering wheel was bent over onto itself towards the centre of the van. I felt a burning pain on the outside of my right knee, where it was pressing against the engine cowling. My third experience was in 2013, after I became the half physically dead, fully spiritually alive, miracle man living. I was living in the main floor apartment with my youngest son, Cody, who was twenty-one weighing over one hundred and fifty pounds. He came home late one night in a big commotion after I was in bed. I got out of bed to see he had blood pouring from his mouth. The first thought in my mind was how my ex-wife, his mother would be screaming at him hysterically and that is the last thing an injured child of any age needs to hear and unable to drive him anywhere, I wanted to make him feel that he is loved, and everything will be okay. I quickly found a towel to hold under his mouth to catch the blood, and I wrapped my right arm around him,

giving him the biggest possible hug. I miraculously picked him up off the floor and set him back down. He stammered, "Dad, did you pick me up?" He explained that he had tripped and fallen face-first onto the edge of the sidewalk breaking his two front teeth in half cutting his lip. In the fourth experience, I was the recipient of a driver's subconscious controlled reflex reaction not to injure or kill me. I crossed Pembina Highway on my adult Schwinn tricycle to the southbound lane at a crosswalk I never used before. I started pedalling southward to be shocked to run into the back bumper of a vehicle driving in front of me from my blind left side. Two men came running over, saying they saw how the driver drove and got the license plate if I wanted it. One of the men straightened out my front tire and gave me his name and phone number. I phoned him the next day after I finally realized the mistake, I made of starting to pedal through a red light to tell him to thank the driver for driving as they did if he ever talked to the driver. If not living on the love side of life, the Devil will provide your conscious mind with the incorrect information to misuse the abundant opportunities God provides every human being to do good things for our neighbours and to use it for their use specifically becoming completely self-centred, selfish and greedy. I also believe that the subconscious mind is the mechanism God created to ensure one receives what is asked for by ensuring the subconscious mind wants the conscious mind's thinking to be correct. Jesus Christ selected my reading this morning Friday, May 14, 2021, to start at, Numbers chapter 13. ²⁷ How long shall this wicked congregation complain against me? I have heard the complaints of the Israelites, which they complain against me. ²⁸ Say to them, "As I live," says the LORD, "I will do to you

the very things I heard you say Numbers chapter 14 verses 27 and 28. I have heard the complaints of the Israelites, which they complain against me caught my attention, making methinks, the Lord does not change, so he hears what anyone complains about. I will do to you the very things I heard you say caught my attention, making methinks, the Lord knows our thoughts, so I am convinced this is misinterpreted from reading I will do to you the very things that I know you thought, which is why we become and do what we think! Further, to this, praying and asking for something, moves this conscious asking into the subconscious mind, making it more than likely it will occur for the person asking. You may ask how it works for non-believers who do not pray yet, get all they want in life. Well, I believe there is another way to move one's wants and desires into the subconscious mind, making them much more likely to occur. This is done by consciously thinking about what it is you want or desire, then making a conscious decision to achieve these goals. I learned about the only unanimous saying. We become and do what we think. By every great philosopher throughout human history from The Strangest Secret: recorded by Earle Nightingale in 1956. http://www.keithlistoe.ca/strangest_secret.mp3 Marcus Aurelius; "A man's life is what his thoughts make of it." Disraeli; "Everything comes if a man will only wait. I have brought myself by the long meditation to the conviction that a human being with a settled purpose must accomplish it and nothing can resist a will that state even existence for its fulfillment." Ralph Waldo Anderson; "A man is what he thinks about all day long." William James; "The greatest discovery of my generation is that human beings can alter their lives by altering their attitude of mind. We only need in, cold blood

act as if the thing in question were real and it will become infallibly real by growing into such a connection with our life that it will become real. It will become so knit with habit and emotion that our interest in it will be characterized by those as belief.” He also said. “If you only care enough for a result you will almost certainly attain it.” “If you wish to be rich, you will be rich.” “If you wish to be learned, you will be learned.” “If you wish to be good, you will be good.” Only you must then really wish these things and wish them exclusively, and not wish at the same time another one hundred other incompatible things just as strongly. In the Bible you read in Mark 9:23 “If thou canst believe, all things are possible to him that believeth.” Dr. Norman Vincent Peal; “This is one of the greatest laws in the universe, fervently do I wish that I had discovered it as a very young man. It dawned upon me much later in life and I found it to be one of the greatest if not my greatest discovery outside my relationship with God.” This great law is that if you think in negative terms, you will get negative results. If you think in 45 positive terms you will achieve positive results. That is the simple fact he went on to say, which is at the basis of an astonishing law of prosperity and success. Believe and succeed. William Shakespeare; Our doubts are traitors and make us lose the good we oft might win by fearing to attempt.” George Bernard Shaw; “People are always blaming their circumstances for what they are. I don’t believe in circumstances. The people who get on in this world are the people who get up and look for the circumstances they want and if they can’t find them make them.” Earl Nightingale asks two questions in his audio recording he recorded in 1956. http://www.keithlistoe.ca/strangest_secret.mp3

1-How does it work? The answer, the subconscious wants the conscious mind's thoughts to be correct positive or negative. 2- Why do we become what we think about? Answer: so the conscious mind has the satisfaction of thinking you know yourself. More beneficial for negative thinking people, for this gives them a positive thought. As such, there is a positive in almost everything in life. 46 This truly defines the mechanism in every human being to be able to be what one thinks about, not instantly, but over a required period depending on the magnitude of the request. On the other hand, simply put, results are equivalent to the effort put into it, which corresponds to the law of nature that for each action, there is an opposite and equal reaction. If nothing is done, nothing is returned. One must take action of some kind or at some point in time if they desire to change in their life. This action is much more than sitting and dreaming or thinking about what you want to be or receive. Nothing in life is given free, get off your butt and take action to receive the return you want or desire. If you think God-centered, your thoughts will be at the correct time to take the correct actions to be beneficial to your family and neighbours before your prosperity; but to your benefit in your heart, soul, and mind, by receiving the most joy possible in this life here on earth. The subconscious mind is also aware of the entire universe and happenings in such, to ensure our conscious mind takes the correct actions at the correct time to be most beneficial to one's neighbours in their life here on earth if we choose to live on the love side of life. As per the following example, on June 15, 2006, I was registered to partake in a teleconference call hosted by Jack Canfield, beginning at 8 p.m. CST, I had created a reminder of such including the phone number to call and the passcode required to enter the

teleconference call. About 7:30 p.m. this evening, my common-law spouse, Teri's daughter, Koren, came over to use my computer in the basement to complete her income tax, using the phone as well, to get the required information to complete her taxes. I was not aware of her coming over to do this and had not made backup plans to access the numbers required to be on this teleconference call or to have my phone voice recorder on another phone. It is connected to the phone in the basement by my computer, which I was planning on using to record this teleconference call. Due to my strokes, I am quite limited in my abilities to multitask now, especially writing notes as I listen to someone talking; so, if I want notes, I record the telephone call. However, as 8 p.m. neared, I had the thought not to interrupt Koren doing her taxes, as I would surely have another opportunity to hear Jack's message on this teleconference call. So, I began to work on something else on Teri's new computer upstairs in our living room. I was feeling very much at ease not being on the call this Thursday 47 night for not even being able to try getting into it. The following day I received an e-mail stating that the conference call did not occur as the number of callers to hear it overloaded the phone system, which they were very surprised by, so they were having a new call on Friday evening. I successfully did on Friday night, recording the entire call. However, not learning anything new on how to be successful, as I have been most successful in my entire life. It was very nice to learn how the subconscious mind does know what all is going on to make your conscious mind think correctly in any given time or situation in your life; one only needs to listen to it. Not that it provides detailed information on what is happening elsewhere in the world, but it does provide the correct thinking to act appropriately to

what is happening elsewhere in the world. I believe it is also a direct link to God between every human being here on this earth. As such, the words I am with you every second of the day are so believable, not that God requires such a connection to be with us, as his powers require nothing to make his will be done! However, from a human brain's ability to understand such a being with there must be some method through which this is done. As well, the subconscious mind is not a tangible physical thing; but is the part of our minds' producing the information to our conscious mind and even controlling the non-conscious actions, our body makes in various situations throughout life. And that's anything that occurs without conscious thought to do it, a reflex reaction, for example, by controlling our reflex reactions, it enables us human beings to perform superhuman feats. I experienced the first of three superhuman feats when I was sixteen years old. You may question me on this God being our subconscious mind; to make our conscious mind's thinking correct. For how would God allow people to commit the horrific evil acts they do to other people here on this earth he created? He created us with our own free will, for if not, we would all be simple robot beings making no mistakes of any kind. I am unable to even imagine a world as such, for it just has no meaning as our world has.²¹ What would you prefer? Am I to come to you with a stick, or with love in a spirit of gentleness 1 Corinthians chapter 4 verse 21? Am I to come to you with a stick, or with love in a spirit of gentleness caught my attention; making me thankful, for this being my idea of how I must be in standing off against Satan in Jesus' name! No thoughts of violence, but only peaceful love to offer him a prayer for healing with the laying on of my hands in Jesus' name to melt his heart that will abase him into

being the last to repent and being that he has the greatest possible amount of sins to be forgiven, he will receive the greatest amount of love possible, so his transformation will be so opposite his current being of all evil and wickedness! From another day's devotional reading. 1 Corinthians 1:24-31. 24 But unto them which are called, both Jews and Greeks, Christ the power of God, and the wisdom of God. 25 Because the foolishness of God is wiser than men; and the weakness of God is stronger than men. 26 For ye see your calling, brethren, how that not many wise men after the flesh, not many mighty, not many noble, are called: 27 But God hath chosen the foolish things of the world to confound the wise; and God hath chosen the weak things of the world to confound the things which are mighty; 28 And base things of the world, and things which are despised, hath God chosen, yea, and things which are not, to bring to nought things that are: 29 That no flesh should glory in his presence. 30 But of him are ye in Christ Jesus, who of God is made unto us wisdom, and righteousness, and sanctification, and redemption: 31 That, according as it is written, He that glorieth, let him glory in the Lord.. The USA has been used by Satan to control the world, so the USA hides the truth because knowledge is power, and if others threaten the information that they present as the truth they insist they are conspiracy theorists. I accept the fact that God needed to make me his slave peacemaker half physically dead, fully spiritually alive miracle man living, which is the weakest possible condition that a human being can survive, so I know that it could only be Jesus Christ working through me to write what I am with perfect confidence! For all glory to God, now and forevermore! The magnitude of my discernment is too much for me to write in

specific detail, so I trust Jesus has enabled me to write perfectly what is required to be done. I was blessed to discern from these health documentaries or summits what Satan has done throughout human history to steal the perfect joy and happiness from us that I experienced from following my instructions from Jesus Christ through my daily devotional readings since April 2006, thus I now recognize in my three grandchildren that we are born with. 49 The first thing was the invention of money, which God allowed because he knew that it would only be for the money that Judas Iscariot would betray Jesus Christ to the Jewish leaders to put him to death on a cross to be raised three days later. I have learned perfectly that the sinfulness caused by external money is possible to overcome but my adultery sinfulness from human sexuality is near impossible to overcome, which is why making myself a eunuch would have been the only way to overcome my addiction to pornography on the internet! The next thing was the start of global warming. From another day's devotional reading. Joshua 17:18 but the hill country shall be yours, for though it is a forest, you shall clear it and possess it to its farthest borders; for you shall drive out the Canaanites, though they have chariots of iron, and though they are strong." Though it is a forest, you shall clear it caught my attention, making methinks, it was this attitude of clearing the forest is what started the desertification of the earth, and global warming! the entire western medical system is based on the fraudster Louis Pasteur's germ theory in the 1860s. Louis Pasteur vs. Antoine Bechamp: Know the True Causes of Disease Mainstream medicine believes that virtually all illness is caused by germs or genetic hereditary weakness, as well as deformities and trauma injuries. Their solution and strategy

is to have us believe that there are over 10,000 different diseases and that each of these diseases requires outside intervention from drugs and surgery. The truth is that most illness is due to cellular malfunction caused by cellular toxicities and cellular malnutrition, both of which can be avoided and overcome naturally. It was Louis Pasteur, the so-called “father of modern germ theory” so widely revered by mainstream medicine, who was largely responsible for germ theory being a primary precept of today’s medical practice. Few people are aware of the controversy which surrounded Pasteur in his early days or of the work of a more esteemed contemporary whose works Pasteur plagiarized and distorted. That contemporary was fellow French Academy of Sciences member Antoine Bechamp, one of France’s most 50 prominent and active researchers and biologists whose theories and research results stood in stark opposition to Pasteur’s germ theory. Pasteur essentially dug up the germ theory of disease and put his name on it. It was not a new idea. The concept, which theorizes that many diseases are caused by germs, had actually been outlined by other people many years before. Pasteur nevertheless claimed to have “discovered” germs. Bechamp, on the other hand, proved through original research that most diseases are the result of diseased tissue and that bacteria and viruses are largely after-effects instead of causes of disease. Antoine Bechamp was able to scientifically prove that germs are the chemical by-products and constituents of pleomorphic microorganisms enacting upon the unbalanced, malfunctioning cell metabolism and dead tissue that actually produces disease. Bechamp found that the diseased, acidic, low-oxygen cellular environment is created by a toxic/nutrient deficient diet, toxic emotions, and

a toxic lifestyle. His findings demonstrate how cancer develops through the morbid changes of germs to bacteria, bacteria to viruses, viruses to fungal forms and fungal forms to cancer cells. After some initial controversy, Pasteur's germ theory ended up winning the day with mainstream medicine – owing in large part to the fact that the theory enabled mainstream medicine to hugely profit from the patented drugs and treatments for fighting germs. After all, had Bechamp's discoveries been incorporated into current medical curriculum, it would likely have meant a virtual elimination of disease and the end of the pharmaceutical industry. The germ theory of medicine stands in stark contrast to thousands of years of man looking to nature to nourish and heal it, dating back to ancient Chinese medicine which treated the whole body instead of the symptoms of illness. As Hippocrates, "the father of medicine" observed 2400 years ago, "Nature is the physician of man." Hippocrates also advised, "Leave your drugs in the chemist's pots if you can cure your patient with food." Though mainstream medicine might have us believe otherwise, the simple truth is that no one ever became ill due to a deficiency in pharmaceutical 51 drugs. Lack of nutrition combined with exposure to toxins is what causes us to become ill. Someday, germ theory and unnatural drugs will be relegated to the science junk pile where they belong and man will re-discover the value of eating a nutrient-dense organic diet, avoiding toxins and nutritional deficiencies and living a healthy lifestyle. When that happens, the words of Thomas Edison may prove to be a welcome prophesy: "The doctor of the future will give no medicine but will interest his patients in the care of the human frame, in diet and in the cause and prevention of disease." It does not take a rocket

scientist to accept the truth that if the father of medicine Hippocrates said to leave your drugs in the chemists' pots that pharmaceutical drugs existed 2400 years ago with Hippocrates, which confirms to me that the ancients possessed greater technology in both pharmaceutical drugs and generating electricity than we currently have today, and people were smart enough to listen to Hippocrates, until the fraudster Louis Pasteur in the 1860s provided the USA's big pharmaceutical companies with the way to use illnesses to make money instead of curing people of their illnesses, to evolve into the vilest human force, combined with the remainder of the USA, in human history! I have been blessed as the last mortal man that God is working through to enable humankind to survive on the dead earth by the USA for money their god, so let us remove the USA's plague on humankind outside of the USA and quarantine the USA with their god money and their created coronavirus pandemic. Perhaps the normal USA population will learn the truth that money and pharmaceutical drugs cannot save them on the dead earth by Monsanto's product Roundup! They will also need to survive with no outside the USA trade or imports. We can provide them with the only thing required, which is faith in Jesus Christ our Lord and Saviour for resurrection unto everlasting life! It took the magnitude of my entire life's experiences for me to be able to understand and accept the magnitude of my purpose is divine in magnitude, which is also why my master Jesus Christ has made me fully spiritually alive now to discern what I have to the magnitude of what Satan has done through the USA to make the earth non-life- 52 sustaining and how we can use modern technology to construct new concept homes with the long-lost pristine great outdoors to survive on the dead earth

now! I have written in detail my life experiences from the beginning in a manuscript that I titled My first Life My Sinful, Lewd, Wanton Life From the Beginning...so you and I will know who I was! It is 303 pages, so I will not include it in this message to understand who I am and why I am like I am! I am not able to implement the changes required to overcome the USA now, but I trust my master Jesus Christ that he has provided me with the correct gut feeling problem-solving to write this message to you and Prime Minister Netanyahu! I wish that it did not take me so long to write it, but I cannot sit working on my computer longer than twenty minutes now without dozing off.

Health Benefits of alkalizing your body: Is your body chronically acidic? If so, you might be experiencing many detrimental consequences of this pH imbalance. An at-home saliva or urine testing kit will help you determine whether you could be in need of a nutrition change that includes more alkaline. The best way to reverse chronic acidity is to start including plenty of fruits and leafy, green veggies in your diet! After all, to make a positive difference, you must drink them or eat them every day. Do whatever you can to up your intake and you will notice a more balanced body. Keep reading to find out the top 10 health benefits of having an alkaline body:

Slows Osteoporosis According to the Mayo Clinic, alkalinity may reduce bone loss. A 2009 study published by the journal *Bone* reports that alkaline mineral water helped reduce the risk of bone loss when consumed by young women with adequate calcium intakes. Another 2012 study published in the *Journal of Environmental and Public Health* reports that alkaline diets reduce calcium losses in urine. More studies need to be conducted to assert whether this helps with osteoporosis long-term.

Heart Healthy 53 If you maintain a

mostly acidic diet your risk of cardiovascular issues such as high blood pressure, heart attacks, and coronary heart disease becomes much higher. Alkaline phosphatase (ALP) is an enzyme that breaks down phosphates in your body. High levels of ALP are linked to a significant increase in overall mortality, especially cardiovascular-disease related death. Better Digestion Creating a more alkalized environment throughout your body is proven to lower the number of harmful bacteria within your digestive tract. This study has also provided evidence that “consumption of alkaline water [and foods] may also prevent osteoporosis and protect pancreatic beta cells with its antioxidant effects.” Prevent Arthritis Research also suggests that high amounts of alkaline phosphatase (ALP) can lead to rheumatoid arthritis. This is because the body reacts to excess acidity by breaking down phosphates that are present in bones and joint lining, which eventually leads to rheumatoid arthritis if it is not reversed in time. Researchers are still studying this phenomenon. But we suggest finding healthy ways to produce a more alkaline body. Brain Boost In a study conducted on those suffering from brain tumors as well as a specific type of meningitis, alkaline phosphatase (ALP) was found with the cerebrospinal fluid in profuse amounts. This enzyme has proven to be harmful in excess since it alters the pH level of the body and within the spine. This correlation may be the reason for the disruption of health within the lining of the brain and spinal cord. Better Sleep High levels of acidity may contribute to chronic muscle or joint pain, which exacerbates insomnia. Alkaline foods help relieve discomfort; especially in 54 those who suffer from chronic back pain. Alkalizing your body has also been shown to decrease stress levels and boost your mood! Boosts

Immune System Not only do alkaline-rich foods help your body naturally expel toxins, they also increases the amount of antioxidants, which in turn help to reduce the invasion and spreading of tumor cells. Improved Metabolic Acidosis If you regularly maintain an acid-forming diet, your body will start to react by taking the calcium from your bones as it's last resort to help return to a more alkaline environment. As a result, your bones will suffer from calcium deficiency and this could lead to bone diseases such as osteoporosis. But research shows that if more nutrients like phosphates are added to your nutrition, then the amount of calcium lost will decrease. An excess of sodium can also induce bone and muscle loss by raising acidity within the body but can be mediated by increasing potassium-rich foods and other alkali foods like fruits and vegetables. The third thing was, the USA's big electric companies lost their opportunity to acquire the lost ancient Egyptians small in-vehicle electric generators that Nicholas Tesla invented in 1895, and J.P. Morgan burned his lab in New York to destroy his invention, so nothing would jeopardize them making money from selling distributed electricity. <https://369news.net/2018/04/01/what-caused-nikola-teslas-1895-lab-fire/>

<https://www.youtube.com/watch?v=hWTgxDMMQgw>

<https://patents.google.com/patent/US390721A/en> The greatest loss of this happening is Nicholas Tesla's genius understanding of electricity was lost to educate future generations about the basics of generating electricity, so no one understands his invention or believes that it is functional. This small electric generator is what enabled the ancient Egyptians to use levitation vehicles to transport the millions of stones to construct the pyramids and travel worldwide without roads. The USA's big electric companies

transportation section. That money will help pay for 500,000 electric vehicle chargers over the next decade, an idea from Senate Majority Leader Chuck Schumer. It also covers modifying factories to build electric vehicles (EVs), grants and tax incentives to encourage buyers, and shoring up a domestic supply chain to make electric cars and trucks. Electrifying transportation is a major component of how the Biden administration plans to tackle climate change. The transportation sector is the largest source of greenhouse gases in the US. Cars and light trucks account for 60 percent of these emissions. So EVs would be a huge step toward meeting Biden's goal of decarbonizing the US economy by 2050, alongside a decarbonization of the power sector. These ideas are an abrupt turn from Biden's predecessor. The Trump administration moved to weaken federal fuel economy rules for cars and light trucks, going as far as to sue the state of California for reaching a voluntary agreement with several automakers to impose its own stricter standards. Getting a significant share of the US's 270 million vehicles electrified by 2030 would be a massive leap. And US automakers, despite their insistence on an electric future, have so far been lackadaisical in their electric offerings, while continuing to crank out fuel-thirsty SUVs, crossovers, and even larger pickup trucks. The effort to switch to EVs is a microcosm of the broader effort to fight climate change — any shift to a carbon-neutral economy requires everyone to act, but the federal government only has so many levers. Short of direct mandates, the government will need to use a system of nudges and prods to get everyone from companies to car buyers to homeowners to make the requisite investments in clean energy. But if the US can pull off electrification of its greatest

contributor to climate change, it bodes well for decarbonizing the rest of the economy. I, however, perceive that if Nikola Tesla's small in-vehicle generator is developed it will enable the conversion of EV, to levitation EV, which will eliminate vehicle maintenance further than just converting from gas to electric. The conversion to driverless technology will also be more critical. The technology is in its infancy and without the money barrier to oppress genius minds, it will mature into much greater functionality than currently imagined! The fourth thing was The USA's big pharmaceutical companies started their tactic of hiding the truth about every natural cure discovered in 1897, by hiding the greatest natural cancer cure named CT62, supposedly hidden in a building at the Whitehouse, which links the US government with The USA's big pharmaceutical companies! The next thing that the USA's big pharmaceutical companies hid was the Nobel prize awarded to the Jewish doctor, Otto Warburg, protected by Adolph Hitler to continue his cancer research for his discovery in 1931 that cells become cancerous by converting from using oxygen to produce energy to using refined sugars to produce energy, for if the root cause is known, the cure is known. As such the USA's big pharmaceutical companies are responsible for every illness-related death since 1897, which makes them the evilest human force in human history. The fifth thing was that the human health and global warming problems were exacerbated, with the agriculture revolution at the end of the eighteenth century, as it started the stripping off too much of the high CO₂ consuming forest trees to grow grains. Growing grains led to the cross-pollination of the healthy ancient wheat to increase its yield and to make it somewhat resistant to pests or modern wheat that was never tested for

safety and it is a poison to humans by causing holes in our digestive tract within five minutes of being eaten, and if overeaten a leaky gut syndrome. This is overlooked by Md. By only prescribing poison drugs to manage symptoms as opposed to searching for the root cause to know how to cure their patients! Modern wheat led to Monsanto invented Roundup, with the active ingredient glyphosate, which the minuscule amount that remains in the foods that we eat of produce sprayed with Roundup kills the good bacteria in our gut microbiome. Thus, compromising our primary immune system, so all diseases, especially cancer thrive in our body. and how Satan is working through the USA as the prophesied beast in the Bible. Daniel chapter 7 verse 7 After this I saw in the visions by night a fourth beast, terrifying and dreadful and exceedingly strong. It had great iron teeth and was devouring, breaking in pieces, and stamping what was left with its feet. It was different from all the beasts that preceded it, and it had ten horns. The sixth thing was The USA's big pharmaceutical companies have evolved into the greatest or perfect scam of all time by not only taking our money but our health, well-being and lives also. The USA's big pharmaceutical companies control medical education universities to educate Md. only prescribe their poison prescription drugs to manage symptoms, instead of searching for the root cause of a patient's illness to be able to remove the root cause for a cure, as ND. are educated, which is why our current healthcare is so expensive and there is so much illness in our modern world. Md. are educated near-perfect for emergency lifesaving medical procedures and acute life-threatening illnesses but fail for long-term health and well-being. The USA has now bankrupted the world monetary system, so in their

arrogance, they devised a plan to force every human being worldwide to accept their nano-chip COVID-19 vaccine to implement Microsoft's patented ID2020 system that the patent number contains the digits 060606 WO2020060606 CRYPTOCURRENCY SYSTEM USING BODY ACTIVITY DATA (wipo.int), which is too eerily close to the prophecy in Revelations chapter 13 verses 17 to 18 ¹⁷ so that no one can buy or sell who does not have the mark, that is, the name of the beast or the number of its name. ¹⁸ This calls for wisdom: let anyone with understanding calculate the number of the beast, for it is the number of a person. Its number is six hundred sixtysix. Their plan involves convincing every country worldwide to stop using their fiat currency for health reasons and convert to Bitcoin, which will provide the USA to basically steal every bit of money worldwide for the greatest financial change in human history. However, money is the least of their crime against humanity in their plan, as they believe that the earth can only sustain five hundred million humans, so once they have implemented their digital ID2020 system they can instruct seven billion three hundred million humans to die, which is playing God, so it will not be long before God obliterates the USA with his weapon of indignation for destroying the entire earth. God's weapon of indignation is a solar flare similar to the solar flare that obliterated ancient Egypt because their technology far surpassed our current technology. Jesus Christ selected my readings this morning Sunday, January 26, 2020, starting at Jeremiah chapter 49. ¹² For thus says the LORD: "Behold, those whose judgment was not to drink of the cup have assuredly drunk. And are you the one who will altogether go unpunished? You shall not go unpunished, but you shall surely drink of it Jeremiah chapter 49 verse 12. You shall not

go unpunished caught my attention, making methinks, I will be punished more for my sins! ²⁷ Slay all her bulls, Let them go down to the slaughter. Woe to them! For their day has come, the time of their punishment Jeremiah chapter 50 verse 27. For their day has come, the time of their punishment caught my attention, making methinks, it is the time of the punishment of the USA! “Behold, I am against you, O you most proud!” says the Lord GOD of hosts; “For your day has come, The time that I will punish you Jeremiah 50:31. Behold, I am against you, O you most proud caught my attention, making methinks, it is the time of the punishment of the USA the proudest in human history! For your day has come, The time that I will punish you caught my attention, making methinks, it is the time of the punishment of the USA the proudest in human history! A drought is against her waters, and they will be dried up. For it is the land of carved images, And they are insane with their idols Jeremiah 50:38. A drought is against her waters, and they will be dried up caught my attention, making methinks, a megadrought is starting in the USA, which confirms it is the USA that is this Babylon that will be punished! ¹³ O you who dwell by many waters, Abundant in treasures, Your end has come, The measure of your covetousness Jeremiah chapter 51 verse 13. O you who dwell by many waters caught my attention, making methinks, the USA is by many waters, which confirms it is the USA prophesied about and not ancient Babylon surrounded by land! ²⁵“Behold, I am against you, O destroying mountain, Who destroys all the earth,” says the LORD. “And I will stretch out My hand against you, Roll you down from the rocks, And make you a burnt mountain Jeremiah chapter 51 verse 25. Who destroys all the earth,” says the LORD

caught my attention, making methinks, the USA specifically Monsanto of the USA, has destroyed the whole earth! ²⁹ And the land will tremble and sorrow; For every purpose of the LORD shall be performed against Babylon, To make the land of Babylon a desolation without inhabitant Jeremiah chapter 51 verse 29. To make the land of Babylon a desolation without inhabitant caught my attention, making methinks; thus it shall be done to the USA! ³¹ One runner will run to meet another, And one messenger to meet another, To show the king of Babylon that his city is taken on all sides Jeremiah chapter 51 verse 31. One runner will run to meet another caught my attention, making methinks; thus, it shall be in the USA after they have no electricity anymore! Jesus Christ selected my reading this morning Thursday, August 6, 2020, to start at, Jeremiah 51. ²⁵ I am against you, O destroying mountain, says the LORD, that destroys the whole earth; I will stretch out my hand against you, and roll you down from the crags, and make you a burnedout mountain Jeremiah chapter 51 verse 25. I am against you, O destroying mountain, says the LORD, that destroys the whole earth caught my attention, making methinks, this is referring to the USA that has destroyed the whole earth specifically Monsanto resulting in the predicted sixth mass extinction event already well underway worldwide! ³¹ One runner runs to meet another, and one messenger to meet another, to tell the king of Babylon that his city is taken from end to end Jeremiah chapter 51 verse 31. One runner runs to meet another, and one messenger to meet another caught my attention, making methinks, this is referring to the USA that will have no electric means of communication after the weapon of indignation from the Lord obliterates the USA for destroying the whole earth! ⁴³ Her cities have become an

object of horror, a land of drought and a desert, a land in which no one lives, and through which no mortal passes Jeremiah chapter 51 verse 43. A land of drought and a desert caught my attention, making methinks, this is referring to the USA that is currently becoming a land of drought and a desert! Drought <https://newatlas.com/nasa-drought-study-united-states/36128/#:~:text=A%20new%20NASA%20study%20is%20predicting%20the%20occurrence,in%20the%20region%20for%20the%20past%201%2C000%20years>. Babylon must fall for the slain of Israel, as the slain of all the earth have fallen because of Babylon Jeremiah 51:49. As the slain of all the earth have fallen because of Babylon caught my attention, making methinks, this is referring to the USA that the USA's big pharmaceutical companies are responsible for every illness-related death since 1897! Though Babylon should mount up to heaven, and though she should fortify her strong height, from me destroyers would come upon her, says the LORD Jeremiah chapter 51 verse 53. From me destroyers would come upon her, says the LORD caught my attention, making methinks, this is referring to the USA that will be obliterated by a solar flare similar to the solar flare that obliterated ancient Egypt! ⁵⁵ For the LORD is laying Babylon waste, and stilling her loud clamor. Their waves roar like mighty waters, the sound of their clamor resounds Jeremiah chapter 51 verse 55. For the LORD is laying Babylon waste caught my attention, making methinks, this is referring to the USA that will be obliterated by a solar flare similar to the solar flare that obliterated ancient Egypt! ¹⁸ The LORD is in the right, for I have rebelled against his word; but hear, all you peoples, and behold my suffering; my young women and young men have gone into captivity

Lamentations chapter 1 verse 18. The LORD is in the right, for I have rebelled against his word caught my attention, making me thankful that I accept that the Lord was in the right for what happened to me because of my rebellion against mom's controlling anger discipline and the word of the Lord! ²⁰ See, O LORD, how distressed I am; my stomach churns, my heart is wrung within me, because I have been very rebellious. In the street the sword bereaves; in the house it is like death Lamentations chapter 1 verse 20. Because I have been very rebellious caught my attention, making me thankful that I accept that the Lord was in the right for what happened to me because of my rebellion against mom's controlling anger discipline and the word of the Lord, as the Lord's love chastening me to make me repent of my evil wicked lifestyle to want to live righteously now to perform the greatest possible good service for Jesus Christ as his universal peacemaker! my readings this morning Tuesday, July 16, 2019, started at Micah chapter 7. ⁴ He rebukes the sea and makes it dry, and he dries up all the rivers; Bashan and Carmel wither, and the bloom of Lebanon fades Nahum chapter 1 verse 4. He rebukes the sea and makes it dry, and he dries up all the rivers caught my attention; making methinks; the upcoming greatest worldwide drought will make the seas, and all rivers dried up! And Jeremiah chapter 50 verse ³¹ I am against you, O arrogant one, says the Lord GOD of hosts; for your day has come, the time when I will punish you. And Isaiah chapter 47 verse ⁵ Sit in silence, and go into darkness, daughter Chaldea! For you shall no more be called the mistress of kingdoms. And Revelation chapter 17 verse 18 The woman you saw is the great city that rules over the kings of the earth. "To not let any person, buy or sell unless marked with

the number of the beast. I have been blessed with the discernment of how the USA has used the money to control the world by its SWIFT system and the politically correct verbiage of economic sanctions to not let any country buy or sell unless they met their demands, which is why Russia was the first country to convert to cryptocurrency to avoid the USA controlled world monetary system. Tests must be performed on the health hazards of cell phone EMF. I read a naturopathic doctor's newsletter that he conducted a test on cockroaches that can survive nuclear bomb radiation, but they died from cell phone EMFs. The reason cell phone EMFs are so hazardous is they are polarized frequencies, which the sun's much higher frequencies are not polarized, thus the sun promotes life, health, and well-being! Here is the report. New Cell Phone Warning is Terrifying By Dr. Richard Gerhauser, M.D. Posted January 12, 2018 Every time I see people walking down the street with their cell phone pressed against their ear, it makes me cringe. Don't people know these radiation-emitting devices can CAUSE CANCER? Unfortunately, many of them probably don't. After all, the government and cell phone companies are dead set on keeping this information to themselves. But I'm making it my business to make sure innocent people like you—and your kids and grandkids—are well aware of the dangers. And today I have yet another study that reveals even more bad news about cell phones. To understand the magnitude of this study, you have to know a little bit about cockroaches. You may have heard that cockroaches can survive just about anything—including the radiation from a nuclear blast. But cell phone radiation... that's a different story. Because while cockroaches can survive a nuclear blast, this study showed that they can't escape the damage of cell phone

radiation. Essentially what the researchers found was that when the cockroaches were exposed to the electromagnetic radiation put off by cell phones, it messed with their enzyme and circulatory systems. It led to a spike in free amino acids, glucose, and uric acid, which are linked to everything from diabetes to gout. The radiation also caused increases in the neurotransmitter acetylcholine, which can result in overstimulation of organs and glands throughout your body. I know the science is a bit technical, but the bottom line is that the radiation emitted from cellphones can have a widespread impact on your brain, neurons, developing cells, and enzyme systems. This is in addition to what we already know about cell phones—like the fact that they've been linked with dangerous brain and ear tumors... or the fact that even just being NEAR your phone can impair brain function. 65 I'm a realist, so I know cell phones are likely here to stay. But the research makes it clear: The less you use them, the better. To a brighter day, Dr. Richard Gerhauser, M.D. I was going to copy and paste the text from the internet but it contained too many grammar errors, so here is the link to the information about cell phone EMFs health hazards: Scientific Research on 5G, 4G Small Cells, Wireless Radiation and Health - Environmental Health Trust (ehtrust.org) We too easily ignore the health hazards for convenience, which is also true for the highly toxic chemical paper products Kleenex, 4 Ingredients Found In Tissues That May Make You Reconsider Blowing Your Nose With One (healthy-holistic-living.com) paper towels, Toxic Effects of Paper Towels: How Paper Towels are a Health Hazard - HelpHerself.com and toilet paper. How Toxic Is Your Toilet Paper? Investigation of Brands (mamavation.com) I was thankful to be inspired by my dad using cotton hankies

instead of Kleenex with my nose running increased due to a hormone imbalance from my pituitary gland not functioning anymore, and I was unknowingly overeating sweets or refined sugars for the energy I had to work without a functioning pituitary gland and eating refined sugars increases nasal mucus flow, and I bought some new micro-fibre cloths to use instead of paper towels. I am thankful that I learned that American Standard has the perfect new combined toilet/ bidet to eliminate the need to use unhealthy toilet paper. The ancient Egyptians respected the earth to use its entire magnetic field to use the pyramids and other structures worldwide as their electric levitation space launch system to build their orbiting space station the moon, and they oppressed humankind worldwide! There is no longer sufficient water encircling the pyramids for them to generate electricity now. The greatest challenge will be to inform people to set their health as their number one priority and that the only one responsible for your health is 66 yourself to make going to a doctor obsolete, for we were created to naturally heal from whatever might happen to us. I have already had enough of my hippocampus neurogenesis to recover my sense of smell and incredible improvement in my field of vision and sense of recognition, which I discern is because my walking is the most strenuous exercise that I can perform combined with I have consumed three tablespoons of organic cold-pressed virgin coconut oil daily since May 2015, and I have had my body naturally produce the maximum vitamin D3 from direct sunshine exposure since June 2018! Not being able to install a whole-house structured water purifier in my son's house that I live in, and writing this message is preventing me from perfect healing and recovery from my brain damage. I cannot wait to move

into my perfect survival new concept house on the Mount of Olives, as it includes the long-lost pristine great outdoors for my perfect healing and recovery to live until I am one hundred and twenty years old! We may still require doctors for emergency life-saving medical procedures that they are educated near-perfect to perform! However, the big pharmaceutical companies and their poison prescription drugs must be placed in the medical trash bin! I learned two great truths from Dr. Glenn Rothfeld:

- 1- As previously written the USA's big pharmaceutical companies started their tactic of hiding the truth about every natural cure discovered in 1897.
- 2- Monsanto bought its chemical "M" food additive through the USA's FDA in 1992 knowing that if fourteen percent of the test rat's diet contained the additive their pancreas was damaged. Their food additive is now in over seventy percent of the USA's food supply. It is no question now why there has been an exponential increase in type two diabetes and chronic fatigue syndrome in the USA since 1992, which is not discovered by Md. because they are not educated to search for the root cause of a patient's illness or health problems to be able to provide a cure, as Nd. are educated, as that would jeopardize the USA's big pharmaceutical companies' profitability! Md. are educated near-perfect for emergency lifesaving medical procedures and acute life-threatening illnesses but fail for long-term health and well-being. Jesus Christ has revealed to me that I am his slave peacemaker, so I must move to live in the house given to me to live in on the Mount of Olives by, Wally Hawa, the man I met operating a camel ride service on the Mount of Olives in 2012, which made me aware that there is no peace in Israel because of money, not

religion that everyone thinks is the reason for no peace, as Wally insisted that I buy nothing from this particular store because it was operated by them. We live in a money controlled world, so every person requires the bare minimum money to survive, if all Israelites treat the Palestinians who are brave enough to operate a store in Jerusalem to survive, not treating them as human beings they legitimately feel hated and respond with hatred by giving whatever money above what they require to survive to the PLO to buy whatever desired to fight the war against Israel, so I am writing a message to Prime Minister Netanyahu, for my solution of how to use new computer technology to eliminate money for peace in Israel, and also the same message to you now of how I have learned the Chinese were able to overcome the coronavirus that the USA started in Wuhan to try to put the full blame on the Chinese. Chinese medicine goes back thousands of years and therefore they did not require a vaccine but used a simple very low-cost in-home natural remedy for killing the coronavirus. Fact Check: Can inhaling steam kill coronavirus? (newsmeter.in). I have been blessed with a gut feeling to improve this technique to prevent COVID-19, by adding salt to the boiling water, which increases antiviral mucins in the nasal mucus. My Nd. Suggested that if I need to cure any respiratory illness to add some hydrogen peroxide to the saltwater to inhale hydrogen peroxide vapour also. <https://news.mit.edu/2012/immuneprotection-from-mucus-0426> I was also blessed to learn about this simple natural free technique to become immune to all diseases! www.wimhofmethod.com I discern his method of extreme deep breathing works, as it increases oxygen levels

throughout the body, which no disease can survive in! Combined with if you think that your body will become immune it will, as we become what we think! Here is a message from Dr. Richard Gerhauser for the natural cure for every virus infection: and why I have been consuming the recommended two scoops of organic Medi-C Plus daily. Jonathan Landsman the most Powerful Vitamin to Kill Viruses with Thomas E. Levy, MD, J D Jonathan Landsman: Welcome to the NaturalHealth365 Talk Hour. I'm your host, Jonathan Landsman. Our show today, Vitamin C: Fact Versus Fiction. Our guest is an internationally recognized expert on the topic of vitamin C, a board certified cardiologist, and author of six books on health-related issues. Most of his work has centered on how to restore and maintain good health in the face of many different forms of toxicity that all of us face typically on a daily basis. Our guest is an expert on the importance of liposomal technology as a way to optimally deliver vitamin C, glutathione and other nutrients into the body orally, appearing to even surpass the bioavailability seen with the intravenous administration of these antioxidants. We've all heard about vitamin C. But I hope this program gives you a deeper appreciation of what this essential nutrient can do for you. Please join me in welcoming Dr. Thomas Levy to our show. Dr. Levy, welcome. Dr. Jonathan Levy: Glad to be here! Jonathan: This show is for educational purposes only. Always consult your trusted healthcare provider for medical issues that concern you and make an informed decision. For more information about Dr. Thomas Levy, visit PeakEnergy.com. Jonathan: Dr. Levy, how does vitamin C actually work inside the body? Dr. Levy: Well, that's the

basic question, and the answer is amazingly straightforward. Biology and biochemistry can be so complicated sometimes. And when you start to see the big picture, you can see that there are very significant common denominators to the way molecules interact inside the body, not only of human beings, but of all animals. And the basic thing about vitamin C is it is what's called an antioxidant. An antioxidant donates or gives up its electrons. A toxin on the other hand or any infection or anything that causes a medical symptom in the body occurs because there's increase oxidative stress, which means there's increased molecules that have had their electrons taken away—they're oxidized. with Jonathan Landsman the most Powerful Vitamin to Kill Viruses page 2 © NaturalHealth365 with Jonathan Landsman 2017 Vitamin C can give those electrons back, quell or hold down the level of oxidation, oxidative stress, and relieve symptoms. And when it's done dramatically enough, it not only relieves symptoms, but it starts to reverse the disease process. Depending on how much vitamin C is given and how old or chronic the disease is will determine reversibility. But the bottom line is vitamin C quells oxidative stress. Oxidative stress is the only thing that makes a toxin toxic. And it's really the only thing that makes any infection bad for you. It builds up oxidized products in your body. And when they go beyond a certain point, and there's not enough antioxidant like vitamin C around to bring it back, you start to develop diseases, you start to develop symptoms. It's really that simple and elegant. Now, of course, there's a lot of other antioxidants in the body. Vitamin C is just particularly good because it's a small molecule, it's widely distributed

throughout the body, it gets just about everywhere. And even in areas of fatty tissues, as it's water-soluble, it can't get in there, but it will still interact with molecules that are inside the fatty tissues like the membranes with vitamin E and recharge the vitamin E inside the membrane. So, vitamin C does effectively have an antioxidant effect in all the tissues of the body. All the other antioxidants are good, but they're not as effective as vitamin C. That's not to say we shouldn't take other antioxidants as well. The more you support vitamin C and this antioxidant function in the body, the better. So I always tell people: "Take as broad a spectrum of antioxidants as you can reasonably afford and reasonably take on a daily basis, along with substantial doses of vitamin C. That will represent a good supplementation regimen." Jonathan: Dr. Levy, I think it's great already, the way you're starting this program. You're talking about tools. You made one very important point that I happen to personally notice, and that was you were talking about how unhealthy bacteria, viruses, things like these, it's not like we should be living in fear. I want to get your comments on this. Most people go to the doctor's offices, "Oh, my God! You with Jonathan Landsman the most Powerful Vitamin to Kill Viruses page 3 © NaturalHealth365 with Jonathan Landsman 2017 have a virus. Oh, you have these terrible bacteria." And it's not like what we're trying to say, "Do this, that, and the other thing. And you will never have an infection for as long as you live." That's completely unrealistic. The point you made was to keep it sort of in a container—that's what I'm getting from you—and to also to be able to put into the body things like vitamin C to help guard ourselves from any of these stuff getting out of control. Dr. Levy:

Absolutely! The only places a virus is ever going to take hold in the first place is if the levels of antioxidants are low due to either lack of attention in the diet or supplementation or another chronic disease the person might have that's keeping the antioxidants being used up and utilized. And if you don't have beyond a certain level of protection of vitamin C and other antioxidants in your tissue, you will definitely fall prey to just about every virus there is without any rhyme or reason as to seemingly when you would be struck down by a virus. The bottom line is nobody with a high body level of antioxidants and vitamin C gets viruses. That's just a fact across the board—maybe not well appreciated, but it's a fact.

Jonathan: Well, that's why we're doing this program. And that's why I so much appreciate your time, Dr. Levy.

Jonathan: Before we get to the next question that I really think is important about how vitamin C relates to all kinds of diseases (and I want you to talk about how it can help), I want to make something very clear. And I know we're going to talk about this more at the end of the program as well. Just for those new people out there, it's not like "just go out to your local pharmacy and buy a whole bunch of vitamin C." The quality of the vitamin C does matter, right? I'd like you to go on record just for a moment and at least make that point very clear.

Dr. Levy: Well, the quantity of vitamin C is important, but most importantly—assuming of course that you have a basically good product—is to take the right form and enough of it. I will say this. For somebody who's not supplementing at all in any fashion at all, even a tiny additional dose of vitamin C is going to help you. It's not going to give you the maximum positive effect, but for somebody who's not

doing that well or has any other number of chronic illnesses, with Jonathan Landsman the most Powerful Vitamin to Kill Viruses page 4 © NaturalHealth365 with Jonathan Landsman 2017 even a small amount of vitamin C will help. So, someone shouldn't be deterred from not supplementing with vitamin C simply because they don't think they can take enough. I mean, I recommend multiple grams on a daily basis by a number of different types of vitamin C, but that's not to say that's the only way it can be done. I'm just representing that as the best way to do it. If you have a limited budget, and you can only afford a little bit of vitamin C, still take some because anything taken is going to be better than taking none at all.

Jonathan: Point well taken, Dr. Levy. Jonathan: Why don't we talk about how vitamin C is connected to actually helping to cure some diseases? Please tell us. Dr. Levy: It's incredible, but there's an enormous amount of scientific literature over the last seventy or more years. And one particular person did the main body of it, Dr. Frederick Klenner. To me, he should get as much of the credit of being a vitamin C genius as Linus Pauling because he did something that nobody else did. After vitamin C was discovered and isolated and purified by the Nobel Prize winner, Dr. Albert Szent-Gyorgyi, somehow, this country physician in North Carolina, Dr. Klenner, when vitamin C first started becoming available and got the idea—and I really don't know how—that very large doses of vitamin C could start positively affecting a lot of different infections and toxins and diseases. Dr. Klenner published a host of articles—I think twenty-something in all—documenting that he was able to cure—and I do use the word “cure” in the correct manner—just about every

virus he ever treated. He was able to cure 60 cases of polio, all the different cases of measles and mumps and other childhood illnesses. He was able to bring people out of comas that had viral encephalitis, a viral infection of the brain. And he would do this with 30 to 50 grams of vitamin C intravenously as well as different forms of vitamin C orally. He would just get as much onboard as possible. For some of the tiny babies, he would give intramuscular injections and still get just as fabulous with Jonathan Landsman the most Powerful Vitamin to Kill Viruses page 5 © NaturalHealth365 with Jonathan Landsman 2017 results. So, vitamin C has been documented to cure a wide variety of viruses. And in a large amount of laboratory research in a test tube, I would say that there's never been a virus that vitamin C has not killed or inactivated in a test tube. So, there's really no reason to believe that there's any virus out there that would ultimately be resistant to vitamin C because they all have a very common denominator of accumulating iron. And when they accumulate iron, they self-target themselves for destruction by an agent like vitamin C. Jonathan: You must basically laugh at these mainstream media reports about how there's an outbreak of the flu virus somewhere in Asia and South America, and it threatens the populations of the world, some pandemic is going to happen, and nobody is mentioning a word about vitamin C. How do you react when you're sitting at home and you see a report like this on TV? Dr. Levy: Gosh, it does depend on my mood. I laugh, I'll get disgusted, I'll get angry at all the innocent victims that are going to be subjected to useless protocols and viral infections that can be cured that will otherwise kill. I get saddened by the

fact that the truth just seems to still either elude so many physicians or be ignored by so many physicians, or yes, be suppressed by a number of physicians as well. So, it's a whole cornucopia of emotions. I don't have any one particular reaction. It really depends on my mood. But it is sad. And with radio shows like these, the books that I'm writing, the patients that I see with the help of other physicians, I get emails every day, "What should I do for this person?" and although I'm not actively practicing clinical medicine, you can say I treat a lot of people at arm's length just by my interaction with the doctors, hopefully, before I die, some of these will take hold and not go through another 50 to 100 years of being ignored, being suppressed or just being ridiculed. Jonathan: Dr. Levy, this might be a little tricky to answer, but I was just thinking about something as you were talking. Just on a clinical level, isn't it true that everybody is slightly different? So it's not to say that let's say somebody comes in with a virus, you're making it very clear, vitamin C really can take care of this, "Incredible! Most all of these viruses, absolutely," but isn't with Jonathan Landsman the most Powerful Vitamin to Kill Viruses page 6 © NaturalHealth365 with Jonathan Landsman 2017 it true that some people might get an impact on say 5000 or 10,000 or 20,000, but someone else who's severely compromised or overrun might need 40,000, 50,000 or 60,000 depending on their ailments? So, I could really see or envision where it's very important that you find a healthcare practitioner who really understands this and remains diligent until you get the results that you want. Can you please make a comment on that? Dr. Levy: No, that's absolutely true. And for somebody that wants to

receive the benefit of vitamin C, it's absolutely essential. You have people who might contract a virus that would otherwise be fatal in 10 or 15 or 20 mg. of vitamin C given intravenously every day might not do anything for him, whereas 50 grams a day will cure them in three or four days. So, dose is everything! It's nothing really magical. Everybody, over the course of their lives, has accumulated different levels of toxins. They have different diseases. Some have chronic infections. Some have root canals in their head, and now there's a really significant dental infection. All of these things consume antioxidants. So, if one person comes along and contracts the virus that has very little else going on in their body consuming antioxidants, a dose of vitamin C might cure that person, but won't even touch another person who has an enormous amount of toxins going on in addition to their acute infection. Jonathan: It makes a lot of sense. Jonathan: Dr. Levy, I know we touched on it before at the beginning, but I'd like you to talk a little bit more for a few minutes about why is vitamin C the optimal antioxidant. Explain it to the lay person out there. Dr. Levy: It's the optimal antioxidant mainly because—well, nature designed it that way as a matter of fact. People, human beings, guinea pigs, fruit bats, primates, we're the unfortunate animals who lost the ability somewhere along the line to have the fourth enzyme step in our liver that takes glucose and converts it to vitamin C. All the other wild animals do it. And if you're an animal aficionado, if you will, you'll see that most wild animals live healthy until with Jonathan Landsman the most Powerful Vitamin to Kill Viruses page 7 © NaturalHealth365 with Jonathan Landsman 2017 they reach the end of their life span, and

then one thing or another happens, and they die. But they don't spend 50% or more of their life spans being chronically ill. Now, this is interesting too because a lot of people out there might think, "Oh, well, dogs and cats, they see the vet. They get sick. They get arthritis." You know, that's true, they do. And the reason why they do is because dogs or cats will make vitamin C a little bit more than humans, but at only 10% of the efficiency of say a goat. So, you have some animals that make large amounts, other animals that make small amounts, and animals like people who make little to none. Jonathan: Well, Dr. Levy, also, when you mentioned a dog or a cat—and I want to underscore this or underline this—this is a domesticated animal. That is not what you were referring to before (correct me if I'm wrong if you mean something else). But the wolf, the gray wolf where the dog comes from, I don't see that wolf going around going, "You know, my joints are really bugging me today. I think I'll go to the Arthritis Foundation and see what I can do about it." Dr. Levy: No, that's absolutely true. And of course, the other thing that goes along with domesticated is, just like people, a much poorer diet. You really can't compare a cat or a dog eating prepared pet food to a wolf in the wild being a predator and eating other animals and other things fresh. They're all going to contain more of what that wolf needs to sustain itself. So, regardless of what you think about vegetarianism or eating meat, that's what predators do, and they stay healthy as a result of it. When you give dogs and cats processed foods that have preservatives, and you take the fact that their livers produce far less vitamin C than other animals of equivalent size, you'll find that dogs and cats do stay a

little healthier than people, but they will start to get the diseases. And once they do, that can present production doesn't mean much, and they get sick just like we do, and end up getting cataracts and going blind and having arthritis and having just about everything that a person can have. Jonathan: Dr. Levy, let's talk about some of the factors that are involved in an effective administration of vitamin C. I think this will be a great interest to a lot of people. Dr. Levy: Well, first and foremost, dose. We've already touched upon that a little bit. But basically, if you with Jonathan Landsman the most Powerful Vitamin to Kill Viruses page 8 © NaturalHealth365 with Jonathan Landsman 2017 have x amount of stress, oxidative stress, going on in your body, you'll need x amount of vitamin C or antioxidants to deal with it and neutralize it that will allow the body to recover. And if you consistently fall short of that amount or very far short of that amount, you're not going to get that much positive effect at least in terms of a "curing" an acute infection or acute toxin. So, dose is extremely important. Route, route is important because how you give the vitamin C makes a big difference as to where it goes and how effective it is. Remember that the point of any vitamin C administration is to ultimately get a molecule of vitamin C side by side with a molecule of toxin. If the two can't meet, vitamin C can't do its job. So, you can give vitamin C intravenously. You can give it intramuscularly. You can actually inhale it in a nebulizer. It can be taken in ophthalmic solutions. It can be taken by rectal administration. It can be applied topically, inside the ears or on the skin. It can be used in liposomal preparations not only to take orally, but to spread on the skin and be absorbed transdermally. The

only thing to remember about that is that whatever form of vitamin C you take, if you take it on a sensitive area like the eye, it needs to be properly buffered and be pH neutral. But other than that, the vitamin C is going to have a positive effect wherever you give it. And how effectively you get it to the site of the pathology will be how effectively it works. Type, there's a wide variety of types. We have the liposomal capsulated type which is a fairly new form and a fairly exciting form because it allows someone orally to get a greater amount of vitamin C inside their cells—not in the blood, but inside the cells—than even a larger dose of vitamin C intravenously. And as crazy as that may seem, it's because the liposome has a delivery system that allows tiny fat encapsulations of vitamin C to literally pass through the cells or the cell walls, and put vitamin C inside the cell in what's called a non-energy consuming fashion. Whenever you take regular vitamin C, either orally or intravenously, it still needs to consume energy for the active transport systems to take it up from the blood to go inside the cell. So, you have the liposome, you have regular sodium ascorbate powder. Dr. Levy: One thing that should be avoided is calcium ascorbate powder. That's a whole other subject about. with Jonathan Landsman the most Powerful Vitamin to Kill Viruses page 9 © NaturalHealth365 with Jonathan Landsman 2017 I'm writing a book right now about the toxicity of calcium. People do not need to be ingesting any extra forms of calcium. And calcium ascorbate is one of those. Jonathan: Wow! You just dropped a bombshell. I know that's not what you want to get into for this show, Dr. Levy, but the last I checked, calcium supplementation is right up there at the top of the

list especially in the United States. Dr. Levy: The title of my new book is *Death by Calcium: The Toxic Nutrient*. And in fact, in the last two years, they have published studies that show prospectively the more calcium you supplement, the quicker you die, plain and simple, or cause mortality, not just heart disease. So, it really supports the concept that just about all older people have calcium excess throughout their body even if they have calcium deficiency in their osteoporotic bones. Jonathan: Is it fair to say that this whole idea that you just touched on is the idea that the body, the human body, is calcifying—meaning getting hard as a rock. To me, on an intuitive level—I mean, I’m no doctor—it just doesn’t seem like that’s something you want to do while you’re alive. Dr. Levy: It’s absolutely not. And there’s no question that the calcium supplementation fuels that fire. But what’s even more important is substantial amounts of dietary calcium fuel the fire as well. So, even people with substantially higher dietary intakes of calcium die sooner as well. Jonathan: And all of these synthetic vitamin C, all these boost up calcium—you know, it’s fortified with calcium, orange juices fortified with vitamin C—I know depending on your mood, you’ve got to either laugh or, sometimes, you must be crying at that kind of information that’s being marketed to people every day, am I right, Dr. Levy? Dr. Levy: Well, that’s the big word, “market.” People just need to remember—doctors too—that marketing has nothing to do with science. Marketing is marketing. And all marketing aims to do is sell a product (in, hopefully, a legal fashion, but not always) without any regards for the absolute truth. It’s plain and simple. I mean, milk does the body good. You never outgrow your need for milk. Milk is a natural.

We've been inundated with that garbage all of our lives, but it's been effective because there's hardly a person on earth who doesn't think milk would be a good part of your diet. with Jonathan Landsman the most Powerful Vitamin to Kill Viruses page 10 © NaturalHealth365 with Jonathan Landsman 2017 most people these days understand you can overdo it, but they think certainly some is good. And I would say... not really. Jonathan: Well, sure! Healthy bones and teeth are drinking lots of toxic fluoride from chemical companies and also consuming all of these conventional dairy with pus in it and bacteria, it's homogenized and pasteurized, and any kinds of nutrients that might be in raw milk are completely killed. This is the kind of stuff we should be consuming every day to be very strong, right, Dr. Levy? Absolutely! Dr. Levy: Absolutely! And it's interesting because all this does tie back again with vitamin C and antioxidants because I'm going to tell you, osteoporosis is actually scurvy of the bones. The reason people develop osteoporosis is because they're so completely and thoroughly depleted of vitamin C not only throughout their bodies, but especially inside their bones. You give a large amount of calcium, you will increase bone density, but you won't decrease the chance of fractures. So, all you did was make a cosmetic change while allowing the person to have even more calcium throughout the rest of their body where they don't need it. When you restore the antioxidant status through a number of mechanisms (which of course will be discussed in the book), you end up rebuilding bone, increasing calcium in the normal molecular and mineral matrix in the bone while mobilizing and dissolving the calcium that's accumulated and deposited throughout your body.

Jonathan: And not to mention—you've mentioned this term before. I don't think it's something we should skip over so quickly. When you said "cool the fire" or "quell the fire," all we hear about in the mainstream media is: "Oh, do this, do that. Inflammation is the root of all disease. We've got to do something about this terrible thing called inflammation." And again, nobody is talking about taking more vitamin D, taking more vitamin C, getting some more antioxidants into the body. I mean, all it is, is like fear campaigns. That's all it sounds like. Dr. Levy: Well, it's funny you say inflammation because when they say "inflammation is the root of all disease," they're right, but they're wrong. Let me tell you what I mean by that. Inflammation only exists where you have increased oxidative stress and decreased antioxidant with Jonathan Landsman the most Powerful Vitamin to Kill Viruses page 11 © NaturalHealth365 with Jonathan Landsman 2017 capacity like vitamin C. So, when those conditions exist, you have inflammation by definition. So, they've taken a situation that's very common—I mean, that's what starts heart disease, you lose the vitamin C inside your endothelial walls because of, usually, all of the toxins and microbes that comes out of your root canal-treated teeth and gone into your blood and set up shop inside your arteries. But it's when the vitamin C goes down to zip, the oxidants start to increase, that's what inflammation is. So, they're right and they're wrong. It is inflammation, but they don't seem to realize yet that all inflammation is, is a strong, focal imbalance of the pro-oxidant to the antioxidant capacity. Jonathan: Right! And this program is focused all the time—that's again why I'm so glad you're on this program talking about the value of vitamin C. Oh,

yeah, we know it's well-researched, and it's been out there for decades and decades—and Linus Pauling. But again, I started this program by saying, “I hope people really fully appreciate the value of vitamin C because it's a really powerful tool. We shouldn't be just looking at inflammation, “Oh, my God! I'm a victim;” at cholesterol, “Oh, it's such a terrible thing.” No, cholesterol is coming in laying itself on the arteries to help repair. Nobody is talking about what the problems are. And that's what you're highlighting now, Dr. Levy. Dr. Levy: It's sort of ironic, if you will, but that's actually what hurts, the dissemination of good information about vitamin C more than anything else, just about everybody in the population knows vitamin C is good for you. “Yeah, I know that. I don't need you anymore. Vitamin C is good for you, sure.” And that's where their education stops. What they never get a chance to realize is not only is vitamin C good for you, but when you take large amounts of it, and you stop neutralizing it inside your body, it's not only good for you, it's going to keep you healthy, it's going to eliminate the possibility for so many disease to ever get hold, it's going to cure just about any infection you could possibly have, it's going to neutralize any toxin or poison you can take inside your body. So, they know vitamin C is good for you, but it's like the tip of the iceberg. And so, ironically enough, the fact that they know vitamin C is good for you keeps them from having any curious as to how much more should be good for you. with Jonathan Landsman the most Powerful Vitamin to Kill Viruses page 12 © NaturalHealth365 with Jonathan Landsman 2017 That's why I think the new book might really touch a chord. Everybody thinks calcium is good for you, but what are

they going to think when they find out they're poisoning themselves taking their calcium. They know vitamin C is good for you, so they're going to take it. Not enough! But what are they going to do when they find out that in their pursuit of good health, they're not only not helping themselves with calcium, they're actively poisoning their body. Maybe it'll strike a chord. We'll see... Jonathan: Oh, believe me, I'll be right there, Dr. Levy. I couldn't agree with you more. I can't wait to have you come back on to the program here. We'll devote an entire show on this whole concept of calcium and what people originally thought about it. I'm sure they'll be changing their point of view by the end of the program. Jonathan: I'd like to talk about this idea of the Multi-C Protocol that I know you're a part of. Why is this so effective? Please talk about it. Dr. Levy: It's so effective because and with the absolute rarest of circumstances—it's so rare, I can't even think of one—the only time vitamin C should fail to substantially improve a condition—I didn't say "cure," it's not going to cure everything—but the only time it's going to fail to substantially improve a condition, make a person less symptomatic is when enough vitamin C doesn't get to the right areas where it needs to go. So, even though a lot of people will do great just popping up a few pills a day of vitamin C, if you have a chronic degenerative disease or an infection or a chronic toxin administration, and you want to make sure that you're doing everything you can, you can't declare vitamin C a failure or an inadequate treatment until you've at least taken several grams a day of liposomal vitamin C that gets it inside the cells, until you've taken multi-gram doses of sodium ascorbate powder which cleans out the gut, neutralizes toxins and

gets other vitamin C not into your intracellular space like the liposomes, but the extracellular spaces in the body...

Jonathan: Wait! Dr. Levy, would that help people with Candida? Can you talk about that for a moment? Dr. Levy: Sure, absolutely! No, it's anything you can do that can start suffusing vitamin C in the gut. I'm not going to promote it as a cure-all for Candida, but a lot of people, if they started taking sodium with Jonathan Landsman the most Powerful Vitamin to Kill Viruses page 13 © NaturalHealth365 with Jonathan Landsman 2017 ascorbate powder on a regular basis up to (or even exceeding) bile tolerance so that you have a loose diarrhea called C-flush, and then taking a good probiotic formula to help repopulate after the gut gets cleaned up by the vitamin C, there's a lot of people where that problem would cease to exist, absolutely.

Jonathan: Wait a minute! Dr. Levy, you just read my mind too. I was waiting for the right time to ask you this. And I know there's literally thousands of people listening to this program right now who'll be saying, "When is he going to ask about the diarrhea?" This is a common thing that people taking vitamin C, "Oh, my God! That stuff is no good for me. It gave me diarrhea. I'm going to stop taking vitamin C right away." What would you say to those people? Dr. Levy: I'd say they're missing the point. The diarrhea is not a side effect. It's a desired effect. Now, if you don't want to deal with diarrhea, that's fine. You don't take vitamin C up to the point of causing increased motility in your gut. After taking C-powder for a few days, you'll rapidly find a dose that you can take that doesn't challenge the bowel, and a higher dose that does. But what I'm saying is having this loose diarrhea on a

reasonably regular basis—for most people, once a week—would be a great idea. It cleans out the gut, gets rid of anaerobic bacterial toxins (the same type that are present in a toxic mouth are coming from your gut), and substantially increases the antioxidant capacity in your body. So, the C-flush is great. But if you just mentally or emotionally don't like the idea of having a short bout of a loose diarrhea flushing out your gut, well, you can avoid it. But it's not a side effect, and it's not to be avoided in terms of being something bad. Jonathan: But is it also reasonable, Dr. Levy, to say that, sometimes, a lot of these things that happen—it just makes sense to me in a commonsense level. If you get diarrhea let's say one day or two days, isn't it true that if you just kind of hung in there a little bit, that it might fade away as well or is that an inaccurate statement? I mean, a lot of times, people just tend to say, "Oops, I got diarrhea once. I'm completely stopping," and they give up. What if they were to just continue? Wouldn't the body adapt at some point and things would calm down when it comes to this? with Jonathan Landsman the most Powerful Vitamin to Kill Viruses page 14 © NaturalHealth365 with Jonathan Landsman 2017 Dr. Levy: Well, the diarrhea point is generally reached when the vitamin C stops neutralizing, it stops being absorbed and presents itself down to the colon. And although it's not an absolute rule of thumb, generally, sicker patients need more to reach the diarrhea than well patients. It's because the body needs to absorb more of the vitamin C to deal with the toxicity. And this is something Dr. Cathcart worked out in great detail. So, from one day to the next, you can vary from one day to the next because there are days when you might have a

viral challenge. You might be dealing with a substantial amount of stress, other things that consume antioxidants. All these things will affect that bile sensitivity. So, I will say this. What is important when people take lots of oral sodium ascorbate, if you're going to deliberately take enough to do a C-flush, it's good to do it first thing in the morning before you start eating. If you decide late in the day after you've already had breakfast, after you've already had lunch, to do a C-flush, you can cause an enormous amount of gas build-up that has a difficult time getting out. And you can be very, very uncomfortable because certain food stuff, they just stay in the gut for a certain period of time, and you're not going to push them through quicker than they're ready to go through. So, it's very good to be at the end of the line pushing through than in the middle of the line pushing through. Jonathan: Yeah, that makes sense. So in other words, you've gone all night, you've been asleep, you had some water. It's kind of light all night— eight, nine, ten hours. And now, you just hit yourself with the vitamin C in the morning. That would really be the best way to go. Dr. Levy: Yes, that's absolutely correct. Jonathan: So, let's talk about—I want you to explain this mop-up vitamin C. Why does it work? First of all, what the heck is that? And why does it work? Dr. Levy: Well, the thing about mop-up vitamin C is most people, if they have an acute infection or an acute intoxication, acute poisoning, you give them vitamin C, it neutralizes it, it cures it, and they feel fine. But what vitamin C also does is it mobilizes toxins. with Jonathan Landsman the most Powerful Vitamin to Kill Viruses page 15 © NaturalHealth365 with Jonathan Landsman 2017 So, there's a subset of people (that you can't really

identify that I know of ahead of time) that when you start giving large doses of vitamin C intravenously, the vitamin C gets inside the cell, it turns on again previously dormant or oxidized enzymes that help push toxins out of the cells, and the high dose of vitamin C pushes a load of toxins into the blood and people feel lousy. They feel sick, they feel bad. Well, the doctors out there need to realize is this is very, very easily remedied with what I call the “mop-up vitamin C,” which very simply is, if 50 grams by vein made you feel horrible when you gave it over an hour or an hour and a half because it starts putting toxins into the blood, guess how you take care of it? You follow it with another 15 to 25 grams of vitamin C given over twice the amount of time. That amount of vitamin C is not enough to continue to kick toxins out of the cells, but it’s plenty to neutralize the circulating toxins that the previously large, rapid-dose of vitamin C kicked into your blood. And this is important because, also, it allows doctors to deliberately push high levels of vitamin C that they might not have been willing to push before because they didn’t want to deal with their patients feeling bad—which is normal. If the patient feels bad, they’re probably not going to come back, and they’re not going to get well. This way, this allows much higher doses of vitamin C to be pushed and given without worrying about causing this detox reaction because the mop-up vitamin C provides an enormously simple, easy way to have people feeling great by the time they leave the office. Jonathan: Now, I’m glad you’re bringing this up because, often, in the natural health world, we hear this term all the time, “Oh, it’s so important to detoxify.” But I think it’s always important when that word comes up to let people know that, hey, if you have

inflammation in your gut, if you have digestive issues or other health problems, and you just go to mobilize some toxins that were trapped somewhere in your bodily tissue, and it just gets released, and it's still trapped in your body, that's not a joke! You're going to feel sick. You could cause all kinds of problems—heart arrhythmias. You're a cardiologist. I mean, all kinds of electrical problems, all kinds of brains like headaches, vision problems, all of these.

with Jonathan Landsman the most Powerful Vitamin to Kill Viruses page 16 © NaturalHealth365 with Jonathan Landsman 2017 This is extremely important that when we talk about detoxification, we are also talking about respecting the elimination process, and to ensure that that is happening—or else, you could be in a lot of trouble .

Dr. Levy: Well, the phrase that I've always used is that detoxification is also retoxification. When you're pushing toxins out of the body, hey, there are toxins going in, and there are toxins coming out. And yes, if detoxifications are done in an extremely reckless fashion using high doses of some of the prescription agents like DMPS, you can knock the immune system for a loop and push people into serious illnesses. That need not be the case just by pushing so hard on a detox and not giving the body and the blood circulating antioxidant support to deal with the toxins as they come out.

Jonathan: Exactly! I mean, I've seen people in the past in my own personal experience, Dr. Levy, who are in very, very sick, weakened conditions—I mean, really frail and home-bound—and then, they go into these homeopathic remedies that are designed to detoxify. Are you kidding me? The person never got sat down by the healthcare practitioner. This is in the natural healthcare world. I'm not

knocking homeopathy. I think it's great. But to look at an individual like that, to not have them fully appreciate that the food that they ate yesterday, the day before, last month, the month before that, the activity, their lifestyle, where their body condition is in, to not explain any of that at all, and to just say, "Here, take some drops. This will flush out some medication toxins," I think it nearly killed this person. It was a horrible-looking state that they were in. And they were taking this stuff because it was easy to take, but I really never felt like this person understood it that well. And I see this, time and again, happening. It really saddens me. Dr. Levy: Too many people and too many doctors stop their thinking process at "Well, if you've got a lot of toxins in you, it's definitely good to take them out." Well, stated that way, it's true! But there are different ways to get it out. And if you get it out too fast, you can actually do more harm than good than leaving the toxins untouched at all. So, it's a double-edged sword. Somebody needs a physician that's aware of the fact that they with Jonathan Landsman the most Powerful Vitamin to Kill Viruses page 17 © NaturalHealth365 with Jonathan Landsman 2017 need their immune system supported at all times. You just can't wave the magic wand and go from point A to point B. You have to deal with all the points in between while it's happening. Jonathan: Okay! So, Dr. Levy, I know this is a very big question, but let's close out the program this way. Let's say somebody out there is listening. They're in fairly good health. Their energy is good. There's no diagnosed disease. They want to take some vitamin C. I would like you to sort of recommend. Feel free and comfortable to talk about what you would say would be a good way for that person maybe generally

speaking to go at it. I know we can't be too individual on a radio program like this. But also, I want you to address the idea that, hey, if somebody out there is really not feeling well, no, don't just start popping vitamin C into your body. I don't think you're recommending that. What should a healthcare practitioner do? Should they go to your website? Please address that side of it as well. Dr. Levy: Well, for general well-being, usually taking 1 to 2 grams of a properly liposome-encapsulated vitamin C a day like from LivOn Labs, if you don't know what your bile tolerance is, if it doesn't cause diarrhea, taking 3 or 4 or 5 grams of sodium ascorbate powder a day, taking 1 or 2 grams of ascorbyl palmitate (which is a fat-soluble form), that's a good regimen. Jonathan: So, just to be clear, Dr. Levy, you're recommending this Multi-C Protocol? It's not like, "Oh, hey, just take this one vitamin C and everything will be okay"? Dr. Levy: Well, let me say this. What I just said is the best way to do it, but with you bringing up that point, there are a lot of people that will do perfectly fine if they just take one pack of liposome a day or if they take 4, 5 or 6 grams of regular vitamin C a day. Jonathan: Sure! Dr. Levy: That will do the trick for many people as long as they realize that, if that seems to fall short at times, there are other options. Jonathan: And so, let's shift gears now, Dr. Levy, to that person out there—I mean, even somebody listening to this program who really love somebody in their family or friend out there who they know really could probably benefit from vitamin C, but they're not feeling well. The person listening to this program, they're not physicians. with Jonathan Landsman the most Powerful Vitamin to Kill Viruses page 18 © NaturalHealth365 with Jonathan Landsman 2017 What

would you advice that person to do? If someone was open to getting it, to taking care of themselves with vitamin C, but they're not too sure, and they're a little nervous with their condition, should their doctor go and contact you? How do doctors get educated on this and bring them up to speed? Dr. Levy: Probably one of the most practical ways to approach that—and they have some of these docs as far as I know in most states of the country—there's a group called the American College for the Advancement of Medicine. The website is ACAM.org. They have a list of docs. I'm not going to tell you everyone of them is enlightened, but even just about all of them know what vitamin C can and can do. And even if it's not an active part of their practice, they know a doctor they could refer you to if they don't do it themselves. That's where you need to start. You need to start with a doctor who can look at you, evaluate you, look at your appropriate blood test, do everything that's involved in a proper medical evaluation, and then of course know what he/she is doing when they start antioxidant therapy along with whatever prescription medicines you may or may not need. Jonathan: Dr. Levy, I want to thank you for your time. And I want to thank our listeners for joining us today. For more information about Dr. Thomas Levy, visit PeakEnergy.com. I'm your host, Jonathan Landsman. I hope you enjoyed this program. Thank you for your support. Talk to you soon. Take care. I learned through my daily devotional readings from Jesus Christ since April 2006, how it is written in detail throughout the Bible how the earth will be restored to its created beauty and splendour by the water spewed from Satan's mouth when he is cast to the earth in the visible physical form of a

great red fiery dragon to start the end of this his day and age. The earth opens its mouth to swallow the water, which will be the greatest worldwide earthquake to not leave one building standing worldwide and converts the earth into a steam oven to boil off every drop of water worldwide, so the temperature predicted by global warming pales in comparison to how hot the earth must become to purify every drop of water polluted by humankind! Chapter Fourteen The End of the Age: Will the end of the age end on a positive note, with the commencement of the restoration of the earth to its created beauty and splendour? Why is now the time of the end of the age? Mark 13 verse 8, "For nation will rise against nation, and kingdom against kingdom. And there will be earthquakes in various places, and there will be famines and troubles." These are the beginnings of sorrows. Mark 13 verses 28 to 30, 28 "Now learn this parable from the fig tree: When its branch has already become tender, and puts forth leaves, you know that summer is near. 29 So you also, when you see these things happening, know that it is near—at the very doors! 30 Assuredly, I say to you, this generation will by no means pass away till all these things take place." Hosea 9 verse 7, "The days of punishment have come; the days of recompense have come." Israel knows! The prophet is a fool, The spiritual man is insane, Because of the greatness of your iniquity and great enmity. Recent earthquakes and famines, 1 –East Africa famine November 8, 2006. 2 – Haiti earthquake on January 12, 2010. 3 Japan earthquake April 7, 2011. These are absolute prophecies for the greatest reason every human being wants to live the perfect life of complete joy and

happiness; we humankind seek, desire and are required to be living now at the end of the age. We have been deceived into thinking we seek and desire to live a life of pleasure, by our love for mammon! But in truth is only a life of worry, anxiety, stress, and fear. Revelation 9 verse 4 They were commanded not to harm the grass of the earth, or any green thing, or any tree, but only those men who do not have the seal of God on their foreheads. The seal of God is the cross of Christ marked on your forehead when you are baptized in the name of the Father and of the Son and the Holy Spirit. Revelation 9 verses 20 and 21, 20 "But the rest of mankind, who were not killed by these plagues, did not repent of the works of their hands, that they should not worship demons, and idols of gold, silver, brass, stone, and wood, which can neither see nor hear nor walk. 21 And they did not repent of their murders or their sorceries or their sexual immorality or their thefts." Also Mark 8 verse 38, "For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels. We live in a day and age of great adultery and sinfulness. We live in the most abundant day and age in the history of civilization. We have the means and ability to provide every human being worldwide the total requirements for survival, but unthinkably we refuse even to try to do so. Because of this, God is about to release his wrath on humankind, as the end of the age. However, this is also the beginning of the restoration of the earth to its created beauty, splendour, and cleanness; free of all evil and the devastation of living evil lives. Luke 21 verse 23, "But woe to those who are pregnant and to those who

are nursing babies in those days! For there will be great distress in the land and wrath upon this people.” Several of the prophets wrote of the beginning of the end of the age, but none of them completed the details of how it will be accomplished. We have been instructed in detail how we must live to be resurrected at the end of times to live in this newly restored kingdom of God. We must live life in a giving from your heart true love, faith relationship with Jesus Christ and giving from your heart love your neighbour as yourself; but accept the truth that we are unable to live righteously, so still require Jesus’ healing, saving, grace, mercy, and forgiveness to be saved unto everlasting life. Isaiah 24 verses 18 and 19, 18 “And it shall be that he who flees from the noise of the fear shall fall into the pit. And he who comes up from the midst of the pit shall be caught in the snare; For the windows from on high are open, and the foundations of the earth are shaken. 19 The earth is violently broken, The earth is split open, The earth is shaken exceedingly.” Ezekiel 38 verses 19 and 20, 19 “For in My jealousy and in the fire of My wrath I have spoken, ‘Surely in that day there shall be a great earthquake in the land of Israel, 20 so that the fish of the sea, the birds of the heavens, the beasts of the field, all creeping things that creep on the earth, and all men who are on the face of the earth shall shake at My presence. The mountains shall be thrown down, the steep places shall fall, and every wall shall fall to the ground.” Malachi 4 verses 1 and 2, 1 “For behold, the day is coming, Burning like an oven, And all the proud, yes, all who do wickedly will be stubble. And the day which is coming shall burn them up,” Says the LORD of hosts, “That will leave them neither root nor branch. 2 But to you

who fear My name The Sun of Righteousness shall arise With healing in His wings; And you shall go out And grow fat like stall-fed calves.” Revelation 12 verses 15 and 16, 15 “So the serpent spewed water out of his mouth like a flood after the woman, that he might cause her to be carried away by the flood. 16 But the earth helped the woman, and the earth opened its mouth and swallowed up the flood which the dragon had spewed out of his mouth.” Mark 13 verse 2, “And Jesus answered and said to him, ‘Do you see these great buildings? Not one stone shall be left upon another, that shall not be thrown down.’” Zechariah 14 verse 4, “And in that day His feet will stand on the Mount of Olives, Which faces Jerusalem on the east. And the Mount of Olives shall be split in two, From east to west, Making a very large valley; Half of the mountain shall move toward the north And half of it toward the south The earth opening its mouth to swallow the water spewed from the dragon's mouth is what they all prophesied about.” The earth opening its mouth or splitting open will be the greatest earthquake ever been since creation and will result in not one building left standing worldwide. Hebrews 12,26 and 27, 26 whose voice then shook the earth; but now He has promised, saying, “Yet once more I shake not only the earth, but also heaven 27 Now this, “Yet once more,” indicates the removal of those things that are being shaken, as of things that are made, that the things which cannot be shaken may remain. Mark 13 verse 31, “Heaven and earth will pass away, but My words will by no means pass away.” Haggai 2 verse 21, “Speak to Zerubbabel, governor of Judah, saying, “I will shake heaven and earth.” This is not located at the edges of two tectonic

plates touching each other but in the center of a tectonic plate. The water swallowed by the earth will become a layer of steam encircling the earth just below the surface. There will also be the release of sufficient volcanic ash to encircle the earth in the outer atmosphere completely. The steam will heat the surface of the earth like an oven. It will also burst through in combination with magma at any point on the surface of the earth heavily contaminated with pollutants causing that surface area to become molten lava. Every ocean and sea will boil. Hebrews 12 verse 29, "For our God is a consuming fire. All of this released steam or water vapour will encircle the earth in the outer atmosphere, which will condense on the ash to form the greatest sized hailstones ever hailed on the earth as written Revelation 16 verses 20 and 21, 20 "Then every island fled away, and the mountains were not found. 21 And great hail from heaven fell upon men, every hailstone about the weight of a talent. And men blasphemed God because of the plague of the hail, since that plague was exceedingly great." This hailstorm will be so great that combined with the sun blocked from the ash and steam in the outer atmosphere will become a near-instant ice/ash age. The center of every hailstone is volcanic ash. Whatever life on earth that was not cooked in the oven, will be frozen in the ice/ash age. But then this will happen to end the ice/ash age by the brightness of Jesus' great glory on his second coming. Matthew 24 verses 29 and 30, 29 "Immediately after the tribulation of those days the sun will be darkened, and the moon will not give its light; the stars will fall from heaven, and the powers of the heavens will be shaken. 30 Then the sign of the Son of Man will appear in heaven, and then all the

tribes of the earth will mourn, and they will see the Son of Man coming on the clouds of heaven with power and great glory. The outer atmosphere will be wiped clean and the sun will shine through, but will pale in comparison to the brightness of Jesus' glory." Revelation 22 verses 1 and 2, 1 "And he showed me a pure river of water of life, clear as crystal, proceeding from the throne of God and of the Lamb. 2 In the middle of its street, and on either side of the river, was the tree of life, which bore twelve fruits, each tree yielding its fruit every month. And the leaves of the tree were for the healing of the nations." As the ice melts away, there will be left a very thick and fertile layer of volcanic ash soil the world over on which will immediately grow every type of plant and vegetation worldwide. This is the new kingdom of God we will be resurrected onto to kneel before the judgment throne of Jesus Christ. Mark 14 verse 25. "Assuredly, I say to you, I will no longer drink of the fruit of the vine until that day when I drink it new in the kingdom of God." John 11 8 verses 24 and 25, 24 Martha said to Him, "I know that he will rise again in the resurrection at the last day. 25 Jesus said to her, "I am the resurrection and the life. He who believes in Me, though he may die, he shall live. God ensures that whatever ways Satan tries to make God not true to his word result in the most positive perfect loving world for us, humankind to live forevermore on with God." Genesis 9 verses 11 to 16, 11 "Thus I establish My covenant with you: Never again shall all flesh be cut off by the waters of the flood; never again shall there be a flood to destroy the earth." 12 And God said: "This is the sign of the covenant which I make between Me and you, and every living creature that is with you, for perpetual

generations: 13 I set My rainbow in the cloud, and it shall be for the sign of the covenant between Me and the earth. 14 It shall be, when I bring a cloud over the earth, that the rainbow shall be seen in the cloud; 15 and I will remember My covenant which is between Me and you and every living creature of all flesh; the waters shall never again become a flood to destroy all flesh. 16 The rainbow shall be in the cloud, and I will look on it to remember the everlasting covenant between God and every living creature of all flesh that is on the earth.”

Md.s are educated near-perfect for emergency lifesaving medical procedures and acute life-threatening illnesses but fail for long-term health and well-being. The USA's big pharmaceutical companies make everyone think that Nd. are quacks because of Nd. jeopardize their profitability, so if you want to be healthy, you must have an Nd. and not an Md. everyone thinks that Md.s know the truth for health, so believe everything that they tell them, but in truth, too much of what they say is opposite for perfect health, such as telling their patients to stop eating butter and eat margarine if suffering from coronary disease, because margarine is the greatest true known cause of coronary disease as it increases oxidized cholesterol which is the known reason for coronary disease. I am waiting to hear the results of a naturopathic doctor's tests to determine if being deficient in cholesterol sulphate is the true root cause of coronary disease. My gut feeling is he is correct. The true solution is to stop eating regular cow dairy butter and eat organic cold-pressed virgin coconut oil. The truth about cow dairy is frightening because it causes acid in our body that our body uses more calcium than present in the milk to nullify the acid,

so drinking milk decreases bone strength not increasing bone strength. The cows mutated years ago to increase the production of casein A1, which our body cannot digest but only casein A2. Pasteurizing milk kills the natural enzyme lactase in milk required to digest lactose, which is why lactose intolerance is popular, and change your diet to an organic pescatarian smoothie diet with the following minimal lectin free and modern wheat-free ingredients, nothing but stevia for flavour but only the perfect health benefits:

- 1- 100g bag Black mission figs.
- 2- 100g bag either frozen blueberries or strawberries
- 3- 100g bag either frozen spinach or broccoli.
- 4- 1/3 cup freeze-dried elderberries restored in 1 cup of structured purified water. This ingredient is only possible for those people who do not smell the foul odour of elderberries! But elderberries have higher health benefits than blueberries!
- 5- 398 Ml. can green olives.
- 5- 1/3 cup ground golden flax seeds.
- 6- 1 Tablespoon chicory.
- 7- 1 Tablespoon oregano.
- 8- 1 Tablespoon cilantro.
- 9- 1 Tablespoon chlorella powder.
- 10- 1 Tablespoon sweet basil.
- 11- 1 Tablespoon ground thyme.
- 11- Tablespoon ground cardamom.
- 12- 1 Tablespoon Turmeric powder.
- 13- 2 heaping tablespoons of cocoa powder.
- 6 tablespoons of ground chia seeds.
- 4 Tablespoon raw unpasteurized liquid honey.
- 1 150g. canned salmon.

2 small red beets.

6 olive leaves.

18 packets of stevia or a half of a box.

1.5 cups of structured purified water. This makes six equal 1.66666666666667 cups servings of smoothie that I consume for lunches and suppers in two days. I consume most importantly a Just Thrive probiotic supplement. I also consume a one-cup serving of organic Medi-C Plus supplement, and a variety of other organic natural nutritional supplements not available in the dietary form in Canada, vitamin K2 is one. In addition to my serving of smoothie for lunch, I include a 120g. can of sardines and I eat one banana, and one organic apple, which is the natural solution for indigestion with lunch. I also make one cup of organic banana tea with half a banana including the skin in one cup of boiling water for the natural daily source of magnesium. I am an athlete now by default in my disabled condition, my HR goes aerobic if I roll over in bed, so I include a serving of the Vega-Sport protein mix for lunch. For supper with my serving of smoothie, I drink a cup of organic green tea with a tablespoon of organic cold-pressed virgin coconut oil after each meal and I add a tablespoon of organic extra virgin macadamia nut oil after breakfast and supper! I am thankful that I learned that our digestive tract is the first organ in our body to start to malfunction about the age of twenty-five, so regardless of how healthy a person eats after twenty-five insufficient nutrients are delivered to our brain the highest energy using organ in our body to keep it from starting to atrophy, which is why coconut oil is critical for brain health, as it is the only nutrient in the world that gets absorbed directly into the bloodstream without being digested, to provide the brain with the greatest missing nutrient in the North American diet, fat, for brain health! I also consume my own mixed organic trail mix of lectin-free ingredients of

1- pecans

2- pistachios

3- pine nuts

4- shelled hemp seeds

5- cranberries

6- Raisins

7- Brazil nuts

8- chocolate chips

9- banana chips As for snacks throughout the day. To manage my weight, I include a sixteen-hour intermittent fast daily by stopping to eat at 8:00 PM and not eating breakfast until 12:00 PM., which activates our dormant second immune system, named autophagy. The other positive of stopping eating at 8:00 PM is it provides me four hours before I go to bed at 12:00 AM daily and up at 4:00 AM. I am thankful that my Md. The family doctor told me the truth about long-term prescription medications is they damage the liver so I had to go for three-month blood tests to check if my liver was being damaged from the anti-seizure medication my neurologist thought I would need to take for the remainder of my life. I am thankful that I still have a sense of pain on the left side of my body for without it I would not know that something has happened to my left side requiring my attention. I learned this when I was cooking a birthday supper for my oldest child, daughter, Brandi, after I was released from the HSC recovery ward on April 7, 2003. I was searing some pork chops in a frying pan holding the frying pan, handle with my left hand. I had to pick up the seasonings with my right hand and my left hand slid over the hot element burning my left pinky finger. I only know if my left hand is moving if I look at it. Losing the sense of touch on my left side has made me conclude that the most taken for granted of our senses is the sense of touch, for without the sense of touch I have no fine manual dexterity, making it impossible to pick up a small object with my left hand, as

my occupational therapist said I could by seeing that my index finger and thumb were on both sides of the small object or the simple task of turning a light switch on in the dark with my left hand. I know from using my right hand to pick up a small object that my index finger and thumb must adjust correctly on feeling the small object to pick it up. I miss-used and abused the miraculous healing and recovery Jesus had worked for me by playing goal in hockey in my birth town of Spiritwood, Sk. on Sunday, November 13, 2005, which could only have been for my glory, not glory to God. Acts chapter 12 verse 23 And immediately, because he had not given the glory to God, an angel of the Lord struck him down, and he was eaten by worms and died. However, I perceive the truth that Jesus used the opportunity to reveal his love, power, might and existence through me by making me play as well as I did. I posted a link to a video of me playing in the game here: <https://www.youtube.com/watch?v=lqIvT-sZSA4&t=13s> However, Jesus, saved my life again following this when I was a pedestrian struck by an S U V on December 10, 2005, dislocating, and crushing my left shoulder joint ball, so it is now an artificial shoulder joint, and tearing all the ligaments in my left knee, and deflating my left lung, which was the thirty-third lifesaving. I almost accepted the pain killer medication offered me in the hospital after lying in bed for two days making my back extremely painful, but I had the gut feeling to ask for a wheelchair to be able to get out of bed to move around and my back pain disappeared! The clearest memory I have in the hospital in 2002, after the third emergency operation in the step-down unit. The nurse walked up to my left side grabbing my left hand pulling extremely hard

to sit me up in bed. I felt extreme pain in my left shoulder and complained to Dr. Daniels that this happened. Dr. Daniels refused to believe that the nurse did this and said, "You only feel pain on your left side because you had four strokes." As untrue as she was, I discern now it was from the Lord, so my shoulder would be dislocated by the SUV impacting me on December 10, 2005, to crush my left shoulder joint ball! I was released from the hospital on December 22, 2005, wearing a G2 brace on my left knee fully mobile and relatively pain-free. I learned that my left shoulder was partially dislocated by the nurse in the hospital from a friend, Terry Rempel's friend who was a therapist of some kind from overseas but not working as such in Canada and, in the summer of 2005, he felt my left shoulder telling me that he could still feel a slight space in the joint. I had gone over to Terry Rempel's to use his swimming pool in the backyard to lift my left hand without my shoulder hurting as much! No Dr. or physiotherapist ever looked or felt my left shoulder. I thought it would be looked at by Dr. Nemith at the Pan Am Clinic, but he only told me to lift my left hand, and my shoulder snapped loud enough for him to hear it across the room, and he said, "That is your rotator cuff." In January of 2006, I was walking home from the Safeway on the south side of Kirkbridge Drive, Winnipeg, Mb. and had to cross over to the north side. I lifted my left foot over the slight plowed-up ice and snow and started to push forward with my back-right foot. I felt the wind from a half-ton truck's side rear-view mirror on my left cheek. My left cheek only feels pain or super hyper sensations. I was standing there, trembling, thinking, I would have been decapitated if I had completed stepping onto Kirkbridge

drive! My heart melted the moment I said from my heart. "Thank you, Jesus, for saving my life!" I immediately felt the most intense, overwhelming feelings of puppy love for Jesus Christ! I could not stand feeling such intense, overwhelming feelings of puppy love anymore in April of 2006, and decided I want it to mature into being in a giving from my heart true love faith relationship with Jesus Christ from the example of my common-law spouse Teri's joy and happiness from her giving from her heart love for me, which she forsook her parents, siblings, friends, and two children from her previous marriage to be by my side until she was confident I could manage on my own. I almost immediately remembered the only day I participated in my parent's daily devotional readings on Monday, December 11, 1978, with the reading from Luke 4. Luke 4:17 And he was handed the book of the prophet Isaiah, and when he had opened the book, he found the place where it was written caught my attention, making methinks if I ever have daily devotional readings. I will pray that Jesus guides my fingers to open the Bible, your word to the scripture passage you want me to read as your message to me today, and provide me with a clear, open, understanding heart, soul, and mind of all I read, so I may understand to know the meaning and or relevance to my life. In Jesus' name, I pray Amen. I decided on September 25, 2018, to change to eat a raw organic vegetable diet and felt the decision was confirmed correct the next morning through my daily devotional reading from Jesus Christ started at Ezekiel 48. 15 At the end of ten days it was observed that they appeared better and fatter than all the young men who had been eating the royal rations. 16 So the guard continued to withdraw their royal

rations and the wine they were to drink, and gave them vegetables Daniel 1:15 and 16. So the guard continued to withdraw their royal rations and the wine they were to drink, and gave them vegetables caught my attention, making me thankful, I have decided to change to a completely organic raw vegetable diet to restore my health! I discern now that it was at the time I said thank you from my heart that I was made fully spiritually alive or the start of my second life! In January 2006. Romans 2:28-29 28 For a person is not a Jew who is one outwardly, nor is true circumcision something external and physical. 29 Rather, a person is a Jew who is one inwardly, and real circumcision is a matter of the heart—it is spiritual and not literal. Such a person receives praise not from others but from God. Mathew 13:7 Other seeds fell among thorns, and the thorns grew up and choked them. And Matthew 13: 22 As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. God cultivated the soil of my heart or circumcised my heart to make me fully spiritually alive or a true Jew in the sight of God, and who am I to argue with God? I wrote a supposedly free online IQ test on January 16, 2006. I refused to pay for the IQ number but was thankful to receive a free report describing my, intellectual type that describes me more perfectly than I could ever have described myself from answering questions on an IQ test. Your Intellectual Type Is: You have the unusual talent of being equally good at both mathematical and verbal skills. That, paired with your thirst to learn through experience, makes you an Inventive Inquisitor. Your strength lies in the methodology you have naturally

adopted to understand the world. Basically, you have perfected "learning through living." You have a unique ability to teach others by taking them through actual experiences. Your talents come in handy, especially when confronted with unfamiliar or unproven situations. Most people search their brains for previously stored information that might help in a given situation. You, however, take things as they come and see things as they are. You are a great improviser and are probably open to an unusual amount of change. I also learned that I use my previous experience if required in any situation encountered. I had to attend a communication awareness session conducted by the HR Equity Employment Division at Manitoba Hydro, which included having to play a card game. The employees present were separated into multiple groups and each group was given a deck of cards and a one-page instruction sheet on how to play the card game. With my challenge of reading now, I was unable to read the entire instruction sheet before the card game started. I recognized the game being played was similar to Kaiser that I had played in the Saskatoon Lubricants warehouse in Saskatoon from 1987- 1991, and I had to adjust how I was playing after the first hand was played and I learned that spades were trump. I miraculously won the first game, as the winner was whoever took the most tricks and I was dealt a run of spades, which I unknowingly kept, and I was short suited in two other suits that enabled me to use my low trump spades once I learned they were trump. I had to move to the table to my right and I was not dealt a good notrump hand to win the second game played at this table as each group had a different set of rules for the card game. I was thankful to

learn that the new Canadian food guidelines are to eat a whole produce fruits and vegetable diet! I had started to take an organic natural kelp iodine supplement in May 2015, because I knew that I was not consuming any unhealthy iodized refined white table salt, and I told my family Md. that I had on my next appointment, and she told me to immediately stop taking it, so the only thing I thought I would do immediately was to stop her from being my doctor if that was her idea for my perfect health and well-being. The positive of her being my doctor as she told the truth about prescription drugs that they damage our liver if taken for an extended time, which my neurologist thought I would need to take anti-seizure medication for the remainder of my life, and my doctor required me to have a three-month blood test to check if my liver was damaged. I had the fifth surgery on my head on Tuesday, October 13, 2009, to put in a titanium plate to cover the large dent in my head, which was the most difficult, complicated and complex surgery Dr. Owen Williams ever did in his neurosurgery career because of the sheer size of the plate that he had to put in, where he had to put the bones that he removed in the third emergency operation backwards because he could not get them to remain solid in the correct position in the fourth operation or first reconstructive operation on September 2, 2003. key this into the command line of your browser to view the image online! www.keithlistoe.com/09-03-12-keith.jpg I felt extreme pain on October 21, 2009, after I was released from the hospital, so I went to my doctor to see if it might be infected. She said it was not infected and offered to prescribe a painkiller to manage the pain. I woke up the

night of October 28, 2009, feeling my left shoulder contracting and relaxing, clonus. The contractions moved down the left side of my body, and I was becoming airborne. The last thing that I remember is thinking if only I could determine where I was on the bed maybe this would settle down. I woke up to my alarm as normal. I Google searched convulsive seizures to know if that is what I had. I was confused because it was the person, loses consciousness goes through the seizure then regains consciousness. I was conscious during the entire seizure. I phoned my neurologist and he agreed to move my regular two-year appointment on November 10, 2009, ahead to discuss my possible seizure. He told me that the codeine in the Tylenol three would have lowered my seizure threshold. He asked me if my right side started to contract because if it did that is when I would have lost consciousness. The blood test results for my liver kept coming back perfect, other than one test indicated I was nearing fatty liver disease. I discerned it was because I was overeating my dad's caramel oatmeal drop cookies, so I stopped eating them and my liver test results were perfect again. I researched seizure disorders to learn that it is a standard medical procedure to remove half of a person's brain surgically to control their seizures, so I thought, I had half of my brain damaged by Jesus Christ, so why would I risk suffering seizures? My neurologist refused to agree with my logic and refused me as his patient if I refused to take his poison prescription anti-seizure medication. so, I decided that I can either trust that Jesus will continue to heal my liver if I continue to take this poison prescription medication, or I will never take another painkiller and stop taking the poison

prescription medication, and trust that Jesus will not let me suffer any future seizures. I suffered extreme pain on the entire left side of my body before I was released from the HSC recovery ward on April 7, 2003. I am thankful that my massage therapist, Chantal Cobb, provided the solution or reason for my pain, which was my head was tilted slightly over my left shoulder. If I feel the pain starting on my left side now, I know it is because my head is tilted slightly over my left shoulder, so I consciously tilt my head slightly over my right shoulder and the pain stops. I searched found and got a new Nd. in June 2015. I had received a book titled "How to reclaim Seventeen years of your life back from Dr. Mark Stengler. I took the book to my first appointment with my Nd. to ask her if she could tell me what my biological age was. She speeds read the start of the book and said she could order a test to determine where I was to start his protocol. At the test review appointment, she said that she did not think that I could expect to reclaim seventeen years of my life back because I was already way ahead of his protocol, which confirmed I was only half my chronological age biologically because I think that I am the content fifteen years old with forty-three years of experience half physically dead, fully spiritually alive miracle man living! I use this description as it describes both my chronological age of fifty-eight by adding the numbers together and my biological age of twenty-nine by calculating the average and my second life started in January 2006, or fifteen years ago. My thinking this confirms the only unanimous saying of all the greatest philosophers throughout human history that we become and do what we think, which I learned from Earle Nightingale's audio recording the

strangest secret!
http://www.keithlistoe.com/strangest_secret4.mp3. Dr. Mark Stengler's protocol was to change to eat a specific organic vegetarian diet to increase the production of the body's produced master antioxidant glutathione. I was astounded with the power of how I think because I did not have to do anything different physically like changing my diet from the unhealthiest unknowingly overeating sweets or refined sugars for the energy, I had to work without a functioning pituitary gland. The greater confirmation of I become and do what I think was on April 6-8, 2016. I changed how I thought as I got into bed that I will feel tired in the morning if I do not get eight hours of uninterrupted sleep. I have never felt tired in my life before this, and understandably now that my pituitary gland is not functioning that controls the pineal gland that produces melatonin to make us feel tired. I was up the usual number of times throughout the night to use the washroom, which I have learned is because I started to drink one gallon of structured purified water daily. I woke up to my alarm at 4:00 AM feeling tired for the first time in my life waking up. I thought that I had enough time for one more sleep cycle before I had to start getting ready to go to work. So, I went back to sleep for the first time in my life waking up. I woke up one hour later answering the question from the man that I met and recognized from the sports store I was in the afternoon. It was the most realistic vivid dream I ever had in my life and the first dream since the bleeds in my brain! I continued to think this way for the next two nights waking up feeling tired the next two mornings going back to sleep having two more dreams. I stopped thinking I would feel tired, and I have

not felt tired waking up in the mornings ever since. I have had several dreams during the night's sleep though. I feel for people when I hear them say that they feel older than they are because it is impossible to feel anything except what we have previously felt, so I conclude that they are only looking for an excuse why they are not able to do something that they did before. I have never looked for or used excuses but keep trying with an open positive learning mind until I am successful at whatever I need or want to do! My favourite quote is from Jesus Christ. Mark 9:23 and Jesus said to him, "If you can believe, all things are possible to him who believes. My second favourite quote is from Thomas Edison. "I have not failed once. I have just found 10,000 ways that will not work. However, from what I have learned about Nicholas Tesla that Thomas Edison competed with, Thomas Edison had to find so many ways that would not work because he lacked the genius understanding of electricity that Nicholas Tesla had and Thomas Edison convinced the USA's big electric companies to burn Tesla's lab in New York City in 1895, to ensure only his inferior understanding of electricity prevailed! My Nd. also told me that I had a candida yeast overgrowth in my gut microbiome and that I was sensitive to seven different foods and kelp, which puzzled me because the majority of them were included in the first detox program, Danette Maye's Three Days Bikini Detox, which I did in May 2015, which resolved my indigestion of having to take two Tums after every meal. I have not touched a Tums since May 2015. I knew that I was overeating modern wheat daily of Quaker Harvest Crunch cereal for breakfast, one of my ultra-cheap pasta recipes for both lunch and supper, so I was convinced that I had a

leaky gut syndrome that was responsible for me becoming sensitive to these foods. I had three readings related to forty days fast in early 2019, and I decided to fast forty days. I was using Google search for something the next day and several youtube video links related to extended fasting appeared on the right side of my browser. I listened to two of these to be pleasantly surprised that an extended fast initiates stem cells to regrow any damaged or non-functioning organs starting in the digestive tract. <http://news.mit.edu/2018/fasting-boosts-stem-cells-regenerative-capacity0503> So I was convinced I needed to fast forty days to heal my leaky gut. I finished this fast on July 4, 2019. I am convinced that Jesus Christ is guiding me to learn and make the decisions that I have for my near-perfect health and well-being in my most unique medical condition that no Dr. has any ideas of what I should do or that I even survived the amount of brain damage that I miraculously survived! I am thankful that the walk-in Dr. that I got an appointment with to get a form filled out to confirm my eligibility for Long Term Disability insurance ordered blood tests that revealed I was slightly anemic and my sister in law who was helping me suggested that I get a copy of the test results that I had never done before and my Nd. Was thankful that I had a copy of the test results to e-mail her and she suggested that I stop taking the organic vegan iron supplement I had started in my smoothie and add eating a palm-sized serving of liver three times per week. The walk-in Dr. refused to fill out the form and my previous Md. refused to see me as her patient, so I had no way to get the form filled out by an Md. I was thankful to finally talk to the representative at Canada Life requesting the form filled

out and she waived me getting an Md. to fill out the form due to COVID-19 and to submit the form with my sections filled out of had my situation deteriorated? And my daily routine. I made an error filling out the form and had to resubmit it. I was inspired by the Fitbit program, walk yourself thin in 2017, because it made me realize that the greatest difference in my life since I moved out of my birth town of Spiritwood, Sk. in 1981, was I did not walk as much as I did in Spiritwood, so I decided to walk the New York City marathon inside the skywalks in downtown Winnipeg to avoid having to cross any intersections. I learned on June 28, 2017, that my walking wearing my Keith's less toe protecting footwear steel toe cover, key this into the command line of your browser to view the image online:
www.keithlistoe.com/Keithlesstoe_protecting_footwear_steel_toe_cover.jpg and all my clothes are the most strenuous exercise that I can perform. I walked to the Source in Portage Place Mall through the skywalks to buy something and decided to check my HR as I stepped onto the down escalator to be shocked to read 166 BPM, which was the maximum for my chronological age. The fastest I ever read my HR running up twelve floors of stairs three times daily was 162 BPM. I am thankful that my youngest son, Cody, is a welder and he successfully made my idea for a protecting footwear steel toe cover after three pairs of my runners had a hole worn through the front left toe from my left foot rotated inwards. I used to enjoy being the man who could help others build things physically. I am now thankful that by the magnitude of the truth I have learned about life here on earth and how Satan has made humans do things throughout human history to steal the

perfect joy and happiness from us that we are born with and to make the earth non-life-sustaining, it could only be Jesus working through me for all of humankind's benefit of health and well-being, and increased or preserved natural joy and happiness! I am sure that it will be easy to overcome the health problems worldwide that are a result of Roundup killing the earth's biodiversity once money is eliminated but the health hazards from cell phone EMF will be much more difficult to overcome because tests must first be conducted to expose the health hazards of cell phone EMFs. If the FDA were working validly Roundup would be banned for sale in Canada and the three-white death; (refined white sugar, refined white salt, and refined white flour), would not be allowed as additives in manufactured foods. I had to take my runners in for repair on June 30, 2017, so I decided to try walking inside my apartment wearing only socks on July 1, 2017. I was shocked to take 50,099 steps on July 1, 2017. I walked the New York City marathon of 57,000 steps four times inside my apartment in July/August 2017, but my Fitbit HR broke, so I could not try walking the marathon twice in one day as I wanted to. I listened to the Awakening from Alzheimer's documentary in early September 2017, and it motivated me to stop eating the organic naked rolled oats for breakfast to eliminate all carbs from my diet but more importantly to add an intermittent fast to my daily routine by not eating my first meal until noon. I had to buy new pants at the end of September as my waist dropped from thirty-six inches to my grade twelve waist of only twenty-nine inches! The USA'S big pharmaceutical companies hid the following two Nobel -prize-winning discoveries because autophagy is a zero-cost cure for every known

chronic human disease, cancer included, thus it threatens to obliterate their illness business that they deceitfully describe as healthcare.

First Hidden Nobel prize in 2016:
<https://www.sciencedaily.com/releases/2016/10/161003103237.htm>

second hidden Nobel Prize in 2016:
<https://www.bluezones.com/2018/10/fasting-for-health-and-longevity-nobel-prize-winning-research-on-cell-aging/>

I am thankful that I am an uneducated medical or electrical person to be able to discern the truth about both healthcare and electric inventions because the mainstream education curriculums only teach the false information promoted by the USA. They too easily use the example of the polio vaccine, but they ignore the truth that the polio vaccine was a true organic vaccine that infuriated the USA's big pharmaceutical companies because they could not make any money from Dr. Jonas Salk's invention of the first polio vaccine. If our bodies naturally produce vitamin D3, D3 sulphate and cholesterol sulphate from direct sunshine exposure. I am convinced that being deficient in any of these will result in poor health. Vitamin D3 is required in every cell of our body to keep them healthy and to prevent them from becoming cancerous, <https://drjockers.com/vitamin-d-stops-cancer-stem-cells/> so the myth that the sun causes cancer spread by the USA's big pharmaceutical companies is their tactic to ensure the majority of people become ill to buy their poison prescription drugs. Cancer is a natural part of the human body. <https://www.cancer.ca/en/cancer-information/cancer-101/whatis-cancer/the-immune-system/?region=on> and only becomes a disease if our

primary immune system is compromised so that it cannot keep up with cancer to eliminate it. The USA'S big pharmaceutical companies use the 1.2 trillion USD annual income from prescription drug sales to control the mainstream media to only report about medical health discoveries what they want them to report to ensure nothing jeopardizes their profitability, as they put making money ahead of human health, well-being and lives! The true cure for diabetes is to eat an organic pescatarian diet including an intermittent fast and more importantly to fast two to four days a month to initiate stem cells to regrow your pancreas. <http://news.mit.edu/2018/fasting-boosts-stem-cells-regenerative-capacity-0503> which led me to change to an Nd instead of an Md. I learned that I had a candida yeast overgrowth in my gut microbiome, which also converted my body into a natural alcohol distillery causing foul body odour that my third supervisor at my new job with Manitoba Hydro on June 14, 2004, could smell and used to put me out of work onto reduced income Long Term Disability Insurance on November 17, 2017, which made me debt broke. I stopped unknowingly overeating sweets or refined sugars for the energy that I had to work without a functioning pituitary gland to balance my gut microbiome. I cannot sit working on my computer now for longer than twenty minutes without dozing off, so I cannot work again in my life! However, not having to work now for paid employment has enabled me the time to perform the greatest work in my life writing this message about the changes required for humankind living outside of the USA to survive now on the earth killed by the USA for money, and even more importantly now how to isolate the USA to live with all the world's money and

their created coronavirus to take authoritative control of every human being worldwide against their will! I, therefore, ask for enough compensation to pay off my debts, so I can move out of living in my unloving son, Tyler's, too cold for, me, basement into my own accommodations again until I am moved by the Israel government to live in the house given to me by, Wally Hawa, on the Mount of Olives, where I must be living to have my master, Jesus Christ, work the greatest possible new thing through me his slave peacemaker for universal peace forevermore! Please Interac transfer \$26,000.00 to keith@keithlistoe.ca and \$26,000.00 to keith@keithlistoe.com. And whatever tax deductions are required for this net after-tax compensation to my CRA account 633209887! However, because I set my health as my number one priority, I would prefer to have my own house again that I can install the whole house structured water purifier in, so I do not need to shower in the toxic corrosive chemicals water, and I can start to grow my own perfect organic trees in pots, with organic composted soil with fully active biodiversity, inside the house for the win, win of cheaper groceries and improved health benefits! The only requirement for my house is a large glass window south-facing room and back yard. I have had ideas for a heated driveway and sidewalk to not have to shovel snow one-handed. I bought and received a whole house structured water purifier in preparation for moving to Jerusalem but that did not work out as hoped, so I only need to live here in Winnipeg until I get moved into my new concept house on the Mount of Olives by the Israeli government! I need to get debt-free before I turn sixty on February 28, 2023, when the Long-Term Disability

Insurance ends and I will start my greater reduced income retirement pension. However, now that I am confident that money will be eliminated in all countries other than the USA, and I am both too disabled to work and retired, the new Amazon One palm scan technology: <https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to a new RFID keyed database of every working Canadian for a health and well-being promoting business, will be activated for my survival on the earth! I only need to get out of living in my son's basement. The only country that will need to worry about restoring its economic stability is the USA, as all other countries will have perfect peace, treating every working person identical. Nothing could be more positive than this, so everyone can be thankful for the USA creating the coronavirus to try to take authoritative control of every human being worldwide against their will, and the freedom from the lies about how to live healthy by the USA's big pharmaceutical companies to make money off making everyone ill instead of healthy, and the food industry that uses refined sugars that are more addictive than cocaine to make everyone eat more than they should to make money, and the lies that fat is the reason for obesity and what is healthy as marketing with no truth that it is healthy! As bad as it might appear that Pasteurizing milk kills the natural enzyme lactase required to digest lactose I hope that you can understand that the coronavirus is the tip of the iceberg of the USA's big pharmaceutical companies' illness business that they deceitfully describe as healthcare. Ilaria Rubino, a recent Ph.D. graduate from the department of chemical and materials engineering at the University of Alberta. I originally read that she

specializes in nano-chip technology, so I suggest that she is commissioned to investigate the COVID-19 vaccines if they contain nano-chips, to know for certain the truth that the coronavirus pandemic was the mastermind of Bill Gates to implement his nano-chip vaccine to take authoritative control of every human being worldwide against their will! He has hidden by using Microsoft to get the patent for the digital ID2020 system. I had a gut feeling that Bill Gates invested one billion USD into Bitcoin, or bought the total twenty-one million Bitcoins created when it was first launched at eight cents, so his value of Bitcoin already surpasses one trillion, and it enables Bill Gates to steal all the world's money if all countries convert to Bitcoin for health reasons from his planned coronavirus pandemic and once he has his digital ID2020 system implemented and he instructs seven billion three hundred million humans to die to leave only five hundred million living on the earth and he increases Bitcoin to the predicted one million per coin his bitcoin value will be twenty-one trillion, which will enable him to provide the five hundred million living people controlled by his digital ID2020 system he can guarantee each person an income of \$42000. His idea to use a nanochip vaccine is brilliant if used to only identify the person but not for his purpose of taking authoritative control of every human being worldwide, stealing the money of the entire world, and then instructing seven billion three hundred million humans to die to leave only five hundred million humans living on the earth, which is playing God, but he is Satan's puppet, beast! I am thankful that I do not need the money that Bill Gates has, to overcome his coronavirus pandemic and the fact that Roundup has made the earth non-life-

sustaining but only to think outside the box for how to use computer technology lovingly to eliminate money to perfectly equalizing every working human being for a health and well-being promoting business to receive everything, shelter, food, and clothing required for survival. Money is the obstacle that prevents countries from making the changes required to survive on the dead earth now, so I suggest that we leave the USA to steal all the world's money, so they think that they will have control over every human being worldwide and we develop a new RFID keyed database of every working person for a health and well-being promoting business. Because Chinese medicine goes back thousands of years, they did not require a vaccine to overcome the coronavirus that the USA started in Wuhan. Here is how the Chinese overcame the coronavirus for low-cost, without a vaccine. Fact Check: Can inhaling steam kill coronavirus? (newsmeter.in). I have been blessed with a gut feeling to improve this technique to prevent COVID-19, by adding salt to the boiling water, which increases antiviral mucins in the nasal mucus. <https://news.mit.edu/2012/immune-protectionfrom-mucus-0426> I had the gut feeling on hearing that a Canadian doctor had invented a saltcovered mask to prevent COVID-19, I am thankful, that I have learned the truth about western medicine is based solely on the fraudster Louis Pasteur's germ theory in the 1860s, to make money off people's illnesses instead of curing people of their illnesses. I have also learned the truth about Monsanto's product Roundup that the minuscule amount of the active ingredient glyphosate that remains in the foods that we eat of produce sprayed with Roundup kills the good bacteria in our gut

microbiome, which is the basis of our primary immune system, thus, it compromises our primary immune system, so all diseases, especially cancer thrive in our body. I used the organic JustThrive probiotic Just Thrive Probiotic & Antioxidant (justthrivehealth.com) combined with Dr. Gundry Md.s prebiothrive drink supplement PrebioThrive | Secure Order (gundrymd.com) to balance my gut microbiome to restore my primary immune system to near-perfect functioning. I was over the cold in two days naturally that I caught from my son, Tyler, or grandson, Wilder, in the spring of 2019, and they both suffered for a month! I am thankful that I can discern the truth that Dr. Gundry is not a man of faith because of what is written in Genesis 1:29-31. 29 God said, "See, I have given you every plant yielding seed that is upon the face of all the earth, and every tree with seed in its fruit; you shall have them for food. 30 And to every beast of the earth, and to every bird of the air, and to everything that creeps on the earth, everything that has the breath of life, I have given every green plant for food." And it was so. 31 God saw everything that he had made, and indeed, it was very good. And there was evening and there was morning, the sixth day. What Dr. Gundry misses is that everything in moderation is the key and that God in his wisdom made our digestive tract the fastest healing organ in our body, so it would heal from the minor problems caused by eating moderate amounts of lectins in our diet. Modern wheat is a human creation from God's healthy ancient wheat, thus it is the root cause of too many health problems overlooked by Md. by just prescribing poison drugs to manage the symptoms. I suggest that tests be commissioned to test if modern wheat is the root cause of

the ever so increasing number of children born with autism, and if modern wheat causes holes in our digestive tract within five minutes of being eaten, and if overeaten a leaky gut syndrome, which is also overlooked by Md. by just prescribing poison drugs to manage symptoms! There have been 1.6 billion Kilograms of Roundup sprayed worldwide since 1976, which in my opinion has for sure killed the earth's biodiversity or the earth itself, which is the reason the predicted sixth mass extinction event is already well underway worldwide and ignored because global warming is proclaimed as the reason for the sixth mass extinction event! <https://www.ibtimes.com/sixth-mass-extinction-earth-acceleratingscientists-warn2986928#:~:text=Previous%20studies%20have%20a%20ready%20proven%20that%20Earth%20is,study%20stated%20that%20the%20extinction%20event%20is%20accelerating.> If the USA's big pharmaceutical companies have hidden the truth about every natural cure since 1897? I would strongly suggest that the strongest natural disinfectant, tea tree oil be seriously researched or tested for its effectiveness on killing the coronavirus, as a possible enhanced treatment for COVID-19, of just inhaling steam but inhaling Tea tree oil in the steam! I used tea tree oil and oregano essential oils to cure my toenail fungus. Tea tree oil was used to disinfect passenger train cars. Humanity, as a whole, has done everything to destroy the long-lost pristine outdoors, which is required for every living being to survive on the earth. If the earth is dead, non-life-sustaining, and all freshwater systems have been polluted with toxic heavy metal mercury? There is only one solution for humankind to survive on the earth now, which is to construct natural

organic fishpond aquaponics systems inside of greenhouses with organic composted soil with fully active biodiversity to grow olive trees and the greatest variety of dark-skinned berries and leafy greens in the aquaponics system for new perfect long lost organic pescatarian health-promoting diet. Modern wheat must be eliminated from the human diet and all grain-growing land converted back to high CO2 consuming forest trees to reduce global warming as much as possible. All mass animal farms must be eliminated, to improve human health and well-being and reduce global warming the most. Refined sugars must be eliminated from the human diet to naturally eliminate cancer from the human population! The human population must be educated about the amazing zero-cost natural cure for every known chronic human disease, which is including a minimum of sixteen hours of intermittent daily fast, which is also the zero-cost solution for obesity. I found this message from the newsletter that convinced me to my diet evolved into a pescatarian diet not just a vegetarian diet, and the greatest reason for my new concept house including an aquaponics system. **Miracle Nutrient DESTROYS Cancer Cells** By Dr. Richard Gerhauser, M.D. Posted August 24, 2018 Scientists all over the world are frantically searching for that one breakthrough treatment that will cure cancer once and for all. Such a treatment would be able to kill cancer cells, slow tumor growth, and stop cancer cells from spreading. That magic pill is a long way off, but a miracle nutrient that can accomplish all of those anti-cancer benefits has been sitting under our noses all along. It's inexpensive, it's effective, and it's available to you right now. Omega-3 fatty acids (like the kind in fish) are already well-known for

their brain-boosting, heart-protective properties. Now, a recent study has highlighted their anti-cancer effects as well. The study, published in the *Journal of Medicinal Chemistry*, found that omega-3 fatty acids are able to slow the growth and spread of cancer cells. But what really makes this study stand out is that the researchers found out WHY. Your body has a built-in system called the endocannabinoid system that fights pain and inflammation. Research has shown that when omega-3s enter the body, they get broken down into endocannabinoid epoxides (EDP-EAs). These are similar to the cannabinoids that are present in cannabis (medical marijuana) that are responsible for many of its health benefits. These EDP-EAs have remarkable effects against cancer. In one study, researchers discovered that mice with osteosarcoma (a type of bone cancer that is particularly difficult to treat) that had spread to the lungs had an 80% increase in the body's natural EDP-EAs in the lungs. It turns out that the body was increasing the production of these molecules in order to combat the cancer cells. A closer look showed that the EDP-EAs were killing cancer cells, slowing tumor growth by stopping the supply of nutrients to the tumors, and stopping the tumor cells from spreading. This latest study shows that one key reason for omega-3's anti-cancer activity is the fact that it increases the body's supply of these tumor-fighting molecules. Since cancer cells are especially deadly when they spread, finding compounds and developing therapies that slow their growth or keep them from spreading represents a key way to keep cancers under control and improve survival rates. I recommend getting your omega-3s from food (rather than

supplements). The foods with the highest levels include wild-caught salmon, eggs, and nuts. To a brighter day, Dr. Richard Gerhauser, M.D. The most critical requirement for humankind's survival is the oncoming mega-global drought. Without money, every house can be upgraded to include a new, from the air, water extraction system and whole-house structured water purifiers. I was blessed with a new concept house design that is perfect draft-free based on the Manitoba Hydro Place heating and cooling system, which is no forced air heating and cooling. On the south end of the R2000 technique of building the perfect airtight house of an exterior two by six insulated wall, with unbroken vapour barrier two-inch space and then a two by four-inch insulated wall with a broken vapour barrier. On the south end of this area of the house will be an indoor garden area surrounding a natural fishpond aquaponics system with organic composted soil with active biodiversity to grow olive trees and the greatest variety of dark-skinned berries. On the south end of this area of the house will be a greenhouse area to grow the greatest variety of organic wildflowers and honeybees for perfect organic raw unpasteurized liquid honey. The fresh air duct for the house will be in between these two southern areas of the house from above the roofline to reduce radon gas as much as possible into the house and through the highest quality air purification system, which is a SolaceAir RS-4 air purifier. The air will circulate southwards past the honeybees to perfectly purify the air into an open space between my new concept heating cooling system of dual geothermal heated and cooled concrete foundation walls. The perfect continuous temperature air will be circulated into the R2000 style area

of the house from the north end under a raised floor, so there is no direct airflow into the living area but gradually through the raised floor, so it is perfectly draft-free. The standard forced-air heating and cooling fail to be draft-free because the air cools in the ductwork when the furnace is not operating, so once it starts operating the cool air causes drafts until the warm air from the furnace displaces the cooled air in the ductwork! I was extremely interested in learning about preventing brain disorders such as Alzheimer's from this information that inspired my new concept house design with perfectly purified air: Nano air pollutants strike a blow to the brain Scientists track super-small pollutants that are inhaled into the brain Air pollution cloaks Mexico City in haze. Breathing in this pollution doesn't just harm the lungs; new studies show it also can damage the brain. FIDEL GONZALEZ/WIKIMEDIA COMMONS (CC BY-SA 3.0) Share this: • Facebook • Twitter • Reddit • Google Classroom • Print By Alison Pearce Stevens December 17, 2014, at 8:50 am Cough. Wheeze. Gasp! Those sounds echo through the streets of polluted cities. Brown clouds made up of noxious gases, dust, soot and even finer particles hang over buildings and hug the ground. When outside, people can't help but breathe it all in. And in most parts of the world, windows won't keep these air pollutants out. Not all large cities have air pollution like this. But in those urban areas where mountains block the wind from clearing the air, such heavily polluted conditions frequently develop. Mexico City often confronts such pollution. So does Beijing, China. And Los Angeles, Calif. With massive populations, these three cities have huge numbers of cars, buses, trucks and factories spewing

pollutants into their air. Educators and Parents, Sign Up for The Cheat Sheet Weekly updates to help you use Science News for Students in the learning environment E-mail*GO Air pollution can lead to serious health problems. Wheezing and gasping occur when people breathe in pollutants for long periods of time. Lungful after lungful of contaminated air gums up the respiratory tract. That's the branching network of tubes that supplies air to the lungs. Within the respiratory tract, an inner coating of mucus works like fly paper. This slimy secretion traps large particles, such as pollen grains. Small hair-like structures carry this contaminated mucus up and away from the lungs. Coughing and hacking are the body's way of clearing the airways. A strong cough — or a good swallow — may remove some pollutants completely. Black soot spews from a truck. People can inhale these fine, black-carbon particles deeply into the lungs, where they can trigger inflammation. Far smaller particles, called nanoparticles, can sneak past this first line of defense. These airborne particles are measured in the billionths of a meter. (Nano is a prefix meaning a billionth.) These particles can pass all the way into the lungs. Once they settle on lung cells, the pollutants can begin blocking the movement of oxygen into — and carbon dioxide out of — the blood. The largest nanoparticles are only 100 nanometers across. Scientists are just starting to understand how soot and other nanoparticles interact with the body. Experts already know these pollutants are small enough to slip inside cells. There, they can damage DNA, proteins and other cellular structures. That leads to all kinds of health problems — and not just in the elderly. Kids experience them, too.

Nanoparticles also damage blood vessels. These ultra-small molecules impair the ability to smell. They can even mess with learning and memory. Brains exposed to nanoparticles develop abnormal features similar to those found in people with Alzheimer's and Parkinson's diseases. And that has scientists worried. New data have begun showing how nanoparticles can pollute our brains. Especially alarming, some can make a beeline directly through the nose and into our thought centers. Sneak attack If inhaled into the lungs, nanoparticles can enter the bloodstream. From there, these materials travel throughout the body. Some share of them will end up polluting the brain. A layer of tightly packed cells is supposed to control what can — and can't — move out of the blood and into the brain. This blood-brain barrier attempts to protect delicate nerve cells, called neurons, from substances that might damage them. Most of the time, the barrier does its job. Nanoparticles, however, slip right through. Pollutant nanoparticles can inflame cells of the body. That inflammation draws out white blood cells, such as these lymphocytes, a type of immune cell. SELVANEGRA/ISTOCKPHOTO Once nanoparticles gain entry to the brain, they damage cells there in a number of ways, notes Caleb Finch. He's a biologist at the University of Southern California, in Los Angeles. One type of damage is inflammation. Cells attacked by nanoparticles send out a distress signal. The body responds by dispatching white blood cells to the area. White blood cells are part of the body's immune response. They help fight infection. Soon, the site becomes swollen with blood. Such inflammation occurs not only in the brain, says Finch, but throughout the body. Inflammation is

supposed to be an acute reaction. That means it should occur briefly, then go away. However, when exposure to air pollution is chronic — persistent over time — inflammation, too, can become persistent. And that's not healthy. Particularly worrisome: The inflammation triggered by nanopollutants can lead to hardening of blood vessels. Healthy blood vessels are flexible. This allows large amounts of blood to pass through with each contraction of the heart. But as vessels stiffen, blood must squeeze through narrower spaces. Sometimes blood vessels become completely blocked. Then blood flow stops altogether. When that happens in the brain, a person suffers a stroke. Nanoparticles also can interfere with a nerve cell's ability to signal to its neighbors. Nerve cells communicate by releasing chemical messengers. These travel to neighboring nerve cells. There they link up with proteins on the outside of a cell, called receptors. Nerve cells can't understand what their neighbors are trying to tell them if their receptors aren't working well. And nanoparticles can damage those receptors. This makes them less sensitive to the chemicals — and messages — they need to detect. In a healthy artery (top), blood can flow freely. Inflammation triggered by nanoparticles can lead to hardening of blood vessels (bottom). Inflammation can slow — or eventually block — blood flow and foster the build up of fatty plaque. NHLBI/WIKIMEDIA COMMONS Damage occurs because many nanoparticles contain what chemists call free radicals. That means some of their molecules contain an atom with an unpaired (missing) outer electron. This makes them unstable. In search of a mate for its lone outer electron, a free radical will swipe an electron from

some other molecule. This theft transforms the radical into a stable molecule again. In the process, though, its victim now becomes a free radical. As each victim steals an electron from some neighboring molecule, new free radicals form. The ongoing chain of electron-theft will damage molecules. It can even kill cells. This happens in the lungs and in the brain. The impact of nanoparticles on the brain, in particular, is severe. That is because the particles meddle with our minds. This makes especially worrisome the recent discovery that nanoparticles can make a beeline for the brain. Direct connection Hitching a ride through the bloodstream is a long, roundabout way for pollutants to reach the brain. Unfortunately, if pollutants are small enough, they can take a shortcut, notes Alison Elder. She works at the University of Rochester Medical Center in New York. As a toxicologist, she studies how materials can harm the body. Working with fellow toxicologist Günter Oberdörster, also at Rochester's Medical Center, Elder tracked the route that nanoparticles take to the brains of rats. Some travel through the blood and cross the blood-brain barrier, she found. Others, however, enter the brain directly through the nose. To get there, the super-tiny toxic chemicals travel along the olfactory (oal-FAK-tur-ee) — scent-sensing — nerves. These line the inside of the nose. When rats (or people) inhale through their noses, air passes over the olfactory neurons. Odor molecules link up with receptors on these nerve cells. That causes the cells to signal a brain structure called the olfactory bulb. Different nerve cells in the olfactory bulb, called mitral (MY-trul) cells, relay this incoming information about smells to other parts of the brain. Nanopollutants can

hijack olfactory nerve cells and enter the brain by way of the olfactory bulb. That bulb is highlighted here as a yellow netlike structure coming through the ceiling of the nasal cavity. Earlier work showed the polio virus can use the same pathway. PATRICK J. LYNCH, MEDICAL ILLUSTRATOR/WIKIMEDIA COMMONS (CC BY 2.5) But owing to their super-tiny size, nanoparticles can hijack that connection. Scientists had known about this route into the brain since the 1930s (when they realized the polio virus could exploit it). Nanoparticles, at less than one-thousandth the diameter of a human hair, are about the same size as a virus, Elder explains. And just as that small size allows viruses to slip across the blood-brain barrier, it also allows nanoparticles to enter olfactory neurons. Moving along these sensory neurons, nanoparticles travel straight into the brain by way of mitral cells. Scientists don't know yet what happens in the nerve cells that allows nanoparticles to travel along them, as if along a highway. Scientists do know, however, what damage the nanoparticles can cause en route. Inside the cells, the particles strip electrons from the atoms that make up cellular structures. This spawns those nasty free radicals. Nanoparticles also may travel to other parts of the brain. Finch, the biologist at the University of Southern California, exposed mice to air pollution collected near a Los Angeles freeway. Then he examined their brains. Effects of the nanoparticles showed up throughout. Particularly concerning: damage to the hippocampus. This part of the brain is involved in learning and remembering new things. Sniffing out the problem Damage to parts of the brain that learn and remember things doesn't just happen in rodents. Nanopollutants can damage the brains

of people, too. Brain injury has shown up even in children. Lilian Calderón-Garcidueñas has seen it. She is a toxicologist at the University of Montana in Missoula. As a pathologist, she also studies the effects of disease on the body's cells and tissues. 1 Los Angeles is known for the heavy traffic on its freeways. Caleb Finch, a biologist at the University of Southern California, collected air pollution from near one of LA freeway and later exposed mice to it. LPETTET/ISTOCKPHOTO Just a few years of exposure to heavy air pollution can damage cells in the olfactory bulb, Calderón-Garcidueñas finds. And that reduces a person's ability to smell. Calderón-Garcidueñas has been testing the ability of children and young adults to smell a variety of odors. Some scents are strong, others weak. Over time, young people living in heavily polluted Mexico City lose some of their ability to smell, she is finding. That's bad news, she points out. Loss of smell is one of the first symptoms of Alzheimer's and Parkinson's diseases. Indeed, that made her wonder whether damage to the olfactory bulb might be an early warning of more severe problems elsewhere in the brain. And she had good reason to think it might. Earlier, she had examined the brains of stray dogs in Mexico City. She also had studied the brains of city residents, young and old, who had died in auto accidents or from other types of traumatic events. All showed an accumulation of the same proteins that are also seen in the brains of patients with Alzheimer's or Parkinson's disease. Even in families with a history of these diseases, people usually don't develop those proteins before they turn 40. But in Mexico City, the proteins emerged even in the brains of young children. Their presence might signal harm to thought-processing

regions. It would be impossible to test the impact of these changes on thought or memory in people who had died. So Calderón-Garcidueñas looked for something she could scout for in living folks. And she came up with two things: IQ and computerized scans of the brain. Calderón-Garcidueñas started by giving an intelligence test to children living in Mexico City. She also tested kids who were the same age but living in a less polluted town. Children in the cleaner town performed better on every aspect of the intelligence test. Next, she scanned the kids' brains using an MRI scanner. (MRI is short for magnetic resonance imaging.) The scanner takes a picture of the brain. Those scans showed areas of damage in the brains of all but one of the Mexico City kids. Children living where the air was cleaner had healthy brains. These findings, says Calderón-Garcidueñas, show that air pollution can start ravaging the brains of even young people. What you can do Improving air quality would go a long way toward improving health, Calderón-Garcidueñas concludes. But getting rid of air pollution won't happen quickly or easily. Luckily, there are things that kids and their families can do to protect themselves even if they can't escape dirty air. Fruits and vegetables can help to counteract the effects of pollutants on the body, scientists say. VIKIF/ISTOCKPHOTO Avoid junk food and cigarettes, suggests Elder, at the University of Rochester. Both can trigger health problems. And sick people generally experience more problems when exposed to nanoparticles, she says. Snacking on fruits and vegetables also helps. These power foods play an important role in fighting damage by free radicals. That's because many of those foods contain antioxidants,

explains Calderón-Garcidueñas. Antioxidants donate an electron to free radicals without becoming unstable. That stops the destructive chain reaction in its tracks. If you have to indulge your sweet tooth, choose chocolate over other candies. And not just any chocolate. Dark chocolate is chockablock with antioxidants that can help keep the brain — and the body — up and running. Just don't overdo it: The sugar in most chocolate just adds unwanted calories.

Power Words

acute An conditions, such as an illness (or its symptoms, including pain), that is typically short in duration but severe.

Alzheimer's disease An incurable brain disease that can cause confusion, mood changes and problems with memory, language, behavior and problem solving. No cause or cure is known.

antioxidant Any of many chemicals that can shut down oxidation — a biologically damaging reaction. They do this by donating an electron to a free radical (a reactive molecular fragment) without becoming unstable. Many plant-based foods are good sources of natural antioxidants, including vitamins C and E.

autopsy Examination of body tissues after a person dies, typically performed to determine the cause of death.

blood-brain barrier A barrier of tightly packed cells that carefully regulate what molecules can — and can't — enter the brain. The barrier protects the brain from foreign substances in the blood and helps to maintain a constant environment for brain cells.

chronic A condition, such as an illness (or its symptoms, including pain), that lasts for a long time.

free radical A charged molecule (typically highly reactive and short-lived) having an unpaired outer electron.

hippocampus A seahorse-shaped region of the brain. It is thought to be the center of emotion, memory

and the involuntary nervous system. immune system The collection of cells and their responses that help the body fight off infection. immunity The ability of an organism to resist a particular infection or poison by producing and releasing special protective cells. infection A disease that can spread from one organism to another. inflammation The body's response to cellular injury; often involves swelling, redness, heat and pain. magnetic resonance imaging (MRI) An imaging technique to visualize soft, internal organs, like the brain, muscles, heart and cancerous tumors. MRI uses strong magnetic fields to record the activity of individual atoms. mitral cells Cells located in the olfactory bulb (a region of the brain) that relay information about smell to various regions of the brain. nanoparticle A small particle measured in the billionths of a meter. neuron (or nerve cell) Any of the impulse-conducting cells that make up the brain, spinal column and nervous system. These specialized cells transmit information to other neurons in the form of electrical signals. olfaction Sense of smell. olfactory bulb A region of the brain that detects incoming information about smell. Parkinson's disease A disease of the brain and nervous system that causes tremors and affects movement, memory and mood. pathology The study of diseases and/or conditions that lead to death. People who work in this field are called pathologists. They look at what causes a disease, how symptoms develop and may examine all stages of an illness. receptor (in biology) A molecule in cells that serves as a docking station for another molecule. That second molecule can turn on some special activity by the cell. respiratory tract Parts of the body involved in breathing (also called the respiratory

system). It includes the lungs, nose, sinuses, throat and other large airways. stroke (in biology and medicine) A condition where blood stops flowing to part of the brain or leaks in the brain. toxicology The branch of science that probes poisons and how they disrupt the health of people and other organisms. trauma (adj. traumatic) Serious injury or damage to an individual's body or mind. urban Of or related to cities, especially densely populated cities or regions where lots of traffic and industrial activity occurs. white blood cells Blood cells that help the body fight off infection. I am convinced that nothing human-made can purify the air as perfect as honeybees purify the air, so I incorporated both the best human-made SolaceAir RS-4 air purifier and honeybees to perfectly purify the air inside my new concept survival house, which also includes the perfect whole house structured water purifier to provide the long-lost pristine great outdoors for growing the long-lost perfect health-promoting organic fruits, vegetables, and fish pescatarian diet produce! However, I also learned that flouride is the greatest health hazard in our water systems, so I bought myself a water distiller to perfectly eliminate any harmful chemicals from the water. I was living in an apartment, so I initially bought a one-gallon stainless-steel distiller. Unfortunately, with my disability of only one hand to use I was not able to clean the distiller properly after each refill of water and the residue in the distiller was so corrosive that it corroded a hole through the stainless steel burning out the distiller, which made me thankful that I was distilling the water to remove the corrosive chemicals from the water that I used. I bought a new eight-gallon per day distiller with a ten-gallon reservoir, so I changed to a sponge bath using distilled

water instead of showering in the corrosive chemicals water. Flouride in the water was the most alarming. Fluoride in Water: Discover Why It May Harm Your Health (foodrevolution.org) I researched natural oral hygiene to learn that pulling organic coconut oil for twenty minutes per day was recommended, so I started pulling organic cold-pressed virgin coconut oil that I had from the detox program and I stopped using flouride based toothpaste. The new dental assistant performing my teeth cleaning in 2016, would not believe that I was over thirty years old by the health of my gums, which confirmed my decision to pull organic cold-pressed virgin coconut oil for my oral hygiene was perfect. My dentist agreed not to use flouride in any of my treatments and he had white non-toxic fillings now, so I had him replace all my black toxic fillings with the new non-toxic white fillings. I was thankful to learn that good oral hygiene is the basis for overall health and well-being. Why Is Oral Health So Important To Your Overall Health | Aging Healthy Today I often had to use my lunch break time to close my eyes in the quiet room on the eighteenth floor because I would feel a headache from wearing glasses working on the computer until I made the decision to stop wearing my glasses now that I cannot drive anymore and I only needed glasses to drive. I have not felt a headache starting since I stopped wearing my glasses. I researched possible diets for improved vision and discovered the people with the best vision in the world are aborigines living in Australia. Glasses might provide the ability to overcome slight visual impairment but it is not a cure and they do not improve vision over time but deteriorate vision over time, hence prescriptions always need to be increased over years of wearing

glasses, and because optometrists needed to make money off selling glasses they would never tell the truth about wearing glasses so with the conversion of growing grains it is possible and reasonable to grow the greatest variety of new products for health benefits! I did not have any idea when I initially learned this that it would be possible to grow and eat them here in Canada but thank Jesus for my solution that I am messaging you now! Quandong fruit, Kakadu plums, Bush tomatoes and Pigweed seeds. To reduce carbon emissions Nicholas Tesla's invention of a green inhome electric generator should be researched in Smiljan, Croatia, where he gave it to people there after the USA's big electric companies refused his invention and burned his office to eliminate any evidence of it. <https://369news.net/2018/04/01/what-causednikola-teslas-1895-lab-fire/>
<https://www.youtube.com/watch?v=hWTgxDMMQgw>
<https://patents.google.com/patent/US390721A/en> I am positive it would be small enough to fit in vehicles to enable the conversion of all vehicles to power electric vehicles to eliminate burning fossil fuels, and all homes could be converted to electric heat to eliminate burning natural gas for heating. It would also eliminate the tragic deaths of people from electric blackouts from natural disasters! I have plans to e-mail this electric generation solution to my new friend manager at Manitoba Hydro to enable Hydro to overcome the upcoming global mega-drought that will make it impossible to use hydroelectric generation. Although I discern that it will have to be built by someone with no electric education, as they are taught that Nicholas Tesla invented nothing functional! 1 John 1 verse 8, "If we say that we have no sin, we deceive

ourselves, and the truth is not in us.” Because of this, humankind cannot become the perfect world! We must determine the ways to be able to free ourselves from Satan’s deception of the meaning, value, and power of love to the visible physical and material surface of life as opposed to the invisible heart, soul and mind inner spirit side of life, which results in these, worries, anxiety, stress and fear. At the highest level, we are in bondage to greed and selfishness, jealousy, envy, covetousness fornication, adultery, stealing lying and murder, abortion. Diets: Because of this, I see an increasing problem of human beings overeating with free food, and the levels of obesity will increase exponentially. I see today’s diets causing more worries, anxiety, and stress over what must not be eaten, which causes more harm to a person than a few extra pounds. The reason for extra pounds is not what you eat, or how much you eat but when you eat. Including an intermittent sixteen hours daily fast and eating a perfect pescatarian diet grown indoors now in an organic aquaponics system and organic composted soil is the perfect way to control or maintain your weight and health, because it activates our dormant second immune system named autophagy! The Insane Benefits of Water-Only Fasting: Dr. Alan Goldhamer | Rich Roll Podcast - YouTube There will be serious repercussions when items of any kind go out of stock. However, if everyone is growing their own perfect organic produce will be the first growing pain to overcome, the incredible increase in demand for food. However, I have learned through changing my diet to an organic raw vegetable smoothies’ diet for my health and wellbeing in combination with my idea for a new concept house that includes a greenhouse

to grow perfectly organic produce. I have concluded that the perfect human diet would be olive leaves, ripe pitted olives, stevia leaves, marijuana leaves, baby spinach, broccoli, and as great a variety of dark-skinned berries as possible, being mulberries, blueberries, blackberries, pomegranates, red grapes, elderberries, raspberries, strawberries, and figs., I learned that modern wheat was never tested for safety and it is a poison to human causing leaky gut syndromes, so it must not be grown or eaten anymore The love for the visible physical human body that results in, fornication, adultery, lying and murder (abortion), is much more difficult to overcome than the love for the material, personal possessions which are manifested through money and worldly, material, personal possessions resulting in jealousy, envy, covetousness, stealing, lying and murder. The perfect life we can achieve is by doing these, 1 John 1 verse 9, "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." Eliminating growing modern wheat would enable us to convert the farmland back to high CO2 consuming forest trees to assist in stopping global warming. Nicholas Tesla's invention of in-home power generation could be realized to enable us to eliminate the burning of fossil fuels for any reason to assist in stopping global warming. The change to every household growing their plant-based foods would eliminate the need to mass farm animals of any kind that would greatly assist in stopping global warming and improve overall human health! However, for great human health, it was discovered that fasting activates a dormant second immune system in our bodies named autophagy that cures every known chronic illness for absolutely zero

cost. We too easily ignore the hazards to our health for convenience. I learned from an Nd. That cell phone EMFs killed cockroaches that can survive nuclear radiation, so extensive testing must be done on cell phone EMF to put the proper restrictions in place for the survival of every living creature on the earth! You must believe that Jesus Christ was sent to the earth to sacrifice himself by dying on a cross, only to be raised three days later for the forgiveness of humankind's sins. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead. Whosoever believeth in Jesus should not perish but have everlasting life! If you have more than this and only use it to buy yourself worldly, Material personal possessions, you are filthy rich. I envision freedom from Satan's deception to love for money and worldly, material, personal possessions by replacing money with the new Amazon One palm scan technology: <https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to a new RFID keyed database of every working human being for a health and well-being promoting business; to be sure no one receives the mark of the number or the name of the beast at the end of times. I diagnose the earth has a terminal illness from the infection of the pollution humankind has contaminated the earth with an ever-increasing abundance throughout history. Because of this, I say, just as a human being diagnosed with a terminal illness, the exact date and time of death are still as unknown as ever, but it is more than likely to be sooner rather than later. The new Amazon One palm scan technology:

<https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> accessed

RFID database system must be activated for use by working. Every debt and bank account will be eliminated. Work: If you work for no money, but only to activate your entry in the new Amazon One palm scan technology: <https://apple.news/AUBj3JkUTTvFAj59NGi6eA> accessed RFID database system, every human being is treated and valued identically. 1 Corinthians 12 verse 7: "But the manifestation of the Spirit is given to each one for the profit of all." My definition of being rich is if you can comfortably provide yourself with shelter, food, and clothing, then you are rich. The new Amazon One palm scan technology: <https://apple.news/AUBj3JkUTTvFAj59NGi6eA> accessed RFID database system will make every human being rich. The largest unrecognized workforce on earth throughout the history of humankind, which is Mothers, to activate their entry in the new Amazon One palm scan technology: <https://apple.news/AUBj3JkUTTvFAj59NGi6eA> accessed RFID database system upon the birth of their first baby if they are in a marriage relationship before becoming pregnant. We will eliminate unemployment and poverty by beginning to provide shelter, food, water, sanitation and clothing to every human being worldwide, requiring they become employed to activate their entry in the new Amazon One palm scan technology: <https://apple.news/AUBj3JkUTTvFAj59NGi6eA> accessed RFID database system. Survival assessment teams will assess the world to develop plans to construct and or provide any such required infrastructures. Local people will always be included in the construction of such required infrastructures. They will also receive full hands-on training in operation and maintenance. Any required

maintenance equipment will be provided on an ongoing basis. Benefits: Working fathers will receive substantial paternity benefits regardless of employer. Sick leave will be available to everyone, regardless of employer. Retirement benefits are provided to every working human being. Retirement is possible with the accumulation of 76,960 hours. I calculated this with a starting working age of 18 years old, working 2080 hours per year and retiring at age 55. This will eliminate any worries anxiety and stress of requiring working for a single company with a retirement benefit plan sufficient to provide enough to retire on and investing sufficient money into RRSPs or the like. Sick day benefits will be tracked together with employment hours, by scanning in and out of the doctor's office for appointments. Every person will receive their associated RFID, to be used to link to the new Amazon One palm scan technology: <https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> to confirm they are actively employed to receive shelter, food, and clothing. Without the money barrier, orphanages can be built and staffed to provide for orphans worldwide properly. the new Amazon One palm scan technology: <https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database would become the standard business security access. the new Amazon One palm scan technology: <https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database would not require a PIN. the new Amazon One palm scan technology: <https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database is used to obtain or do anything with it. the new Amazon One palm scan technology:

<https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database provides in and out of work. Access to secure work areas could be controlled by the new Amazon One palm scan technology:
<https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database. Locked equipment storage areas could be controlled by the new Amazon One palm scan technology:

<https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database. The scan in and out of the building; each workday will be time recorded. This will accumulate every hour worked from your first day of work, regardless of the companies for which you worked. This is the way that equals In Canada, CPP and OAS will not be required. Using the new Amazon One palm scan technology:

<https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database, you can obtain and do everything required for survival and communications worldwide. Survival is free. Policies and procedures would be put in place to deter misuse abuse, and work performed contributes to the survival of humankind. Parents will provide their children with survival requirements until the age of maturity. Education: Students in post-secondary education will receive the new Amazon One palm scan technology:

<https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database activation. Without the financial barrier, the majority of people will complete their post-secondary education to perform their desired and chosen careers. All education institutions will immediately increase in size to accommodate the incredible increase

in attendance. Communication: A standard safe global cellular system will be developed, and if not, possible due to cell phone EMF health hazards it will be reverted to landline phones for communication to simplify global communications. The Internet would be extended to every point on earth, requiring the new Amazon One palm scan technology:

<https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database. All electric cables must be enclosed within, a conduit to reduce harmful EMF. We must refrain from letting material personal possessions keep us in captivity of Satan's deception of love for the human physical body, and material, personal possessions resulting in worries, anxiety, lust stress, and fear. Mark 9 verse 35, And He sat down, called the twelve, and said to them, "If anyone desires to be first, he shall be last of all and servant of all." If we choose to use the new Amazon One palm scan technology:

<https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database. Every human being will be working as a servant of all because we all work for the survival of humankind, not for your gain above anyone else. Luke 10 verse 7 And remain in the same house, eating and drinking such things as they give, for the laborer is worthy of his wages. Do not go from house to house Because all of humankind is, the labourers, we all deserve our wages, which is all we require to survive. This is more relevant now with the USA's planned coronavirus pandemic. We also seek and desire a life free of pollution. The new Amazon One palm scan technology: <https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database also eliminates the need to be

better than anyone else by getting a better-paying job. The worry, anxiety, and stress of not receiving a yearly raise are eliminated. The requirements for life will change, and this will relieve any worries, anxiety, and stress. This will reduce worries, anxiety, stress, and fear in the workplace by people remaining working at jobs they are qualified for and love doing. If you love your job, you will never work a day in your life! If you love what you are doing it is not work, but an enjoyable way to spend the time of your day! With the new Amazon, One palm scan technology:

<https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database, all hospitals, medical and prescription drugs are unrequired. This eliminates the worries, anxiety, and stress of not being able to afford healthcare worldwide. Once we convert to the new Amazon One palm scan technology:
<https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database, which is free of the money world, businesses will increase staff, as work requires. Those human beings unfortunate to not have a job on conversion to the new Amazon One palm scan technology:
<https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database system will easily be provided with employment. Without financial barriers, it will be easy to provide sufficient food to those who are starving in underdeveloped countries until self-sufficiency is developed. Repairing the devastation pollution has done to the earth and making it non-life sustaining will be next. With no need to sell anything, businesses will not be choosing to cut corners on safety, functionality, features. They will adequately staff to eliminate staff over working

hours to ensure the product is profitable. A money-free world will eliminate the occurrence of layoffs because of tough financial times for businesses. Where would the worries, anxiety, and stress of inflation be in a money-free world? The worries, anxiety, and stress of taxes will be eliminated worldwide. The use of sex in advertisements will be eliminated along with every form of pornography to reduce the obsession and fascination humankind has for the visible physical human body. This obsession often results in jealousy, lust, envy, covetousness, fornication, adultery, lying, and murder (abortion). Humankind must eliminate fornication. Humankind must revert to the true meaning of marriage, being the "I do" to sexual intercourse. This will enable humankind to focus on the invisible heart, spirit, and mind of human beings that only require the visible physical body to survive on earth. Regardless of all else, that occurs, with the deep physical attraction between male and female human beings, there is the possibility of procreation to ensure the human species does not go extinct, which is the same instinct that every living creature on earth has. This will greatly increase the formation of true giving from your heart love relationships, which will result in stable, loving families. This free world would be best accomplished by a perfectly planned, big bang implementation. Of course, with such a cataclysmic change, there will be massive growing pains; but these must only be accepted and patiently and lovingly worked through to resolution. Humankind will become one big happy family with no one individual being of any more importance than another. Without the barrier of money, disaster relief and assistance will easily be more rapidly deployed with complete equipment to

perform the work required to save lives. Natural disasters should be the only thing we need to save lives. Any human activities possible to cause disaster would cease immediately. Any manufacturing generating pollution and products used that generate pollution will cease immediately! The next incredible challenge will be to increase the capacity of everything to accommodate items for free. Nevertheless, no increase in size will ever accommodate free attendance, but only an increase in events to attend or accept to watch via television free there will be no cost of anything except for individuals would be required to activate the new Amazon One palm scan technology:
<https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database. Any human being with an idea for a business or product could easily begin one because there is no requirement of being profitable to cover money costs of raw materials, workforce, and benefits, marketing, logistics and point of sale. Products, accessibility, and services can easily and rapidly be upgraded and or enhanced to accommodate people with disabilities. Standard guidelines of requirements of work to receive the new Amazon One palm scan technology:
<https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database activation will be accessible by every human being. One incredible new workforce will be the new Amazon One palm scan technology:
<https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database activation centers, which will provide two-tiered security access to businesses that meet the standard requirements of contributing to the survival of humankind. There would be no need to be

short of manufacturing any products required for survival. The opposition I foresee to such a system would be those individuals who have had the privilege of acquiring more money than they could ever use for just their survival. They refuse to accept the truth that the only thing all the money has brought into their lives is worries, anxiety stress, and fear; that someone else might do something to steal some of their money, or harm them or their children for some of their money or personal possessions, they have acquired with the money. They hire such extensive personal guards and install such extensive alarm systems they might as well live in prison. That does not sound like a life of complete joy and happiness to me, but each, to their own. I do not suggest such a system for my long-term benefit to survive because I have more than enough money sources until I am more than old enough, but only for those in this world who do not have less than enough to survive until tomorrow. I am unable to think of a reason for discrimination of any kind using the new Amazon One palm scan technology: <https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database. However, I have no experience discriminating, so what do I know about how a discriminating person will find ways to discriminate against those they do not like. I stand corrected, I discriminate against the filthy rich in this world who do nothing for those who are barely surviving. I choose not to be on the filthy rich side of life because I am content owning only my computer, which is more than I require to survive. But is what I require in my disabled condition for my daily devotional reading from Jesus Christ, which is seeking first the kingdom of God and all these other things will be

given unto thee! Matthew 6:33 But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well. Love justice system: By this, I mean acceptance, confession, repentance and enough love for forgiveness to make the person who committed the crime does not do the same again. If the person accused confesses the crime to the person accusing them and asks for forgiveness, the person accusing them must forgive the person; or if they insist the person must be put in prison, they are accepting responsibility to visit the person in prison to care for their well-being. Matthew 25 verse 36, "I was naked, and you clothed Me; I was sick, and you visited Me; I was in prison and you came to Me." Matthew 18, verses 21 and 22, 21, "Then Peter came to Him and said, 'Lord, how often shall my brother sin against me, and I forgive him? Up to seven times?'" 22 Jesus said to him, 'I do not say to you, up to seven times, but up to seventy times seven.'" The best judge for this justice system would be a lie detector. The accuser will ask only questions that can be answered yes or no. Matthew 5 verse 37, "But let your 'Yes' be 'Yes,' and your 'No,' 'No.'" For whatever is more than these is from the evil one. If the person accused lies, they are accepting going to jail with no one required to visit them for their care and well-being. The only crime unforgivable by humankind is murder because the person the murderer requires forgiveness from is dead! Humankind cannot have any kind of a truly just justice system because we do not know what happened perfectly. Because of this, the impossibly just love justice system is more acceptable because by using this, we would learn the true purpose of the intense feeling of anger is to be sure you are aware of

the amount of love required to resolve the reason for your anger. Oh, the joy life would be to know your work every day contributes to the survival of all humankind, not just your own. If you have experienced the true joy and happiness from giving from your heart true a love relationship, you will want the life of joy and happiness of this singular joy and happiness multiplied by seven billion eight hundred million human beings worldwide, for everyone is your neighbour! You will not be able to work as much as you want to, to have the continuous joy and happiness you will receive in your heart, soul, and mind from true giving from your heart love for your neighbour; it will just keep you going wanting more joy and happiness. I pray that this life will be the first so-called virus that every human being will want with which to be infected! Lord confident it will because there is nothing more powerful than love. The greater the love, the more powerful it is. For example, God is love, and there is no being more powerful than God! I cannot think of a more peaceful, free and loving perfect world for humankind in which to live. Not only does our subconscious mind want our conscious mind's thinking to be correct, but also, we must think big to achieve big results, only the universe is bigger than the world! I think the world is big enough for us humankind about which to think. Let us fix the earth we have destroyed before we think about destroying another planet in the universe and use all the time and effort seeking another planet, to seek ways to fix the earth. Let us stop worrying about how much money we will need to build or fix something and worry about the amount of work we need to do to build or fix something. It is a sad state of affairs if humankind cannot decide to remove the one real

barrier, money, from our freedom worldwide. Money stops us from providing the timely response required to save lives in natural disasters. Let us remove this death sentence from humankind! The list of pros of eliminating money is endless, but I am unable to think of a single con. Everyone is equal; there is no rich and poor, just rich. Everyone will be joyful and happy content. The only real difference will be bosses, managers, workers, and children. I guess that power generation could convert from building massive, environment-destroying generating stations into numerous smaller in-home generating stations invented by Nicholas Tesla with absolutely no environmental impact. I can only guess, but those in the know of every business worldwide would instantly know the pros for their business without having to worry about a money barrier. I am confident that with modern technology, this system would not be too difficult for the techno-geniuses to develop. They only need a request from humankind to begin. Oh, if humankind would agree, this would be a perfect world; we could soon begin making it our reality! What humankind needs are leaders with the desire to provide the citizens of their countries with such a perfect world. The challenge is to gather them all together for a meeting to discuss the possibilities of such a perfect world. It covers all aspects of the world's dilemmas being discussed often by NGOs; there could be worldwide peace and security, agriculture, aquaculture and forestry, children, youth and family welfare, community development, disability issues, disasters, and humanitarian affairs. We could implement worldwide education and training, energy, environment and climate change, financial accessibility, and management will

become obsolete. Everything from food security and nutrition, gender issues, HIV/AIDS, TB, malaria, health and medical, (resolved by cookie-cutter hospitals worldwide) could be addressed. This worldwide program would cover everything from human rights, information and communications, job creation and enterprise development, labour conditions, migration and population, refugees and internally displaced persons, shelter, housing, land management and construction, tourism, travel, leisure and sports, trade and development, transportation and logistics and water and related ecosystems. With no financial barriers, every one of these global concerns will be easily addressed. The plan already has specific steps for many of these identified areas requiring resolutions. It is a universal amount of labour and effort, but without the financial barrier, it is possible to achieve resolutions to these outstanding global dilemmas we have caused here on earth. We have caused this devastation to the earth, so we must do everything possible to correct them ASAP. We are the generation that is required to begin repairing the earth. Satan, working through the USA has already accomplished his goal of making humankind make the earth non-life sustaining to make every living creature extinct worldwide. To be sure humankind is prepared for this catastrophe, I say let us become the army of God (church of God) now as the body of Jesus Christ to be sure we all have everlasting life! We must not procrastinate on this, the beginning of the perfect life that will enable humankind to choose to work towards the perfect world. Satan has deceived humankind long enough. We only need to choose to take control of the

perfect world God created for us to live on and as lives of complete joy and happiness, lives of complete giving from your heart love. We need to have a love for God and each other as ourselves. Monsanto's product Roundup written earlier has already killed the earth's biodiversity or the earth itself, so the earth is already non-life-sustaining, which is the reason the sixth extinction event is currently well underway worldwide. Monsanto is, therefore, the number one non-health and wellbeing promoting company that must change for its employees to receive the new Amazon One palm scan technology: <https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database activation. They must stop producing any harmful toxic chemicals and start to use the original earth's biodiversity contained in the ice core samples at some university to restore the earth's biodiversity to make the earth life-sustaining again! All Md. must go back to university to be educated as an Nd.! The big pharmaceutical companies must stop controlling the mainstream media to hide the natural cures discovered for every known human disease! The lie that direct sunshine must be stopped, and humankind informed that direct sunshine exposure is the most critical requirement for perfect health and well-being if done using common sense to not sunburn. I am blond-haired, blue-eyed with very pale skin, so I know that I sunburn easily. I have gotten the maximum number of hours of direct sunshine exposure every summer since 2018, using organic cold-pressed virgin coconut oil for sunscreen and I have not sunburned, so I am sure that everyone could get the maximum hours of direct sunshine exposure! without sunburning. it is insane to go out in the sunshine using

high SPF commercial sunscreen because the highly toxic chemicals in it cause cancer and it prevents the body from naturally producing vitamin D3, D3 sulphate, and cholesterol sulphate, which also increases the risk of cancer, by not providing every cell in your body the vitamin D3 required to be healthy to prevent cancer! I have learned perfectly that organic coldpressed virgin coconut oil is the number one super health substance in the world. 1- It is the only nutrient in the world that gets absorbed directly into the bloodstream without being digested, which is critical for brain health after the age of twenty-five! 2- Pulling coconut oil for twenty minutes per day made my gums look half my chronological age. 3- It was the only substance to relieve the extreme itchiness on my head, my crotch and my mother's crotch! 4- It is the perfect natural low SPF sunscreen! 5- I used it on a burn on my left thumb and it healed with barely a visible scar! I, therefore, suggest as the best service to Canadians for overall health and well-being the Federal government establish a contract with a company such as Maison Orphee for their organic cold-pressed virgin coconut oil for every Canadian. Recreation: All children will have equal opportunities to participate in any organized sport they desire. People with the abilities to coach or referee organized sports will receive the new Amazon One palm scan technology: <https://apple.news/AUBj3JkUTTvuFAj59NGi6eA> linked to the new RFID database activation if they are consistent and chosen to continue with the team or sport. Because Canada shares such a long border with the USA it will be Canada's greatest challenge to lock the border to not allow any US citizen to cross the border into Canada after

the USA has implemented their digital ID2020 system and stolen the world's money and Canada and the remaining countries have become the new perfect money-free world order, to leave the USA alone with money to fend for themselves against their coronavirus pandemic, which the remaining countries will have implemented the natural cure for! The remaining countries will also have converted to growing health-promoting foods in organic aquaponics systems, to be able to survive on the dead earth by the USA, so the USA must learn how to live on the dead earth themselves. They have made it impossible for other human beings to have mercy and compassion on their citizens! The highest priority that must be done before the border is locked is to make arrangements to have the SolaceAir RS-4 air purifier manufactured in Canada and the appropriate, structured water purifiers invented by the Canadian Clayton Nolte manufactured in Canada, to ensure no supply problems for the construction of every Canadian's new concept survival house! The greatest positive of eliminating money is the country could be locked down indefinitely until the coronavirus is eliminated, without any negatives to businesses or people! Then the most critical requirement for humankind's survival on the dead earth by the USA can begin. This is no time for politics but only what must be done for not only Canadian's survival but everyone living outside the USA. I originally made the mistake that the Chinese might be the country to implement this new money-free world order until I learned that the Chinese government is trying to force Christians in China to worship the Chinese rulers, so I suspect that the Chinese will not accept my money-free solution to survive on the

dead earth, but each to their own! Catholic churches torn down or denuded of their crosses and statues. Images of the Madonna and Child replaced with pictures of “People’s Leader” Xi Jinping. Signs posted outside evangelical churches forbidding anyone under the age of 18 from entering. The Ten Commandments painted over with quotes from Xi. These are just some of the ways that the Chinese Communist Party is persecuting Christians in China. But it’s not just Christians. In China’s Far West, over a million Muslims languish in concentration camps — Beijing cutely calls them “vocational training centers” — while mosques are being torn down, religious signs removed and ancient cemeteries leveled. Elsewhere in China, Buddhist temples are being turned into shrines celebrating Xi Jinping, China’s President For Life. His picture adorns the walls, his recorded voice booms out of the loudspeakers, and it is his “Thought” — not Buddha’s — that the monks are now required to meditate upon. Not even the Taoists, China’s ancient folk religion, have escaped this new Cultural Revolution. Temples that have stood for over 1,000 years have been closed and ancient statues smashed, all on the orders of “Religious Affairs” officials. Perhaps some of those who are concerned about protecting cultural sites in Iran could spare a thought for the daily demolition derby now going on in China. A demolition derby that is about to get worse, a lot worse. On Feb. 1, 2020, new restrictions on all forms of religious activity came into force. The “Control Measures for Religious Groups,” as the 41 new rules are called, deal with everything from the holding of rites and rituals, to the selection of leaders and annual meetings, to the hiring of staff and the handling of funds. All of these must be

reported — in advance, no less — to the comrades at the “Religious Affairs” office for their approval. I currently use a honeybee propolis diffuser in my room in Tyler’s basement for the purest possible air and I use a portable structured water purifier for the purest possible one gallon of drinking water daily. My new concept survival house will provide every human being outside of the USA a small portion of the long-lost pristine great outdoors! I am thankful for my ability to understand new technologies enough to combine them for the perfect long-lost pristine great outdoors for humankind’s natural survival on the dead earth by the USA, for money, and how to use computer technology to eliminate money to enable the construction of such new concept survival homes for every human being outside the USA! We are experiencing unprecedented times, so I have taken what I have learned to apply it to the moment for our survival. Please get the inhaling steam tested as a low-cost in-home cure for the coronavirus, and I will be glad to undergo testing if my nasal mucus is resistant to the coronavirus, and if it is further people must be tested to know how long it takes to increase antiviral mucins in the nasal mucus from inhaling the saltwater vapour. I admit that with the loss of my sense of awareness that I have been scammed but I refuse to let myself be scammed by the USA creating the coronavirus and now insisting that everyone worldwide must receive their created vaccine to survive. I am optimistic that other genius minds that are suppressed by money will be freed if money is eliminated for even greater natural solutions for humankind’s survival on the dead earth by the USA. I do not want any fame or fortune from my idea but only the money requested previously for

me to get debt-free, so I can move out of my son's basement to live alone in perfect health, peace, and quiet until I get moved to live on the Mount of Olives by the Israeli government, where I must be living to have my master Jesus Christ work the greatest possible new thing through me for universal peace forevermore! I, therefore, request complete anonymity. I am thankful that I have the privilege and honour of my master Jesus Christ working through me now to provide you and Prime Minister Netanyahu with this message of how to overcome the USA's attempt to take authoritative control of every human being worldwide against their will via their planned coronavirus pandemic that they started in Wuhan to try to blame the Chinese, and how the Chinese ancient natural medicine can overcome the coronavirus for low-cost in-home remedy, and my gut feeling natural prevention technique to not require the scam USA COVID-19, vaccine. The perfect part is the elimination of money to enable the construction of my new concept survival house, so all human beings living outside of the USA will be able to survive on the dead earth by the USA, and leave the USA with the world's money and their created coronavirus, which is returning their deeds back on their heads, so God will not require obliterating the USA with his weapon of indignation for destroying the earth 23 When you come into the land and plant all kinds of trees for food, then you shall regard their fruit as forbidden; three years it shall be forbidden to you, it must not be eaten. 24 In the fourth year all their fruit shall be set apart for rejoicing in the LORD. 25 But in the fifth year you may eat of their fruit, that their yield may be increased for you: I am the LORD your God. I suggest the following actions be

taken now in preparation for the elimination of money. 1-Survey farmers to determine which farmers would be willing to convert to growing in a greenhouse aquaponics system of Baby spinach, another to grow broccoli, another to grow strawberries, and so on for however much variety of produce determined should be grown for the new perfect health and well-being promoting organic pescatarian diet. Blood Oranges. Tangerine Grapefruit Key Lime Dwarf 3-IN-1 Citrus Trees This is a very unique citrus tree that produces lemons, oranges, and tangerines all at the same time! It is also known as the Citrus Fruit Cocktail Tree. This tree is perfect for beginners because it is very easy to take care of. It requires nothing but sunlight and frequent watering. When planted in aquaponics, these trees start developing fruit in 12-15 months after they are first planted. Aquaponics makes them very productive, and when planted in them, you never need to worry about one variety being produced more than the other. This is basically the most different dwarf tree you will ever see. Cantaloupe Watermelon Bananas However, they do have a downside that can ruin your entire aquaponic setup. The force of a banana tree's roots is extremely powerful. They can basically keep pushing the strong walls of a growing bed until they break through them. This is not a weird thing; banana roots can be seen penetrating through walls and buildings. The growing bed in my aquaponics design is stainless steel, so that should resolve the problem of growing Bananas. Pomegranate Pineapples Blueberries Leafy lettuces. Peppers. Cucumbers Peas. Cabbages. Cauliflowers. Squash. Watercress. Ginger. Radishes. Kale Turmeric. Carrots Green beans. Oregano Thyme

Sweet basil Chicory. Cilantro Cardamom Olaf apples
Marijuana Stevia: the perfect natural sweetener that does not increase nasal flow or candida yeast in the gut microbiome and nothing cancer can use, as refined sugars do! Soybeans: to be used to make Japanese natto, fermented soybeans for the perfect vegan source of vitamin K2. Potatoes Tomatoes The greenhouses would be constructed using my new concept geothermal heating and cooling system, and from the air, water extraction system, and structured water purifier, to reconstruct the long-lost pristine great outdoors to grow the perfect organic health and well-being promoting foods, for we are what we eat, breathe, drink and think! I would have to suggest that international aquaponics expert, Mr. Marc Laberge be consulted for the best mass production and efficiency design that I am sure would utilize growing trays on a conveyor belt. I have not followed the ideas that have been proposed for reducing global warming but since it was revealed to me how Satan started working through Joshua, when the Israelites were dividing the land of Canaan, to start the desertification of the earth and global warming. I am convinced that whatever it is it is futile. My gut feeling solution for human health and well-being, worldwide peace, are all interrelated, with the start of using computer technology to eliminate money. We now have the technical ability to grow the long-lost perfect organic fruits, vegetables, and fish, inside greenhouses free of the polluted environment! The grain-growing land must be converted back to high CO2 consuming forest trees. All mass animal farms, which are unhealthy due to overuse of antibiotics and growth hormones, and they contribute the most CO2 into the atmosphere must be

eliminated and the land converted back into high CO2 consuming forest trees. As big of a solution this might appear it pales in comparison to my true purpose of having to be living on the Mount of Olives to perform the last and greatest possible good service for my master Jesus Christ of having no fear of Satan when he is cast to the earth in front of me on the Mount of Olives in the visible physical form of a great red fiery dragon to start the end of this his day and age This was from my daily devotional reading from Jesus Christ on April 22, 2021. ²⁷ But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong 1 Corinthians chapter 1 verse 27. This was from my daily devotional reading from Jesus Christ on April 23, 2021. ²⁵ But in the fifth year you may eat of their fruit, that their yield may be increased for you: I am the LORD your God Leviticus chapter 19 verse 25. But in the fifth year you may eat of their fruit caught my attention, making methinks, I had made the mistake of thinking that the time of my peace mission would be in late 2023, or early 2024 but now that it has been revealed to me that the new trees planted in the newly constructed survival new concept house design will not be productive for five years, it will not be until it happens, however, many years into the future, which now that I am messaging you the solution of how we humankind can survive on the dead earth by the USA, I have no concerns when the time of my peace mission will be. You are the public figure and ruler of the people, so you will receive praise from the people for implementing my solution provided to me by my master Jesus Christ! The first gut feeling I had was at four years old for how I could save enough money to buy the bike my

parents refused to buy for me because it was too expensive costing over one hundred dollars. I bought the bike when I was five years old. My next gut feeling was at five years old when my first hockey coach, Steve Helgason, told me that if I wanted to play goal, I had to move out of the net to reduce the amount of the net the opposing team's players could see. I immediately understood the concept but the gut feeling made me decide that I could not move out of the net unless I could skate backwards to either post from anywhere in front of the net without looking behind me and I started practicing skating backwards to both posts looking behind me, I self-taught myself to play a reflex reaction style of goaltending that I discerned in 2010, after becoming fully spiritually alive and from Kendal Kirkwood's compliment on my goaltending that it was the Holy Spirit controlling my reflex reactions, so I played goal as near humanly perfect as possible. Bill Gates has finally gone too far. He had the financial ability to buy all twenty-one million Bitcoins when it was initially launched for eight cents per coin. He is intelligent enough to know that with its finite quantity of coins the value could only increase as demand increased. He could also understand how the US government was so bad at handling the countries finances that it would not be long before the USA was bankrupt. He would also have been aware of how the US government controls the world through money with their SWIFT system and the politically correct verbiage of economic sanctions to not let any countries buy or sell unless they met the USA's demands, which forced Russia to be the first country to convert to a cryptocurrency to avoid the USA controlled world monetary fund! He masterminded the plan to create the

coronavirus to force every human being to accept his invented patented through Microsoft digital ID2020 system using nano-chip technology to link every human being to his new digital currency Bitcoin to have perfect total authoritative control of every human being worldwide against their will. He can proclaim that it is him being a philanthropist by giving every human being a guaranteed income. In truth, he is Satan's puppet to not let any human being worldwide buy or sell unless they are marked with his digital ID2020 system. The USA knows that information is power, so they control the mainstream news media to ensure no one knows that the USA has already made the earth non-life-sustaining. I, therefore, suggest that all other countries join against the USA to leave the USA secluded and alone with all the world's money and their created coronavirus to let the USA citizens accept the truth that the USA's big pharmaceutical companies' illness business that they deceitfully describe as health care has no way to overcome their coronavirus! The ancient natural-based whole being Chinese medicine can overcome their coronavirus! PROOF that the pandemic was planned with a purpose... <https://stopworldcontrol.com/> However, given the fact that there is no coronavirus to worry about. Once Canada has eliminated money for perfect equalization of every working Canadian for a health and well-being promoting company, which will enable the perfect new normal worldwide with Canada being the leading example to all the countries of how we can live free in perfect health and well-being on this dead earth by the USA. I thank and bless the doctors that have stepped forward to expose the truth about the coronavirus planned pandemic

but they miss the greatest threat to every living creatures survival on earth by the USA killing the earth's biodiversity, so true freedom for health and well-being is to eliminate money to enable the construction of my perfect survival new concept house design to provide every Canadian with a small amount of the long-lost pristine great outdoors for perfect health and wellbeing, which is freedom from the lies of the food industry of what is healthy to eat! And freedom from worrying about cancer with the elimination of overeating refined sugars in manufactured foods and other toxic chemical additives in manufactured foods, and the restoration of every Canadian's primary immune system naturally to be able to keep up with eliminating cancer from the body! Educating everyone that we will become and do what we think, so if you think that you are getting sick, you will become sick, to make your conscious thinking correct. Discover the TRUTH about COVID-19 / Scientists are warning humanity! (stopworldcontrol.com) David Sorensen has done a great job at exposing the truth about the USA's planned coronavirus but his discernment of the worldwide problems that Satan has worked through the USA since the 1860s is what I have been blessed with from my master Jesus Christ Dr. Jonas Salk's natural Polio vaccine was the blessed prevention of the Polio disease, but the USA's big pharmaceutical companies have turned vaccines into a plague on humankind. With Bill Gates being the mastermind behind the coronavirus pandemic to enable the USA to take authoritative control of every human being worldwide against their will, so that is the opportunity that you now have, to stop, by eliminating money, as it is the root cause of every problem worldwide,

and the freedom from, that every human being wants but no one has any idea how it could be possible. I have been blessed with the understanding of how to use computer technology to eliminate money to resolve every problem worldwide. I hope you can understand why I am thankful for Bill Gates trying to push his COVID-19 vaccine onto every human being worldwide, to motivate me to write you this message, as eliminating money goes so much further than just overcoming this current coronavirus planned pandemic by the USA but how humankind can take the actions required to now survive on the dead earth by the USA! I originally wrote my idea of how to use computer technology to eliminate money in my initial manuscript *The Human Mind Positively Can The power of the subconscious!* in 2006. I used a select few chapters from this manuscript in a revised new order to self-publish the book: *The Perfect Life A Life of Complete Joy and Happiness as A True Disciple of Jesus Christ!* in July 2015. I have corrected the writing of Chapter Thirty Three *The Perfect Life:* in the original manuscript *Have mercy and compassion on the poor and needy by giving them what they require to survive now and forevermore, through perfect love; (complete love, faith, and trust in Jesus Christ), not the money for which they might incorrectly beg.* However, I accept that I am not wise enough to write anything for what anyone else might need to do to live the perfect life of complete joy and happiness, so I will only promote others to use the WebApp that I was wise enough to hire a programmer to code for me here, http://www.ondemandwisdom.com/Daily_Devotional_Readings.php which enabled me to learn perfectly from our one and the only true perfect teacher, Jesus Christ,

through his word the Bible! I know that I need to keep myself busy, so once money is eliminated, I will focus my time and energy on reforming the Christian denomination churches to put Jesus Christ at the head of his church, by getting a pianist to play and record every possible hymn to be able to hold on-demand weekly church worship services with Jesus Christ providing the message to the congregation through: NRSV Weekly Worship Service (ondemandwisdom.com). Jesus Christ selected my reading this morning Friday, April 30, 2021, to start at, Isaiah 54:1 Ho, everyone who thirsts, come to the waters; and you that have no money, come, buy and eat! Come, buy wine and milk without money and without price Isaiah 55:1. Come, buy wine and milk without money and without price caught my attention, making me thankful that I have learned perfectly how to use computer technology to eliminate money to fulfill this prophecy of Isaiah, to perfectly equalize every working human being for a health and well-being promoting business! And for worldwide peace! I was on a telemarketing call hosted by Robert Allen in 2006, about his real estate investing. I won the contest to describe your dream home. I had designed a home that I described. I have since modified my design to include the incredible health benefits that I have learned for it to be the perfect survival house design. I use the genius invention of the structured water purifier that replicates the natural way that water is purified in nature, so I feel perfectly confident that my new concept survival house includes the long-lost pristine great outdoors, except the wild animals. I accept the fact that if honey can remain edible over thousands of years, as it was found in one of the pyramids in Egypt, EDIBLE HONEY IN THE

PYRAMIDS | The Brain Maze. There is nothing manmade to equal natural, so I incorporated honeybees in a new area of the house, to perfectly purify the air in combination with the perfect manmade whole house SolaceAir RS-4 purifier. The greatest modification was from what I learned working in the new Manitoba Hydro Place head office was how to use humidifier/dehumidifier waterfalls for the perfect healthy humidity in a building. Humidifying Homes with Indoor Fountains and Waterfalls (watergallery.net) And how to heat/cool a building draft-free! Once the money is eliminated the engineering firm that designed the Manitoba Hydro Place should be commissioned to redesign the building into a new concept survival apartment building with the atriums converted into aquaponics systems and incorporating however many SolaceAir RS-4 whole house air purifiers required to purify the air into the building In summary a list of the steps to take:

- 1- Have, my nasal mucus tested for resistance to the coronavirus? I have been inhaling holy grey salt water vapour from the dead sea in Israel for a year now, so new individuals must be commissioned to start inhaling regular saltwater vapour daily to determine how long it takes to increase the antiviral mucins in the nasal mucus enough to resist the coronavirus.
- 2- Commission Ilaria Rubino, a recent Ph.D. graduate from the department of chemical and materials engineering at the University of Alberta to investigate the COVID-19 vaccines if they contain nanochips.
- 3- Ban the sale of Roundup!
- 4- Promote the zero-cost health benefits of including a sixteen-hour intermittent daily fast and to fast two to

four days in a month provides incredible zero-cost health benefits as it initiates stem cells to regrow any damaged or non-functioning organs starting in the digestive tract.

- 5- Get a company to manufacture the SolaceAir RS-4 whole house air purifier in Canada.
- 6- Get a company to manufacture the whole house structured water purifier in Canada.
- 7- Get the CRA to develop the new RFID keyed database of every working Canadian.
- 8- Assign committee to determine which businesses do not promote health and well-being to notify the employees to find other employment with a health and well-being promoting business! Work with the Provinces to reform healthcare to not discriminate against Nd. In Mb. I had to pay for blood tests if ordered by my Nd. But paid for if ordered by my Md. The Lab was the same location doing the tests.
- 9- Get a company to manufacture the new Amazon One palm scan technology:
<https://apple.news/AUBj3JkUTTvuFAj59NGi6eA>.
- 10- Commission tests of cell phone EMFs.
- 11- Commission tests of modern wheat.
- 12- Start construction of new concept aquaponics greenhouse farming, on farmland, desired to change to growing true health promoting produce and convert the land to high CO2 consuming forest trees.
- 13- Permanently close the US border, except for children and grandchildren that might be living in the USA. Parents in Canada would need a way to register their children or grandchildren living in the USA to enable the border guards to know that they are allowed

to cross the border and once Canada is money-free they would be allowed to move back to Canada to live near their parents or grandparents!

- 14- Start construction of new concept survival houses for all Canadians. My reading this morning Tuesday, May 11, 2021, started at, Ecclesiastes 10. ¹⁰ If the iron is blunt, and one does not whet the edge, then more strength must be exerted; but wisdom helps one to succeed Ecclesiastes chapter 10 verse 10. But wisdom helps one to succeed caught my attention, making me thankful that I now discern that the wisdom referred to is Jesus Christ, providing me with my gut feeling problem-solving skills since I was four years old! ¹⁹ Feasts are made for laughter; wine gladdens life, and money meets every need Ecclesiastes chapter 10 verse 19. And money meets every need caught my attention, making me thankful that I now am blessed with more wisdom than king Solomon, about money, because money is the root of all evil and the first thing that Satan had humans create to steal the perfect joy and happiness from us that we are born with and how computer technology can be used to eliminate money to perfectly equalizing every working human being for a health and well-being promoting business, and I can remain anonymous by the Prime Ministers implementing my idea from Jesus Christ to eliminate money! Finally, after however many thousands of years, money has caused humankind problems! Jesus Christ selected my reading this morning Wednesday, May 12, 2021, to start at, Mark chapter 10. ⁶ But from the beginning of creation, 'God made them male and female Mark 10:6. From the beginning of creation, 'God

made them male and female caught my attention, making methinks, it could not be written clearer that same-sex marriage should not be blessed by the church! ⁸ and the two shall become one flesh.’ So they are no longer two, but one flesh Mark chapter 10 verse 8. And the two shall become one flesh caught my attention, making methinks, it is obvious that if a couple waits until after they are married by a human Pastor or judge before performing sexual intercourse or the true I do of marriage in the sight of God the judge, which will be initiated by the female when she ovulates, so by experiencing perfect sexual intercourse the female's ejaculate will ensure the sperm are brought to the egg, for a guaranteed conception, which is the meaning of the two shall become one flesh and because they will become mutually sexually addicted to each other it is a marriage guaranteed until death we will not part! ¹⁹ You know the commandments: ‘You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness; You shall not defraud; Honor your father and mother Mark chapter 10 verse 19. You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness; You shall not defraud; Honor your father and mother caught my attention, making me thankful that I was created to live a sinful rebellious lifestyle committing all of these sins, to perfectly learn that there is no positive in committing any of these sins through my true-life experiences but perfect joy and happiness by having mercy and compassion on the poor and needy by giving them what they require to survive now and forevermore through perfect love; (complete love, faith,

and trust in Jesus Christ), not the money for which they might incorrectly beg! And this was also to fulfill the writing about me in Hosea chapter 9 verse 7 that the spiritual man is insane because of the greatness of your iniquity and great enmity. 22 When he heard this, he was shocked and went away grieving, for he had many possessions. Mark 10:22. When he heard this, he was shocked and went away grieving, for he had many possessions caught my attention, making me thankful that I eagerly accepted, not just selling the 169 luxury possessions that I did not require to cook and serve the Christmas dinner feast to five homeless people in December 2007, but I donated them to suit my disabled condition, and I lost my life of love for mammon becoming content with only the possessions that I require to survive, which also made me aware without my sense of awareness that the more I want or have above what I require to survive only increases my worry, anxiety, stress, and fear! ²⁷ Jesus looked at them and said, "For mortals it is impossible, but not for God; for God all things are possible Mark chapter 10 verse 27. For mortals it is impossible, but not for God; for God all things are possible caught my attention, making me thankful that I was created to be Jesus Christ's slave mortal peacemaker to have only the god-like ability to love with no discretion or partiality, and now that I have been made fully spiritually alive to understand what Satan has made humans do throughout human history to steal the perfect joy and happiness from us that we are born with, making us ill and to make the earth non-life-sustaining and how it could all be resolved by eliminating money using computer technology that Bill

Gates wants to use to take control of every human being worldwide through stealing every bit of money on earth and implementing his digital ID2020 system. 29 Jesus said, "Truly I tell you, there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news Mark 10:29. Truly I tell you, there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news caught my attention, making me thankful that I want to forsake all to move to live on the Mount of Olives to let my master Jesus Christ work the greatest possible new thing through me for universal peace forevermore, to justify my master Jesus Christ making me the first or a king in the new kingdom of God, as it was revealed to me in Revelation 3: 21 To the one who conquers I will give a place with me on my throne, just as I myself conquered and sat down with my Father on his throne! Which will also fulfill the three messages that I received at four years old!

1- "You will be a peacemaker."

2- "You will be a king."

3- "You will do something great for all of humankind." I had discerned that I would not do anything great for all of humankind in this world or lifetime but only what my master Jesus Christ is going to work through me for universal peace forevermore but now that I have been made aware of the magnitude of what Bill Gates is planning through his planned coronavirus pandemic. I feel obligated to write this message to do something great for all of humankind in my lifetime now before I move to live on the Mount

of Olives to let my master Jesus Christ work the greatest possible new thing through me for universal peace forevermore, which is divine in magnitude! Which will also fulfill Jesus's words in Matthew chapter 20 verse 16 "So the last will be first, and the first will be last." I have learned perfectly through my true-life experiences that there is no controlling in love, which is why Satan still exists until now because God will not use his power and might to control any beings that he created into loving, praising, and worshipping him, so I was created to have no fear of doing new things, which is also why my life had to be saved so many times, and now in my disabled condition that our insane medical system will not make me a eunuch. I have no fear of death now but look forward to the point in time of my possible death, which is why I am zealous to move to live on the Mount of Olives, where I know that Satan will be cast to the earth in the visible physical form of a great red fiery dragon to start the end of this his day and age. I think it would be insane for us weak physical, and spiritual beings to try to fight Satan, the father of violence, violently but he has no defence against being loved, so I cannot wait to see the terror in his eyes when I a weak mortal sinful human man has no fear of him to offer him a prayer for his healing with the laying on my hands in Jesus's name, which I am convinced will melt his rock hard heart, so he will be abased into the first being created and the last being to repent or perfectly conquered. Jesus Christ could not do this because Satan knew the truth that Jesus was God

come to the earth as a physical human man, so of course, Jesus would have no fear of Satan! I choose to love now instead of acting violently, which proves that there is no fear in love and that choosing to love is more powerful than all evil and wickedness or Satan himself! Mark chapter 5 verse 7 And he cried out with a loud voice and said, "What have I to do with You, Jesus, Son of the Most High God? ⁴⁰ but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared Mark chapter 10 verse 40. To sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared caught my attention, making me thankful that the meaning of the three messages that I received at four years old was revealed to me that included that I was in God's plan from the beginning to be his peacemaker God to share Jesus' throne in the new kingdom of God! ²³ Truly I tell you, if you say to this mountain, 'Be taken up and thrown into the sea,' and if you do not doubt in your heart, but believe that what you say will come to pass, it will be done for you Mark chapter 11 verse 23. If you say to this mountain, 'Be taken up and thrown into the sea,' and if you do not doubt in your heart, but believe that what you say will come to pass, it will be done for you caught my attention, making me thankful that I discern now that Jesus told us this, so I would have no doubts to ask that a non-inhabited mountain be cast into the sea to stop a tsunami from hurting anyone living near the coast using the U.S. Tsunami Warning Centers daily to know if a mountain needs to be moved to be

proactive and not reactive! ²⁵ “Whenever you stand praying, forgive, if you have anything against anyone; so that your Father in heaven may also forgive you your trespasses Mark chapter 11 verse 25. Whenever you stand praying, forgive, if you have anything against anyone; so that your Father in heaven may also forgive you your trespasses caught my attention, making me thankful that I have shown no deference or partiality to forgive even Satan for sinning against me by deceiving me into losing my virginity at sixteen, so I could not experience perfect sexual intercourse for my marriage guaranteed until death we will not part, for perfect confidence that our Father in heaven will forgive me my sins! ¹⁴ And they came and said to him, “Teacher, we know that you are sincere, and show deference to no one; for you do not regard people with partiality, but teach the way of God in accordance with truth. Is it lawful to pay taxes to the emperor, or not Mark chapter 12 verse 14? Teacher, we know that you are sincere, and show deference to no one; for you do not regard people with partiality caught my attention, making me thankful that I have shown no deference or partiality to forgive even Satan for sinning against me by deceiving me into losing my virginity at sixteen, so I could not experience perfect sexual intercourse for my marriage guaranteed until death we will not part, for perfect confidence that our Father in heaven will forgive me my sins! ²⁵ For when they rise from the dead, they neither marry nor are given in marriage, but are like angels in heaven Mark 12:25. When they rise from the dead, they

neither marry nor are given in marriage, but are like angels in heaven caught my attention, making me thankful that it was revealed to me that we will be resurrected to our original angel-like beings with equal power and might as Satan has! ³¹ The second is this, 'You shall love your neighbor as yourself.' There is no other commandment greater than these Mark chapter 12 verse 31. You shall love your neighbor as yourself caught my attention, making me thankful that I finally love myself to make it possible for me to love my neighbour as myself! ³⁸ As he taught, he said, "Beware of the scribes, who like to walk around in long robes, and to be greeted with respect in the marketplaces Mark chapter 12 verse 38. Beware of the scribes, who like to walk around in long robes caught my attention, making me thankful, for the warning that I must not walk around in long robes for my comfort now and health and well-being!

Jurisdiction: Debt:

Fed \$721,360,000,000.00 52,000.00

Total debt \$993,778,600,000.00 1911112692.31%

BC. \$8,100,000,000.00

Ab. \$99,600,000,000.00

Sk. \$2,600,000,000.00

Mb. \$1,597,000,000.00

On. \$33,100,000,000.00

Qc. \$12,300,000,000.00

NFL. \$1,840,000,000.00

NS. \$584,900,000.00

NB. \$12,700,000.00

PEI. \$112,000,000.00

NWT -\$69,000,000.00

Nunavut \$21,000,000.00

Household \$112,620,000,000.00

Total \$272,418,600,000.00 I do not know if the governments receive enough income to pay off these debts with money eliminated to not have to worry about another future budget, but I am thankful that I learned about the Rothschild banking empire that controls the main bank in almost every country worldwide, for the past two hundred years, if I remember correctly, as my unloving, controlling son has turned my internet connection off, so I cannot search again to confirm my memory, so if all countries outside of the USA default on their debt to the Rothschild banks and the Rothschilds lose all of their financial power to control world politics and they would have to work like everyone else to survive on the dead earth by the USA for money. Thank Jesus I got my internet back on briefly and I found this information about the Rothschild banking dynasty that started in the 1760s, so my memory was correct! Behind the scenes the Rothschild dynasty is unquestionably the most powerful bloodline on Earth and their estimated (not confirmed, unofficial source) wealth is around \$500 trillion. Here is a complete list of all Rothschild owned and controlled banks. The U.S. entries might surprise you. Afghanistan: Bank of Afghanistan Albania: Bank of Albania Algeria: Bank of Algeria Argentina: Central Bank of Argentina Armenia: Central Bank of Armenia Aruba: Central Bank of Aruba Australia: Reserve Bank of Australia Austria: Austrian National Bank Azerbaijan: Central Bank of Azerbaijan Republic Bahamas: Central Bank

of The Bahamas Bahrain: Central Bank of Bahrain
Bangladesh: Bangladesh Bank Barbados: Central
Bank of Barbados Belarus: National Bank of the
Republic of Belarus Belgium: National Bank of
Belgium Belize: Central Bank of Belize Benin:
Central Bank of West African States (BCEAO)
Bermuda: Bermuda Monetary Authority Bhutan:
Royal Monetary Authority of Bhutan Bolivia: Central
Bank of Bolivia Bosnia: Central Bank of Bosnia and
Herzegovina Botswana: Bank of Botswana Brazil:
Central Bank of Brazil Bulgaria: Bulgarian National
Bank Burkina Faso: Central Bank of West African
States (BCEAO) Burundi: Bank of the Republic of
Burundi Cambodia: National Bank of Cambodia
Came Roon: Bank of Central African States Canada:
Bank of Canada – Banque du Canada Cayman
Islands: Cayman Islands Monetary Authority Central
African Republic: Bank of Central African States
Chad: Bank of Central African States Chile: Central
Bank of Chile China: The People’s Bank of China
Colombia: Bank of the Republic Comoros: Central
Bank of Comoros Congo: Bank of Central African
States Costa Rica: Central Bank of Costa Rica Côte
d’Ivoire: Central Bank of West African States
(BCEAO) Croatia: Croatian National Bank Cuba:
Central Bank of Cuba Cyprus: Central Bank of
Cyprus Czech Republic: Czech National Bank
Denmark: National Bank of Denmark Dominican
Republic: Central Bank of the Dominican Republic
East Caribbean area: Eastern Caribbean Central
Bank Ecuador: Central Bank of Ecuador Egypt:
Central Bank of Egypt El Salvador: Central Reserve

Bank of El Salvador Equatorial Guinea: Bank of Central African States Estonia: Bank of Estonia Ethiopia: National Bank of Ethiopia European Union: European Central Bank Fiji: Reserve Bank of Fiji Finland: Bank of Finland France: Bank of France Gabon: Bank of Central African States The Gambia: Central Bank of The Gambia Georgia: National Bank of Georgia Germany: Deutsche Bundesbank Ghana: Bank of Ghana Greece: Bank of Greece Guatemala: Bank of Guatemala Guinea Bissau: Central Bank of West African States (BCEAO) Guyana: Bank of Guyana Haiti: Central Bank of Haiti Honduras: Central Bank of Honduras Hong Kong: Hong Kong Monetary Authority Hungary: Magyar Nemzeti Bank Iceland: Central Bank of Iceland India: Reserve Bank of India Indonesia: Bank Indonesia Iran: The Central Bank of the Islamic Republic of Iran Iraq: Central Bank of Iraq Ireland: Central Bank and Financial Services Authority of Ireland Israel: Bank of Israel Italy: Bank of Italy Jamaica: Bank of Jamaica Japan: Bank of Japan Jordan: Central Bank of Jordan Kazakhstan: National Bank of Kazakhstan Kenya: Central Bank of Kenya Korea: Bank of Korea Kuwait: Central Bank of Kuwait Kyrgyzstan: National Bank of the Kyrgyz Republic Latvia: Bank of Latvia Lebanon: Central Bank of Lebanon Lesotho: Central Bank of Lesotho Libya: Central Bank of Libya (Their most recent conquest) Uruguay: Central Bank of Uruguay Lithuania: Bank of Lithuania Luxembourg: Central Bank of Luxembourg Macao: Monetary Authority of Macao Macedonia: National Bank of the Republic of Macedonia Madagascar: Central Bank of

Madagascar Malawi: Reserve Bank of Malawi
Malaysia: Central Bank of Malaysia Mali: Central
Bank of West African States (BCEAO) Malta: Central
Bank of Malta Mauritius: Bank of Mauritius Mexico:
Bank of Mexico Moldova: National Bank of Moldova
Mongolia: Bank of Mongolia Montenegro: Central
Bank of Montenegro Morocco: Bank of Morocco
Mozambique: Bank of Mozambique Namibia: Bank
of Namibia Nepal: Central Bank of Nepal
Netherlands: Netherlands Bank Netherlands Antilles:
Bank of the Netherlands Antilles New Zealand:
Reserve Bank of New Zealand Nicaragua: Central
Bank of Nicaragua Niger: Central Bank of West
African States (BCEAO) Nigeria: Central Bank of
Nigeria Norway: Central Bank of Norway Oman:
Central Bank of Oman Pakistan: State Bank of
Pakistan Papua New Guinea: Bank of Papua New
Guinea Paraguay: Central Bank of Paraguay Peru:
Central Reserve Bank of Peru Philip Pines: Bangko
Sentral ng Pilipinas Poland: National Bank of Poland
Portugal: Bank of Portugal Qatar: Qatar Central
Bank Romania: National Bank of Romania Rwanda:
National Bank of Rwanda San Marino: Central Bank
of the Republic of San Marino Samoa: Central Bank
of Samoa Saudi Arabia: Saudi Arabian Monetary
Agency Senegal: Central Bank of West African
States (BCEAO) Serbia: National Bank of Serbia
Seychelles: Central Bank of Seychelles Sierra
Leone: Bank of Sierra Leone Singapore: Monetary
Authority of Singapore Slovakia: National Bank of
Slovakia Slovenia: Bank of Slovenia Solomon
Islands: Central Bank of Solomon Islands South

Africa: South African Reserve Bank Spain: Bank of Spain Sri Lanka: Central Bank of Sri Lanka Sudan: Bank of Sudan Surinam: Central Bank of Suriname Swaziland: The Central Bank of Swaziland Sweden: Sveriges Riksbank Switzerland: Swiss National Bank Tajikistan: National Bank of Tajikistan Tanzania: Bank of Tanzania Thailand: Bank of Thailand Togo: Central Bank of West African States (BCEAO) Tonga: National Reserve Bank of Tonga Trinidad and Tobago: Central Bank of Trinidad and Tobago Tunisia: Central Bank of Tunisia Turkey: Central Bank of the Republic of Turkey Uganda: Bank of Uganda Ukraine: National Bank of Ukraine United Arab Emirates: Central Bank of United Arab Emirates United Kingdom: Bank of England United States: Federal Reserve, Federal Reserve Bank of New York Vanuatu: Reserve Bank of Vanuatu Venezuela: Central Bank of Venezuela Vietnam: The State Bank of Vietnam Yemen: Central Bank of Yemen Zambia: Bank of Zambia Zimbabwe: Reserve Bank of Zimbabwe

Humans are free reports: The Fed and the IRS Virtually unknown to the general public is the fact that the US Federal Reserve is a privately owned company, sitting on its very own patch of land, immune to the US laws. This privately owned company (controlled by the Rothschilds, Rockefellers and Morgans) prints the money FOR the US Government, which pays them interest for the "favor." This means that if we would reset the nation's debt today and would begin reprinting money, we would be in debt to the FED from the very first dollar loaned to our Government.

Also, most people living in the USA have no clue that the Internal Revenue Service (IRS) is a foreign agency. To be more accurate, the IRS is a foreign private corporation of the International Monetary Fund (IMF) and is the private “army” of the Federal Reserve (Fed). Its main goal is to make sure the American people pay their tax and be good little slaves. In 1835, US President Andrew Jackson declared his disdain for the international bankers: “You are a den of vipers. I intend to rout you out, and by the Eternal God I will rout you out. If the people only understood the rank injustice of our money and banking system, there would be a revolution before morning.” There followed an (unsuccessful) assassination attempt on President Jackson’s life. Jackson had told his vice president, Martin Van Buren: “The bank, Mr. Van Buren, is trying to kill me.” This was the beginning of a pattern of intrigue that would plague the White House itself over the coming decades. Both Lincoln and JFK have been murdered for trying to rid the country of banksters.

The world’s Megabanks There are two Megabanks that offer loans to all the countries around the planet, the World Bank and the IMF. The first one is jointly owned by the world’s top banking families, with the Rothschilds at the very top, while the second one is privately owned by the Rothschilds alone. These two Megabanks offer loans to “developing countries” and use their almost impossible-to-pay-back interests to get their hands on the real wealth: land and precious metals. But that’s not all! An important part of their plan is to also exploit a country’s natural resources

(like petrol or gas) via their covertly-owned companies, refine them, and sell them back to the same country, making a huge profit. But in order for these companies to operate optimally, they need a solid infrastructure, which is usually lacking in the so called “developing countries.” So before the banksters even offer the almost impossible-topay-back loans, they make sure that most of the money will be invested in — you’ve guessed it — infrastructure. These “negotiations” are carried out by the so called “Economic Hitmen”, who succeed by handsomely rewarding (i.e. bribing) or threatening with death those who are in the position to sell away their country. They could go after the USA, which will be the only country in the world with any money even if it is all in cryptocurrency, Bitcoin owned by Bill Gates. If he is responsible for the planned coronavirus pandemic to steal the world’s money to take authoritative control of every human being worldwide against their will. He can be held responsible for every country's outstanding debt from trying to overcome his planned coronavirus pandemic! We can then live up to the word in our national anthem; true strong north and free. We will be free from money and the fraudster Louis Pasteur’s germ theory medical systems, so the perfect joy and happiness that we are born with can be restored to every Canadian and human being outside of the USA and freedom from the USA controlled mainstream media and information! Jesus Christ selected my reading this morning Wednesday, December 30, 2020, to start at, Daniel 4. 2 The signs

and wonders that the Most High God has worked for me I am pleased to recount Daniel 4:2. The signs and wonders that the Most High God has worked for me I am pleased to recount caught my attention, making me thankful that I start my introduction. I thought it good that I declare to you the signs and wonders that the Lord Jesus Christ has worked for me that the works of God and that I do the work of God should be revealed through me! 17 The sentence is rendered by decree of the watchers, the decision is given by order of the holy ones, in order that all who live may know that the Most High is sovereign over the kingdom of mortals; he gives it to whom he will and sets over it the lowliest of human beings Daniel 4:17. He gives it to whom he will, caught my attention, making me thankful, for the confirmation of my thoughts that Donald Trump won the election in 2016 by the will of God, which he refused to accept or acknowledge, but thought it was his money and thus he did not win the election in 2020! And sets over it the lowliest of human beings caught my attention, making me thankful, that I will not be made a king in this lifetime, but only perform the greatest possible good service for my master Jesus Christ of loving Satan to death or perfectly conquered into the first being created and the last being to repent to justify Jesus making me a king in the new kingdom of God by sharing his throne with me! 25 You shall be driven away from human society, and your dwelling shall be with the wild animals. You shall be made to eat grass like oxen, you shall be bathed with the dew of heaven, and

seven times shall pass over you, until you have learned that the Most High has sovereignty over the kingdom of mortals, and gives it to whom he will Daniel 4:25. And gives it to whom he will, caught my attention, making me thankful, that I will not be made a king in this lifetime, but only perform the greatest possible good service for my master Jesus Christ of loving Satan to death or perfectly conquered into the first being created and the last being to repent to justify Jesus making me a king in the new kingdom of God by sharing his throne with me! 37 Now I, Nebuchadnezzar, praise and extol and honor the King of heaven, for all his works are truth, and his ways are justice; and he is able to bring low those who walk in pride Daniel 4:37. For all his works are truth, and his ways are justice caught my attention, making me thankful, that I have learned the truth about so much of the Bible through my true-life experiences and I accept the truth that what happened to me was my just love punishment for my sinful rebellious lifestyle! Jesus Christ selected my reading this morning Monday, May 3, 2021, to start at, Psalm 83. 5 Happy are those whose strength is in you, in whose heart are the highways to Zion Psalm 84:5. Happy are those whose strength is in you caught my attention, making me thankful for the perfect joy and happiness I know how to live by having mercy and compassion on the poor and needy by giving them what they require to survive now and forevermore through perfect love; (complete love, faith, and trust in Jesus Christ), not the money for which they might incorrectly beg! And

how now is the time to use computer technology to eliminate money, so everyone can enjoy perfect joy and happiness until the end of time! And I think I will have the strength in the Lord to not fear having his and humankind's one and the only true enemy, Satan, cast to the earth in front of me on the Mount of Olives in the visible physical form of a great red fiery dragon to start the end of this his day and age! 12 O LORD of hosts, happy is everyone who trusts in you Psalm 84:12. Happy is everyone who trusts in you caught my attention, making me thankful for the perfect love; (complete love, faith, and trust in Jesus Christ), which I have been blessed with to experience perfect joy and happiness I know how to live by having mercy and compassion on the poor and needy by giving them what they require to survive now and forevermore through perfect love; (complete love, faith, and trust in Jesus Christ), not the money for which they might incorrectly beg! And how now is the time to use computer technology to eliminate money, so everyone can enjoy perfect joy and happiness until the end of time! And I think I will have the strength in the Lord to not fear having his and humankind's one and the only true enemy, Satan, cast to the earth in front of me on the Mount of Olives in the visible physical form of a great red fiery dragon to start the end of this his day and age! 10 Steadfast love and faithfulness will meet; righteousness and peace will kiss each other Psalm 85:10. Righteousness and peace will kiss each other caught my attention, making me thankful for the perfect discernment I have been blessed with that I a

weak sinful, mortal human man is required by God to have no fear of Satan cast in front of me on the Mount of Olives in the visible physical form of a great red fiery dragon to start the end of this his day and age! To abase Satan into the last being to repent or perfectly conquered, to justify my master Jesus Christ, Righteousness, to share His throne with me or making me a king in the new kingdom of God, or the first, so I have vowed to be a Nazirite to the Lord until I drink wine with Jesus in the new kingdom of God and we will then kiss! I am confident in writing this message to you Prime Minister Trudeau and Prime Minister Netanyahu but I do not feel confident in writing to other countries leaders, so I must ask you, Prime ministers, to communicate with the other countries leaders that you have great communication with, Mexico must be the first to guarantee that the USA can be perfectly quarantined with all of the world's money and their, planned created coronavirus, as Mexico must close it's, border to the USA also just as Canada must. No person will be allowed to leave the USA to any other country, which makes it easy for border control guards! The elimination of money will release border cities from requiring travel from USA citizens for their businesses to thrive. The elimination of money is perfect to release humankind from Satan's control of humankind through the USA! I discern that the only way that I can remain perfectly anonymous is by you expressing that Jesus Christ has revealed this solution to you, thus openly expressing your faith in Jesus Christ unless you also do not give credit

where credit is due for you being the Prime Minister of Canada! I have written this message for the benefit of seven billion five hundred million human beings to be able to live to the age of one hundred and twenty that we were created to live to, as written in Genesis 6: 3 Then the LORD said, "My spirit shall not abide in mortals forever, for they are flesh; their days shall be one hundred twenty years.", not the reduced lifespan by the USA's big pharmaceutical companies rush to death lifestyle, but my immediate benefit also of moving out of my unloving controlling son's basement, as I cannot work for paid employment ever again in my life! I was thinking incorrectly that I would not have any great-grandchildren if the end of time were going to be in late 2023, or early 2024, but now that my master Jesus Christ has revealed to me that I will live to one hundred and twenty years my grandchildren will have time to get married and have children and the new life expectancy will become one hundred and twenty years! The greatest reason for health problems is the toxic chemicals required to add to the ancient distribution pipes for public water systems, which my perfect survival new concept house resolves by the new from the air, water extraction system, which will also overcome the oncoming mega global drought, to enable seven billion five hundred million humans to survive on the earth! In perfect health and well-being to one hundred and twenty! I can now start to update this message to Prime minister Netanyahu! Love Keith Listoe!!!

